



The Village Chronicle



SHARON VILLAGE
CARE HOMES

Saugeen Valley Nursing Center

March 2018

We all need to have a little laughter in our lives. Enjoy some Irish jokes!

Q: What do you call a fake stone in Ireland?

A: A sham rock.

Q: Why do people wear shamrocks on St. Patrick's Day?

A: Regular rocks are too heavy.

Q: Why can't you borrow money from a leprechaun?

A: Because they're always a little short.

Q: How did the Irish Jig get started?

A: Too much to drink and not enough restrooms!

Q: Why do leprechauns have pots o'gold?

A: They like to "go" first class!

Q: How can you tell if an Irishman is having a good time?

A: He's Dublin over with laughter!

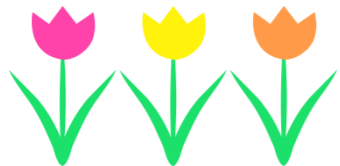
Laughter relaxes the whole body, boosts the immune system, triggers the release of endorphins and protects the heart!



New Staff at Saugeen!

Rachel Hummel- Housekeeper

We wish you all the success working here at Saugeen Valley and meeting the need of our residents.



Happy Easter

March Special Events and Entertainment

Friday March 2- Timmies Social- 2:15pm

Tuesday March 6- Hawaiian Party with Lyndsay Morgan- 2:15pm

Friday March 9- Music with Cathy Kempert- 2:15pm

Tuesday March 13- Music with Peter- 2:15pm

Sunday March 18- Monthly Church Service with Charles-2:15pm

Monday March 19- Residents Council Meeting- 2:15pm

Tuesday March 20- Easter Center pieces making with Wellington Heights SS.

Tuesday March 20- Music with Tonia- Joy- 2:15pm on the 3rd floor- 2:15pm

Friday March 23- Ladies Breakfast- 8:00am

Tuesday March 27-Birthday Party with Mary Anne- 2:15pm

Wednesday March 28- St. Mary's Easter Parade- 9:30am

Wednesday March 28- Silverthreads- 2:00pm

Friday March 30- Good Friday Service- 10:00am

Residents Council Easter basket fundraiser!

1 ticket for \$5.00

Raffle will take place on March 29th

All money raised will go into the Residents Council fund!

Tickets can be purchased at the front desk!

Any questions can be directed to Sheryl at ex 25.





HAPPY BIRTHDAY TO YOU!

Dorothy Jackson- March 4th
Gail Payne- March 8th
Isobel Schultz- March 12th
Leona Timbers- March 15th
Walter Ellsworth- March 17th
Trudy Mader- March 31st

Join us for our Monthly birthday party on Tuesday March 27th at 2:15pm with Mary Anne Holst!



Volunteers are needed!

Now that Spring is upon us and it is the season for growth and change why not become a volunteer?

If you are looking for a new beginning and want to join our volunteer team Sheryl would love to hear from you!
Contact Sheryl at ex 25!



With Sympathy for the loss of:

Catherine Nicholson
Doris Breau
Mary Baker

You will be missed dearly!



New Educational program

The Change Program:

Community engagement to help improve health and well being
Helpful Expert presenters sharing information
Answers To your toughest questions
News on the latest updates in the community of health
Guidance in health planning
Education for health and well being

Occurring the last Monday of each month starting March 26, 2018 An educational learning program developed for our residents and their family in mind!

March 26 @ 2:15pm Robin Smart from the Alzheimers Society Canada to discuss Dementia, Alzheimers, brain health, communication and connection.

For more info contact Jennifer Naylor, ADOC ext 23 or jnaylor@svch.ca

