

*Kensington Village Mission Statement:  
Providing "Resident First" Care*



**GREETINGS FROM THE KITCHEN !**

**Retirement**

Is it really September? We will be starting our Fall Menu September 6<sup>th</sup>. This menu will see all of those classic comfort foods return. Dietary Activities will be a Back to Football tailgate style party, a celebration of the Apple, Culinary Jeopardy and a Wine & Cheese party!



**Culinary Quote of the Month**

**" Are you ready for some Football."**  
- Hank Williams Jr.



**Chris Zouzal**  
Retirement Dietary Supervisor  
Services

**Anna Prendergast**  
Director of Dietary

# The Village Chronicle



Kensington Village Retirement/Nursing Home

SEPTEMBER 2017



## SEPTEMBER

**From Administration**

Thank you to all who came out to the pig roast in August. It was a lot of fun and great to see so many family members here to enjoy the event with their loved ones!

There was some feedback that sometimes big events that the families can attend could be better advertised. If you would like to send me your email address and include your name and the family member here at Kensington, we can send out emails of our up coming events. Please email at [tklisht@svch.ca](mailto:tklisht@svch.ca)

Remember to always read the newsletter and look for poster around the building as well as we also communicate that way.

**The Giddy Up Visiting Farm is coming to Kensington!!**

Come join us for some fall fun will be here on Saturday September 23<sup>rd</sup> starting at 2:00pm. Games! Treats! Cotton Candy! Petting Farm! Bring the grandkids to this family friendly event! Activities with take place on the grounds outside the LTC entrance.



Please feel free to contact Tracie Klisht at 519.857.8088 or by email [tklisht@svch.ca](mailto:tklisht@svch.ca) with any questions or concerns you may have about Retirement living here with us at Kensington Village.

Tracie Klisht      RET Administrator  
Leslie DuCharme      LTC Administrator



## Recreation Events In SEPTEMBER

### LTC Events



Sept. 4 <sup>th</sup>	Music Monday w/Bob Finlay	@ 3:00pm
Sept. 6 <sup>th</sup>	 Shopping at Piccards	@ 9:30am
Sept. 8 <sup>th</sup>	Breakfast for Lunch Club	@ 11:30am
Sept. 10 <sup>th</sup>	Grandparents Day w/Mudkatz	@ 3:00pm
Sept. 13 <sup>th</sup>	Country Drive	@ 9:30am
Sept. 18 <sup>th</sup>	Music Monday w/Bill Savage	@ 3:00pm
Sept. 20 <sup>th</sup>	Outing to Apple picking	@ 9:30am
Sept. 22 <sup>nd</sup>	Diner's Club	@ 11:30am
Sept. 23 <sup>rd</sup>	Giddy Up Farm & Fall Fun	@ 2:00pm
Sept. 25 <sup>th</sup>	Resident Council	@ 10:00am
Sept. 25 <sup>th</sup>	Alzheimer Society Talk	@ 1:00pm
Sept. 25 <sup>th</sup>	Music w/ Ken Lighthouse	@ 3:00pm
Sept. 27 <sup>th</sup>	Fall Colours Drive	@ 9:30am
Sept. 28 <sup>th</sup>	 Oktoberfest/Maple Sugar Band	@ 7:00pm



### Retirement Events



Sept. 2 <sup>nd</sup>	Music with Dorothy	@ 2:00pm
Sept. 4 <sup>th</sup>	Back to School Music	@ 2:00pm
Sept. 7 <sup>th</sup>	Music with Randy Grey	@ 7:00pm
Sept. 8 <sup>th</sup>	 Outing to White Oaks Mall	@ 9:30am
Sept. 10 <sup>th</sup>	Grandparents Day/John M.	@ 2:00pm
Sept. 11 <sup>th</sup>	Celebration of Life	@ 2:00pm
Sept. 21 <sup>st</sup>	Pub Night with Wyatt	@ 7:00pm
Sept. 23 <sup>rd</sup>	Outing to the Airshow	@ 11:45am
Sept. 25 <sup>th</sup>	Music Monday w/Lesia	@ 2:00pm
Sept. 25 <sup>th</sup>	Music w/Dorothy & Friends	@ 6:30pm
Sept. 27 <sup>th</sup>	Birthday Party w/Bob Finlay	@ 2:00pm
Sept. 30 <sup>th</sup>	Lizard Lounge w/Marcel & Scott	@ 2:00pm



## Long Term Care Department



The Fanshawe College Dental Hygiene Program has partnered with Kensington Village to provide third year students an opportunity to work with the frail elder population in a long-term care setting. Frail elders residing in LTC are often at increased risk for poor oral health due in part to the many challenges in obtaining oral healthcare.

Student activities at Kensington will include:

- \* Oral assessment using visual inspection only
- Oral hygiene instruction, assistance and education with residents and staff, including tooth brushing and denture care as needed
- Creation of an oral care plan for daily oral hygiene needs
- Identification of oral health needs that require attention by a dentist or registered dental hygienist

Please note that student activities will aid in the detection of obvious dental conditions and are meant to identify residents who are in need of immediate dental care, No x-rays are taken, and this assessment does not replace an examination by a dentist.

If you *do not wish* to participate in the program, please contact Leslie DuCharme, Administrator at [lducharme@svch.ca](mailto:lducharme@svch.ca)



The family council has invited the Alzheimer Society of London to Kensington Village on **Monday September 25<sup>th</sup> at 1:00 pm** to give a presentation on Alzheimer disease. The target audience for this talk will be family, friends, volunteers and interested residents. It will take place in the 2<sup>nd</sup> floor solarium of the Long Term Care home. **Please RSVP** to Michelle Dawson, Director of Recreation at 519-455-3910 Ext. 252 by Sept. 20<sup>th</sup> if you are able to join us



## BIRTHDAYS

- Robert. B. – Helena C. – Mary F.  
 Walter F. – Bonnie H. – Emily K.  
 Floyd S. – Leonid S. – Richard S.  
 James W.  
 Catherine A. – Harold B. – Mary D.  
 Lillian T. – Betty L. – Grace L.  
 James M. – Maria S. – Tony T.

