

Its official we are breaking ground for our new home!
We hope everyone enjoys watching the development/ construction!
Stay tuned for more updates!

The Village Chronicle



SHARON VILLAGE
CARE HOMES

Saugen Valley Nursing Center

June 2017



We are excited to announce that Cindy Greulich is heading into:



Please take a moment to send fare well wishes to Cindy on her last day of work on June 23rd at our Garden Party at 2:15pm. Light refreshments and snacks will be provided!



June Special Events and Entertainment

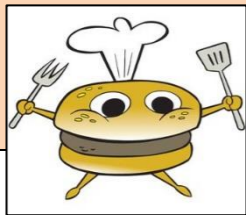


- Friday June 2- Ladies Breakfast- 8:00am- In the Maple Room
- Friday June 2- Garden Party-2:00pm
- Saturday June 3- Music with Dolores- 10:30- 3rd Floor
- Monday June 5- Men's Glamour Shots
- Tuesday June 6- Lyndsay Morgan- 2:15pm
- Friday June 9- Music with Helen Stewart- 2:15pm
- Saturday June 10- Anniversary Party- 2:15pm
- Sunday June 11- Pet Visits with Oreo
- Tuesday June 13- Holstein Picnic- 10:00am- 3:00pm
- Friday June 16- Birthday Party with Peter- 2:15pm
- Sunday June 18- Father's Day Social- 2:15pm
- Tuesday June 20- Auction- 2:15pm
- Wednesday June 21- Residents Council Meeting- 10:30am
- Saturday June 24- Travelogue- 2:15pm
- Sunday June 25- Church Service with Charles- 2:15pm
- Tuesday June 27- Strawberry Social- 2:15pm
- Friday June 30- Canada Day Celebration- 1:30pm- 3:30pm

Please refer to the calendar for a complete list of recreation opportunities for our residents.

With the start of summer we will be starting our weekly BBQ's in June. Residents will have an opportunity to enjoy 2 BBQ's throughout the summer season.

Yummy!



Happy
Fathers
Day! ★

What Makes a Dad

God took the strength of a mountain,
The majesty of a tree,
The warmth of a summer sun,
The calm of a quiet sea,
The generous soul of nature,
The comforting arm of night,
The wisdom of the ages,
The power of the eagle's flight,
The joy of a morning in spring,
The faith of a mustard seed,
The patience of eternity,
The depth of a family need,
Then God combined these qualities,
When there was nothing more to add,
He knew His masterpiece was complete,
And so, He called it ... Dad

Author Unknown

Family Council and Recreation unite together!

Family council is planning an Auction with the Recreation team on Tuesday June 20 at 2:15pm and are looking for donations of new items for this event. Some ideas of things to donate are: books, scarves, plants, body wash/cream, box of chocolates, picture frames are just a few examples for items our residents could enjoy in their room.

Any questions or donations can be dropped off to Sheryl McTavish at ex 25



Gladys Ernest- June 1	Eilleen Murray- June 3
Linda Mundy- June 9	Marion O Shae- June 17
Carl Richardson- June 28	Gabrielle Bailey- June 29
Ray Charters- June 30	

Rate Reduction Notification

Rate Reduction Applications for the period July 1 2017 – June 30 2018, will be mailed out the first week in June to all residents that are in basic accommodation and currently receiving a rate reduction.

Please watch your mail for the application and details relating to submission deadlines.

If your loved one is in basic accommodation and you have not applied for a rate reduction, please contact Lynn Williamson, Office Manager for more information.

Fact and Fiction about Pain in the Elderly

Myth: Pain is expected with aging.

Fact: Pain is not normal with aging. The presence of pain in the elderly requires assessment, diagnosis and management similar to younger individuals.

Myth: Potential side effects of narcotic medication make them too dangerous to use in the elderly

Fact: Narcotics may be used safely in the elderly. Although, the elderly may be more sensitive to narcotics, this does not justify withholding narcotics and failing to relieve pain.

Myth: The nurse will know when I am in pain.

Fact: The nurse is very good at assessing a resident who is displaying signs of pain but in order for the nurse to complete a thorough assessment, you should speak to the nurse and let them know that you have pain. The nurse will need to ask a number of questions, including your pain score on a scale of 0 (no pain) to 10 (extreme pain).

Myth: If I don't want to take anymore pills, I must suffer from pain in silence.

Fact: There are many ways to relieve pain that don't involve swallowing medications. A warm blanket, physiotherapy exercises, massage, or an pain reliever that can be applied directly to the skin are all good alternatives to taking more pills.

If you are interested in attending the Holstein Picnic on June 13th with your loved one please call Sheryl McTavish at ex 25.



Families are encouraged to attend our 150 Canada Day celebration on June 30th with special guest Elvis playing from 2:15pm to 3:15pm. There will be lots of activities for the whole family!



With Sympathy for the loss of:

Clarence Despres
You will be missed dearly!



New Staff to Saugeen!

Cindy Spofford- RN
Stephanie Wheeler- PSW
Emily Bullock- Nursing Student
Tina Lumsden- PSW

On admission, as part of the Unfunded Services Agreement, all residents/POAs are encouraged to set up a trust fund with the Home. Funds placed in trust for residents can be used for outings, the tuck shop cart, hair care and special foot care. We encourage residents not to carry cash, so a trust fund ensures that we do not have to call you for each resident when there is an outing, and have the cash available for the trip. If you wish to set up a trust account for your loved one, please contact Lynn Williamson, Office Manager, at ext. 21.

Many of our residents love to visit with their furry friends in the warmer months. Just a reminder if you are wanting to bring in your own pet to visit:

- Shots need to be up to date.
- Animals need to be clean and clear of infection.
- Dogs need to be on a lease at all times.
- Cats need to be in carrier when entering the home and leaving.
- Please only visit your own loved one.

If you are interested in becoming a pet therapist please contact Sheryl for more details at ex 25.

