



# The Village Chronicle



SHARON VILLAGE  
CARE HOMES

Saugeen Valley Nursing Center

February 2015

### New Staff to Saugeen!

We welcome the following staff to Saugeen:  
Betty Ninan (RN), Joanne Runstedler (RN), Donna Bucker  
(Dietary), Briania La Form- Gusba (Recreation)

Louise Elder will be filling in for  
Wendy's vacation in February!

We wish all of our new staff all the success at Saugeen!

### THERAPEUTIC RECREATION MONTH!

Therapeutic Recreation uses treatment, education and recreation services to help people with illnesses, disabilities and other conditions to develop and use their leisure in ways to enhance their health, functional abilities, independence and quality of life.

In February we will celebrate our recreation department. Be sure to look at our bulletin board in the lobby area and participate in our cognitive stimulation exercises for a chance to win a prize on Monday February 24<sup>rd</sup> at 3:00pm. All staff, family and residents are welcome to come down and enjoy some cake!

Can you imagine your life without recreation in it? We all need and deserve to find meaningful leisure pursuits. They make us feel good and improve our quality of life! Any questions can be directed to Sheryl McTavish at ex 25.



### February Special Events and Entertainment



Tuesday Feb 2- Pandora's Puppet Show- 2:15pm

Friday Feb 5- Young at Heart- 2:15pm

Saturday Feb 6- Tea Party-2:15pm

Tuesday Feb 9- Pie and Peter- 2:15pm

Friday Feb 12- Sweetheart Dinner- Invitation only!

Tuesday Feb 16- Maple Room Café- Invitation only!

Tuesday Feb 16- Music with Al Crawford- 2:15pm

Sunday Feb 21- Church Service with Louise- 2:15pm

Monday Feb 22- Celebrating Recreation in our lives social- 2:15pm

Friday Feb 26- Ladies Breakfast- Invitation only!

Friday Feb 26- Birthday Party with Michael Semenuk- 2:15pm

Monday Feb 29- Timmies Social- 2:15pm

Please refer to the calendar for a complete list of recreation opportunities for our residents.

### HAPPY BIRTHDAY TO YOU!

Iain Forbes- February 13  
Eddie Markle- February 14  
Mary Elder- February 15  
Doris Marchant- February 18  
Betty Switzer- February 27  
Evelyn Turner- February 29  
Melvie Brake- February 29

**Monthly Birthday Party  
will take place on Feb 26<sup>th</sup>!  
Everyone is welcome!**



### Family Council

**We want you to make a difference in our home and have some fun too! Family members and friends are encouraged to get involved.**

**Contact Sheryl McTavish at ex 25. Next meeting is scheduled for Wednesday Feb 24<sup>th</sup> at 3:00pm in the Library!**

**Hope to see you there!**

### ALZHEIMER'S CAREGIVER SUPPORT MEETINGS

The Alzheimer's Society of Guelph Wellington holds monthly caregiver support meetings at SVNC. Anyone wishing to attend these supportive meetings is invited to call 519-836-7672 for more information. The next meeting will be held on Tuesday, February 2<sup>nd</sup> from 1:00PM-3:30PM in the SVNC library.



### **"If you are feeling unwell "**

- Please stay home if you are feeling unwell, "rest and recover" before you come into the home to visit your loved ones.
- Also, if you are travelling a far distance, please contact the home first to ensure that we are not in outbreak. During an outbreak, we try to limit as much unnecessary contact as much as possible. If you have any questions please contact Cate at ex 22 or Cindy at ex 29.

May you feel the love surrounded around you this Valentines Day and throughout the year!

From the staff and management!



### With sympathy for the loss of:

**Lucille McGowan, Roy Bevan,  
Lois Taylor, William Mustard,  
Marinus Konings, David Palmer**

**You will be missed dearly!**



**Are you wanting to provide a helping hand? We are recruiting volunteers to help with outings, recreation/spiritual programs and friendly visits. Contact Sheryl McTavish at ex 25 for more information.**