



Let's We Forget

Remembrance Day  
November 11

## New staff to Saugeen

We want to welcome Nicole Lougheed. We hope that you enjoy your position at Saugeen.

We are thrilled to announce that Dr. Rowley will be taking over as Medical Director at the home, effective October 16<sup>th</sup>. Dr. Rowley obtained his degree in Medical Sciences at Cambridge University, UK. He attended medical school at University of Ottawa, and completed his residency in Family Medicine at UWO. Dr. Rowley has been practicing in Mount Forest and has been attending physician here at Saugeen for many years. Currently he is also chief of staff at Louise Marshall and oversees the Rural Preceptor program. We are very fortunate in that Dr. Rowley shares our passion for quality of life in LTC, and moving away from the medical model of care in our home.

With the holiday season approaching us we welcome families to share a meal with residents. We want this experience to be enjoyable for everyone so we are requiring 24 hours notice for all meals. Due to our limited space within the home not all requests may be honoured. We will try our best to accommodate everyone. When booking, please indicate how many guests you will be expecting and if you require meal tickets or bringing in your own food and which location best suits your needs. Those wishing to make reservations should call Diane at ex 24 Monday to Friday 8-4 and during evenings and weekends ex 44. Thanks for your understanding in this matter.

Skype News: If you would like to skype your loved one here, please send Sheryl an email at [smctavish@svch.ca](mailto:smctavish@svch.ca) and we would be happy to accept you as a contact.



## November Special Events and Entertainment



Friday Nov 3- Men's Breakfast- 8:00am in the Maple Room

Monday Nov 6- Music with Helen Stewart- 2:15pm

Tuesday Nov 7- Music with Lyndsay Morgan-2:15pm

Saturday Nov 11- Remembrance Day Service- 2:15pm

Tuesday Nov 14- Music with Peter Ruigrok- 2:15pm

Wednesday Nov 15- Residents Council Meeting- 10:30am

Friday Nov 17- Music with Debbie Bechamp-2:15pm

Tuesday Nov 21- Music with David Schmidt- 2:15pm

Saturday Nov 25- Christmas Bazaar- 10:00am to 2:00pm

Sunday Nov 26- Monthly Church service with Charles- 2:15pm

Tuesday Nov 28- Birthday Party with Mary Anne- 2:15pm

Wednesday Nov 29- Music with the Silverthreads- 2:15pm

Wednesday Nov 29- Cederville Choir- 7:00pm



With the colder weather returning we ask that visitors kindly bring in another pair of indoor shoes to wear and remove their outdoor footwear in order to keep our floors free from becoming slippery and free from salt residue for the safety of our residents. If you have any questions please don't hesitate to talk to Diane at ex 24.

If you wish to book a room for a special occasion please be sure to call Lynn at ex 21 to reserve a space over the upcoming holiday season or anything throughout the year.

See brochure 'Go to the hospital or stay here' for more information on making informed decisions about transferring to the hospital.

It is that time of year again! Fall has arrived, which means it is time for annual flu vaccinations.

Each year, the flu is responsible for approximately 12,200 hospitalizations and 3,500 deaths. It is very contagious and can spread quickly and easily. If you get the flu, you can begin to spread it even before you feel ill. By getting the flu vaccine, you are taking an active role in protecting yourself and others. It is a simple action that can save lives. The elderly tend to have weaker immune systems, which means they have a lower protective immune response, compared to younger/ healthier people, even after they have been immunized. We will have the flu vaccination available to staff and residents in November. If you have any questions about the vaccine, please contact Alyssa at ext. 29 or the RN ext. 44.

As we approach flu season, we ask that when visiting, please continue to wash your hands when entering and leaving the facility and please refrain from visiting the home if you feel ill.

## Christmas Bazaar

Saturday November 25<sup>th</sup> from 10:00 am to 2:00pm

- Baked table
- Raffle Table
- Tea room
- Knitting items
- Preserves
- Silent auction items

Proceeds go towards Residents council!

**We are currently looking for donations for our raffle table and items for our baked table.**

Any bazaar questions can be directed to Sheryl at ex 25



### Resident/ Family Christmas Meal

Friday December 8<sup>th</sup> at 12:00pm

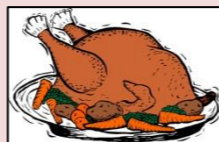
Serving a turkey dinner with all the fixings

If you are interested in attending please RSVP to Sheryl at ex 25 by November 27<sup>th</sup>. A limit of 2 guests!

Limited seating available.

Reserve you spot now!

Tickets are \$5.00 a person



### HAPPY BIRTHDAY TO YOU!

Marian Martyn Nov 3

Ruth Orchard Nov 6

Edward Santaw Nov 12

Fred Rogers Nov 24

Cherie Polloway Nov 25

Birthday party will take place on Tuesday November 29<sup>th</sup> with Mary Anne Holst! Everyone welcome to attend!