

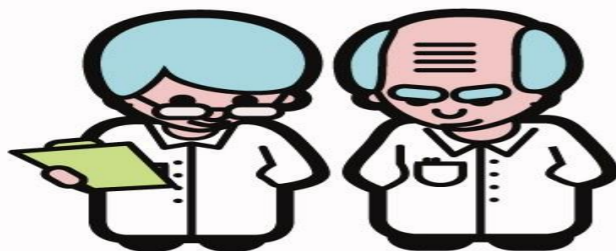
Pet Therapy at Saugeen Valley!

We are very excited to announce that we have a new pet therapy volunteer that has joined our volunteer team. Please welcome Alyssa and Ozzie to the team. The benefits of pet therapy include: lowers blood pressure, improves cardiovascular health, releases endorphins that have a calming effect, diminishes overall physical pain, the act of petting produces an automatic relaxation response, lifts spirits and decreases depression, decreases feelings of isolation and alienation, provides a sense of becoming connected, encourages communication, provides comfort, increases socialization, provides a sense of meaning and belonging, reduces boredom, and assisting in improving residents social, emotional and cognitive function.



Dear Families and Friends,

Dr. Perrin will no longer be Saugeen's Medical Director effective October 16, 2017. He will remain on as an Attending Physician with his current residents, and new residents that he has been following in the community. We are currently recruiting for a new Medical Director.



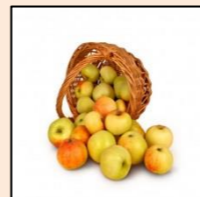
The Village Chronicle



SHARON VILLAGE
CARE HOMES

Saugeen Valley Nursing Center

September 2017



September Special Events and Entertainment



Tuesday September 5th- 50 & 60's party with Lyndsay Morgan- 2:15pm

Friday September 8th- Men's Breakfast- 8:00am

Tuesday September 12th - Corn Social and music with Peter- 2:15pm

Friday September 15th- Saugeen Valley Fall Fair Social & Awards ceremony- 2:15pm

Saturday September 16th- Walk across Canada celebration- 2:15pm

Sunday September 17th- Church Service with Charles- 2:15pm

Tuesday September 19th- Music with Paul O Conner- 2:15pm

Wednesday September 20th- Residents Council Meeting- 10:30am

Wednesday September 20th- Silverthreads- 2:15pm

Friday September 22nd- Country Drive- 9:30am

Friday September 22nd- Garden Party- 2:15pm

Saturday September 23rd- Apple Social- 2:15pm

Tuesday September 26- Birthday Party with Mary Anne- 2:15pm

Please refer to the calendar for a complete list of recreation opportunities for our residents.

The 8 A's of Dementia

- Amnesia/Loss of memory
- Agnosia/loss of recognition
- Altered perception/loss of perceptual abilities
- Anosognosia/loss of self awareness
- Aphasia/loss of language
- Apraxia/loss of purposeful movement
- Apathy/ loss of motivation
- Attention deficits/loss of attention abilities



Cognitive and perceptual losses associated with different types of dementia can vary, occur at different rates, and significantly impact person's behavioural responses. The 8 A's are a simplified way to present a complex and varied process. Each A represents a domain of loss or impairment- cognitive and or perceptual. Decreased functional ability, as the result of their losses, can be interpreted as purposeful behavioural response, or labeled as resistance or non-compliance. We must aim to understand what a person living with dementia is experiencing and how to use remaining strengths to complete tasks and help them feel successful.

New staff to Saugeen Valley

We would like to welcome the following people to our Saugeen Valley team:

Carrie Caudle- PSW
Erica Kraehling- PSW



With Sympathy for the loss of:

Ed Santaw
Elizabeth Coutts

You will be missed dearly!



Honour guard program update!

We are very excited to announce that our original honour guard song that our choir has been working on for many months has now been recorded by Lyndsay Morgan. We hope to be implementing this final phase of our honour guard program in the near future. Our honour guard program allows our residents, staff and family members a chance to say goodbye as our resident leave the front door of our building. Our goal is that this program will assist us with grieving the lost of our friends and loved ones. If you have any questions regarding this program please don't hesitate to talk to Sheryl at ex 25 or our Chaplain Charles.

HAPPY BIRTHDAY TO YOU!

Antonia Hrycajczuk Sept 21
Joe Grech Sept 24
Mary Baker Sept 30

Join us for our monthly birthday party on Tuesday
Sept 26th with Mary Anne Holst.
All are welcome to attend!



Saugeen Valley Fall Fair!

Don't forget to participate in the fall fair. Any questions can be directed to Sheryl at ex 25.

