



News at Saugeen Valley!

- We welcome AJ Beasley to the Recreation Team. AJ comes with a degree in Therapeutic Recreation and will be working Fridays here in the home until April.
- Yvonne Hundt has accepted another position in another facility. We wish her all the success in her next adventure. Our PT/ OT provider "Bayshore" will be recruiting our new PTA here in the home. Stay tuned for updates within our Physiotherapy department.

THERAPEUTIC RECREATION MONTH!

Therapeutic Recreation uses treatment, education and recreation services to help people with illnesses, disabilities and other conditions to develop and use their leisure in ways to enhance their health, functional abilities, independence and quality of life.

In February we will celebrate our recreation department. Be sure to look at our bulletin board in the lobby area and participate in our cognitive stimulation exercises for a chance to win a prize on Monday February 23rd at 3:00pm. All staff, family and residents are welcome to come down and enjoy some cake!

Can you imagine your life without recreation in it? We all need and deserve to find meaningful leisure pursuits. They make us feel good and improve our quality of life! Any questions can be directed to Sheryl McTavish at ex 25.

The Village Chronicle



SHARON VILLAGE
CARE HOMES

Saugeen Valley Nursing Center

February 2015



February Special Events and Entertainment



- Sunday Feb 1st- Monthly Church Service with Wendy Smith- 2:15pm
- Monday Feb 2nd- Glenlee School Choir- 2:15pm
- Tuesday Feb 3rd- Caribbean Party with Lyndsay Morgan- 2:15pm
- Friday Feb 6th- Young at Heart- 2:15pm
- Tuesday Feb 10th- Sweetheart Valentines Dinner- 12:00pm
- Tuesday Feb 10th- Music with Peter Rugriok- 2:15pm
- Friday Feb 13th- 3rd Floor Men's Breakfast- 8:00am (Maple Room)
- Tuesday Feb 17th- Entertainment with Bill Johnson- 2:15pm
- Tuesday Feb 21st- Entertainment with James Skarnikat- 2:15pm
- Monday Feb 23th- Celebration Therapeutic Recreation Cake and social- 2:15
- Tuesday Feb 24th- Pandora Puppet Show with Jay Wilson- 2:15pm
- Friday Feb 27th- Birthday Party with Michael Semenuk- 2:15pm

Please refer to the calendar for a complete list of recreation opportunities for our residents.

HAPPY BIRTHDAY TO YOU!

Rita Leafloor- February 2
Iain Forbes- February 13
Eddie Markle- February 14
Mary Elder- February 15
Doris Marchant- February 18
Bernald King- February 24
Betty Switzer- February 27
William Molson- February 28
Evelyn Turner- February 29



Family Council

We want you to make a difference in our home and have some fun too! Family members and friends are encouraged to get involved.

Contact Sheryl McTavish at ex 25. Next meeting is scheduled for Wednesday Feb 25th at 3:00pm in the Library!

Hope to see you there!

ALZHEIMER'S CAREGIVER SUPPORT MEETINGS

The Alzheimer's Society of Guelph Wellington holds monthly caregiver support meetings at SVNC. Anyone wishing to attend these supportive meetings is invited to call 519-836-7672 for more information. The next meeting will be held on Tuesday, February 24th from 1:00PM-3:30PM in the SVNC library.



"If you are feeling unwell "

- Please stay home if you are feeling unwell, "rest and recover" before you come into the home to visit your loved ones.
- Also, if you are travelling a far distance, please contact the home first to ensure that we are not in outbreak. During an outbreak, we try to limit as much unnecessary contact as much as possible. If you have any questions please contact Cate at ex 22 or Alyssa at ex 29.

New Recreation Programs

- **Java Music Club-** a program designed to assist residents who are suffering from depression, loneliness and social isolation. Residents are assessed for this very exciting music/ discussion based program.
- Sheryl has also purchased I PAD's and I POD's for our residents to enjoy.

With sympathy for the loss of:

Iva Ritchie, Alfred Seifert,
Florance Reeser,
and Evelyn (Gloria) Caron

You will be missed dearly!



Are you wanting to provide a helping hand? We are recruiting volunteers to help with outings, recreation/spiritual programs and friendly visits. Contact Sheryl McTavish at ex 25 for more information.