

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# January 2016 RETIREMENT




**1**  
9:30 Swinging into the New Year- Mini Golf  
2:00 New Beginnings  
Egg Nog Social

**2**  
9:30 Indoor Walking  
10:15 Zumba- Chapel  
2:00 Music with Dorothy

**HAPPY 2016 NEW YEAR!**

New Year's Day

**3**  
1:00 Getting to know you  
2:00 New Year's Resolution  
3:00 Café Social   
4:00 Tuck Cart  
6:30 Movie Night

**4**  
9:15 Indoor Walks  
10:00 Prayers with Lily  
10:00 Friendly Visits  
10:15 Exercises FR  
11:00 Exercises CH  
1:30 Trivia Tea and Talk  
2:30 Washer Toss

**5**  
9:15 Baking  
Bird Inspired Cookies  
10:30 Name that Bird Call  
1:30 Knitting Circle  
3:00 Food with Chris  
Juice Bar


**6**  
9:15 Christmas Take Down  
10:00 Arm Chair Yoga  
10:15 Exercises FR  
11:00 Exercises CH  
11:00 Book Club Alyssa  
1:30 Word Association  
3:00 Tuck Cart

**7**  
9:15 Jokes on the Go  
10:00 Men's Chats  
10:00 Crafts  
10:15 Exercises FR  
11:00 Exercises CH  
2:00 Huff and Puff


**8**  
9:15 Indoor Walking Club  
10:00 In the News  
10:15 Exercises FR  
11:00 Exercises CH  
1:15 Rolls and Strolls  
2:00 Bingo  
3:00 Café Social

**9**  
9:15 It's Puzzling  
10:00 Elvis Movie  
2:00 Music with Wally  
Thank You Jack

**10**  
2:00 Hymn Sing with Eva  
3:15 Discuss and Recall Golden Memories  
4:00 Tuck Cart  
7:00 United Church




**11**  
9:15 Getting to know you  
10:00 Prayers with Lily  
10:00 News and Views  
10:15 Exercises FR  
11:00 Exercises CH  
11:00 Short Stories  
2:00 Music Monday  
Wyatt Ladd

**12**  
9:15 Bowling outing to Fleetway  
9:30 Manicures with Patti  
2:00 Village Choir  
3:00 Food with Chris  
Popcorn Bar   
7:00 Salvation Army Band

**13**  
10:00 Bible Study  
10:15 Exercises FR  
11:00 Exercises CH  
11:00 Book Club Alyssa  
1:30 Table Top Bowling  
3:00 Tuck Cart  
6:30 Men's Wing Night

**14**  
10:00 Crafts  
10:15 Exercises FR  
11:00 Exercises CH  
1:15 Knock Knock Jokes  
2:00 Men's Club

**15**  
9:15 Picture This  
10:00 Arm Chair Travel Tasmania   
10:15 Exercises FR  
11:00 Exercises CH  
2:00 Bingo  
3:00 Café Social

**16**  
1:00 Movie Afternoon  
1:15 Outing to Broadway Music

**17**  
10:00 Cupcakes and Coffee  
7:00 Anglican Church

**18**  
10:00 Prayers with Lily  
10:15 Exercises FR  
11:00 Exercises CH  
1:30 Mini Putt Monday  
3:00 Euchre  
4:15 Friendly Visits  
7:00 Music Monday  
Fellowship Singers  
Martin Luther King Day

**19**  
9:15 Cranium Crunches  
10:00 Arbour Glen visits  
11:30 Lunch Outing  
1:30 Checkers  
3:00 Food with Chris  
Chocolate Fondue

**20**  
9:15 Dice Roulette  
10:00 Arm Chair Stretches  
10:15 Exercises FR  
11:00 Exercises CH  
11:00 Book Club Alyssa  
1:30 Handy Dandy Party  
3:00 Tuck Cart

**21**  
10:00 Crafts  
10:15 Exercises FR  
10:30 Liturgy of the Word  
11:00 Exercises CH  
2:00 Men's Club  
2:00 Ladies Club  
7:00 Pub Night with Randy

**22**  
9:15 Rec on Wheels  
10:00 Futuristic Friday  
10:15 Exercises FR  
11:00 Exercises CH  
1:15 Coffee Chats  
2:00 Bingo  
3:00 Café Social

**23**  
9:30 Karaoke  
3:00 Smores Social

**24**  
2:00 Hymn Sing with Eva  
3:30 Belly Laugh Sunday Social  
4:00 Tuck Cart  
7:00 Church Service

**25**  
9:45 Robbie Burns Tea  
10:15 Exercises FR  
10:30 Food Forum and Town Hall  
11:00 Exercises CH  
2:00 Music Monday  
Gary Mc Gill

**26**  
9:15 Baking  
9:30 Manicures with Patti  
11:00 Tea and Trivia Tuesday Library  
2:00 Music with Willie and Rodi  
3:00 Food with Chris  
A Tour of Jamaica  
Australia Day

**27**  
9:15 Just for Laughs  
10:00 Bible Study  
10:15 Exercises FR  
11:00 Exercises CH  
11:00 Book Club Alyssa  
2:00 Birthday Party with Wally Maggs  
3:00 Tuck Cart

**28**  
10:00 Crafts  
10:30 Stories of Inspiration  
10:15 Exercises FR  
11:00 Exercises CH  
11:30 Shopping to Cherryhill Mall

**29**  
9:15 Walk and Talk  
10:00 Seed Match for you Gardeners  
10:15 Exercises FR  
11:00 Exercises CH  
2:00 Bingo  
3:00 Café Social

**30**  
9:30 Zumba   
11:00 Word Association  
Winter

**31**  
1:00 Getting to know you  
2:00 Famous January Birthdays  
4:00 Tuck Cart  
7:00 Mennonite Church

