



### Saugeen Valley Winter Olympic game schedule:

Monday Feb 19- Family Day hockey, craft and snacks- Families are encouraged to sign up children at the front desk by Feb 15<sup>th</sup>.

Tuesday Feb 20- snow man building competition

Wednesday Feb 21- Table top curling and mini donuts

Thursday Feb 22- Olympic bingo, prizes, snacks, snowman bowling

Friday Feb 23- Olympic Celebration and medal count.



### THERAPEUTIC RECREATION MONTH!

Therapeutic Recreation uses treatment, education and recreation services to help people with illnesses, disabilities and other conditions to develop and use their leisure in ways to enhance their health, functional abilities, independence and quality of life.

In February we will celebrate our recreation department.

All staff, family and residents are welcome to come down and enjoy some cake on Feb 26<sup>th</sup> at 2:15pm in the main dining room!

Can you imagine your life without recreation in it? We all need and deserve to find meaningful leisure pursuits. They make us feel good and improve our quality of life!



### February Special Events and Entertainment



Sunday Feb 4- Super bowl party- 6:15pm- 2<sup>nd</sup> floor lounge

Tuesday Feb 6- Music with Lyndsay Morgan- 2:15pm

Friday Feb 9- Men's Breakfast- 8:00am

Monday Feb 12- St. Mary's Choir- 2:15pm

Tuesday Feb 13- Sweetheart lunch- 12:00pm

Sunday Feb 18- Church Service with Charles- 2:15pm

Monday Feb 19- Family Day Olympic games- 2:15pm (Sign up sheet at the front office)

Tuesday Feb 20- Resident Auction- 2:15pm

Wednesday Feb 21- Residents Council meeting-10:30am

Friday Feb 23- Olympics Celebration- 2:15pm

Saturday Feb 24- Karaoke Kin- 2:15pm

Monday Feb 26- Therapeutic Recreation Social- 2:15pm

Tuesday Feb 27- Birthday Party with Bill Johnson- 2:15pm

Please refer to the calendar for a complete list of recreation opportunities for our residents.

### HAPPY BIRTHDAY TO YOU!

Eddie Markle- February 14  
Mary Elder- February 15  
Dorothy Krewenki- Feb 15  
Betty Switzer- February 27  
Evelyn Turner- February 29  
Melvie Brake- February 29

Monthly Birthday Party  
will take place on Feb 27<sup>th</sup>!  
Everyone is welcome!



### Family Council

We want you to make a difference  
in our home and have some fun  
too! Family members and friends  
are encouraged to get involved.  
Contact Sheryl McTavish at ex 25.  
Next meeting is scheduled for  
Wednesday Feb 28<sup>nd</sup> at 3:00pm  
in the Library!

Hope to see you there!



We are looking for donations of large rolls  
of yarn.  
Donations can be dropped off to the  
sunshine.



### With sympathy for the loss of:

Ruth Winslade  
Ron Hoben  
Doris Marchant  
Kenneth Barber  
Fern Long  
Hannah Wood  
Toni Hrycajczuk  
You will be missed dearly!

### “If you are feeling unwell “

- Please stay home if you are feeling unwell, “rest and recover” before you come into the home to visit your loved ones.
- Also, if you are travelling a far distance, please contact the home first to ensure that we are not in outbreak. During an outbreak, we try to limit as much unnecessary contact as much as possible. If you have any questions please contact the RN at ex 44.

May you feel the love  
surrounded around  
you this Valentines  
Day and throughout  
the year!

From the staff and  
management!



Tax receipts for 2017 accommodation  
fees were mailed out with the monthly  
invoice/ newsletter packages at the end  
of January 2018. Please check your  
January package and retain this receipt  
for 2017 tax preparation. If you have  
any questions please contact Lynn at ex  
21.



### Resident Auction!

We are looking for donations of new items that are suitable for  
residents in their rooms.  
Examples: candy, chocolate, cookies, yarn, books, colouring books,  
soaps, games.  
Any questions regarding the auction please contact Sheryl at ex 25  
All donations are requested to be dropped off to the sunshine room by  
February 13<sup>th</sup>.