



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Legend</p> <p>AR = Activity Room</p> <p>BP = Back Patio</p> <p>MF = Main Floor</p> <p>ML = Main Lounge</p> <p>TO—Touring</p> <p>U = Units</p> <p>UL = Unit Lounge</p>	<p>1.</p> <p>9:15 Reminiscing 2 9:45 Morning Stretch AR 10:15 Fun & Fitness ML 11:15 Helping Hands 3rd 12:00 Games & Giggles ML 2:00 Communion TO 2:15 Parachute Games ML 2:15 Sensory Stimulation AR 3:15 Short Stories U 4:00 Knitting Club AR 4:00 Busy Hands 3, 4th 5:00 Fun & Games ML 7:00 Horse Races ML</p>	<p>2. Ground Hog Day</p> <p>9:15 Current Events 2, 4 9:45 Fun & Fitness ML 10:15 Morning Stretch AR 10:15 Music Therapy 2, 4 11:15 Shorts Stories 3rd 12:00 Games & Giggles ML 2:15 Ken Muir Baptist Church ML 2:15 Trivia 2, 4 2:15 Portuguese Reflections AR 3:15 Walking Club AR 4:00 Music Therapy 3rd 4:00 Reading Group ML 4:00 Hand Therapy U 5:00 Fun & Games ML 7:00 BINGO ML</p>	<p>3.</p> <p>9:15 Short Stories 2, 4 9:45 Sensory Stimulation ML 10:15 Tea Social AR 10:15 Music Therapy 3rd 11:15 Current Events 3rd 11:15 Helping Hands 4th 12:00 Games & Giggles ML 2:15 Roman Catholic Mass ML 2:15 Hand Therapy U 2:15 Reminiscing Social U 3:15 Afternoon Stretch AR 3:15 Current Events U 4:00 Reading Group ML 4:00 Trivia 3rd 4:00 Walking Club MF 5:00 Fun & Games ML 7:00 Hot Chocolate Social AR</p>	<p>4.</p> <p>9:15 Reminiscing 2 9:45 Morning Stretch AR 10:15 Fun & Fitness ML 11:15 Helping Hands 3rd 12:00 Games & Giggles ML 2:15 BINGO ML 2:15 Relaxation Therapy AR 2:15 Bedside Music Therapy 3:15 Walking Club MF 4:00 Card Games ML 4:00 Friendly visits 5:00 Fun & Games ML 7:00 Ten Pin Bowling ML</p>	<p>5.</p> <p>9:15 Reminiscing 2, 4 10:00 Bible Study ML 10:15 Music Therapy 2nd, 4th 11:15 Helping Hands 3rd 12:00 Games & Giggles ML 2:15 Caribbean Word Games and Trivia 2:15 Ring Toss 3rd 2:15 Sensory Stimulation AR 2:15 Hand & Finger Dexterity TO 3:15 Walking Club MF 4:00 Thumb Ball AR 4:00 Music Therapy 3rd 4:00 Puzzles ML 5:00 Fun & Games ML 7:00 Tyndall Cinema ML</p>	<p>6. Bob Marley Day</p> <p>9:15 Reminiscing 2 10:00 Hymn Sing ML 10:15 Trivia 3rd 11:15 Card Games 3rd 12:00 Games & Giggles 2:15 Card Bingo AR 2:15 Bob Marley Trivia ML 3:15 Walking Club MF 4:00 Short Stories 3rd 5:00 Fun & Games ML</p>
<p>7.</p> <p>9:15 Short Stories U 10:15 Fun & Fitness ML 10:15 Super Bowl Trivia and Tea Social ML 11:15 Puzzles 3rd 12:00 Games & Giggles 2:15 New Covenant Church ML 2:15 Reminiscing AR 3:15 Helping Hands U 4:00 Thumb Ball 3rd 5:00 Fun & Games ML</p>	<p>8. CHINESE NEW YEAR</p> <p>9:15 Reminiscing 2 9:45 Morning Stretch AR 10:15 Fun & Fitness ML 11:15 Helping Hands 3rd 12:00 Games & Giggles ML 2:00 Communion TO 2:15 Parachute Games ML 2:15 Chinese New Year Craft AR 2:15 Hand & Finger Dexterity TO 3:15 Short Stories U 4:00 Sensory Stimulation AR 4:00 Busy Hands 3, 4th 5:00 Fun & Games ML 7:00 Ladies Club ML 7:00 Men's Club AR</p>	<p>9. Shrove Tuesday</p> <p>9:15 Short Stories 2,4 9:45 Fun & Fitness ML 10:15 Morning Stretch AR 10:15 Music Therapy 2, 4 11:15 Shorts Stories 3rd 12:00 Games & Giggles ML 2:15 Mississauga City Baptist Church ML 2:15 Trivia 2, 4 2:15 Short Stories 3rd 3:15 Board Games AR 4:00 Walking Club AR 4:00 Music Therapy 3rd 4:00 Reading Group ML 5:00 Fun & Games ML 7:00 Hot Chocolate Social AR</p>	<p>10. Ash Wednesday</p> <p>9:15 Current Events 2, 4 9:45 Music Therapy ML 10:15 Walking Club MF 10:15 Ring Toss 3rd 11:15 Current Events 3rd 11:15 Helping Hands 4th 12:00 Games & Giggles ML 2:15 Caribbean Bingo ML 2:15 Hand Therapy U 2:15 Reminiscing Social U 3:15 Afternoon Stretch AR 3:15 Current Events U 4:00 Reading Group ML 4:00 Trivia 3rd 5:00 Fun & Games ML 7:00 Church of God ML Baking in the activity room for Bake Sale throughout the day</p>	<p>11.</p> <p>9:15 Reminiscing 2 9:45 Morning Stretch AR 10:15 Sensory Stimulation ML 11:15 Reminiscing 4th 11:15 Helping Hands 3rd 12:00 Games & Giggles ML 2:15 Valentine's Crafts AR 2:15 Music Therapy 2nd 2:15 Bean Bag Toss ML 2:15 Thumb Ball 3rd 3:15 Walking Club MF 4:00 Card Games ML 4:00 Friendly visits 5:00 Fun & Games ML 7:00 Sing-a-long ML</p>	<p>12. BAKE SALE 10am-3pm</p> <p>9:15 Reminiscing 2, 4 10:15 Sensory Stimulation ML 10:15 Bedside Stretches TO 11:15 Reminiscing 3rd 12:00 Games & Giggles ML 2:15 Valentine's Celebration with Helen Stewart ML 4:00 Walking Club MF 4:00 Reading Group AR 4:00 Helping Hands U 5:00 Fun & Games ML 7:00 Horse Races ML 7:00 Portuguese Reflections AR</p>	<p>13.</p> <p>9:15 Reminiscing 2 10:00 Hymn Sing ML 10:15 Reminiscing 3,4 11:15 Name that Tune 3rd 12:00 Games & Giggles ML 2:15 Horseshoes ML 2:15 Thumb Ball AR 3:15 Sensory Stimulation AR 4:00 Helping Hands U 5:00 Fun & Games ML</p>
<p>14. Valentine's Day</p> <p>9:15 Current Events U 10:15 Valentine's Trivia & Discussion 2, 4 11:15 Trivia 3rd 12:00 Games & Giggles ML 2:15 Salvation Army Church ML 2:15 Ring Toss 4th 3:15 Friendly visits TO 4:00 Doll Therapy AR 5:00 Fun & Games ML</p>	<p>15. FAMILY DAY</p> <p>9:15 Reminiscing 2, 4 10:15 Fun & Fitness ML 10:15 Morning Stretch AR 11:15 Helping Hands 3rd 12:00 Games & Giggles ML 2:00 Communion TO 2:15 Thumb Ball AR 2:15 BINGO ML 3:15 Hand Therapy TO 4:00 Helping Hands AR 4:00 Walking Club MF 4:00 Reminiscing 3rd 5:00 Fun & Games ML 7:00 Bean Bag Toss ML</p>	<p>16.</p> <p>9:15 Short Stories 2,4 10:00 Outing—TBA 10:15 Fun & Fitness ML 10:15 Word Games 3rd 10:15 Walking Club MF 11:15 Bedside Stretches 3rd 12:00 Games & Giggles ML 2:15 Church of the Holy Spirit Anglican Church ML 2:15 Music Appreciation 3, 4 2:15 Portuguese Reflections AR 4:00 Relaxation Therapy ML 4:00 Trivia 3rd 5:00 Fun & Games ML 7:00 Horse Races ML</p>	<p>17.</p> <p>9:15 Reminiscing 2, 4 10:15 Sensory Stimulation ML 10:15 Reading Group AR 10:15 Bedside Music Therapy 11:15 Helping Hands 4th 11:15 Reminiscing 3rd 12:00 Games & Giggles ML 2:00 Family Information Session ML 2:15 Helping Hands 2, 4 2:15 Caribbean Crafts AR 2:15 Scenic Tours 2:15 Name that tune 3rd 3:15 Helping Hands AR 3:15 Word Games 2nd 4:00 Hand Therapy TO 4:00 Card BINGO ML 5:00 Fun & Games ML 7:00 Rosary ML</p>	<p>18.</p> <p>9:15 Current Events 2, 4 10:00 Heritage Museum Presentation ML 10:15 Morning Stretch AR 10:15 Music Therapy 2nd, 3rd 11:15 Helping Hands 3rd 11:15 Current Events 3rd, 4th 12:00 Games & Giggles ML 2:15 Travel to the Caribbean ML 2:15 Hand Therapy TO 2:15 Short Stories 3, 4 2:15 Thumb Ball AR 3:15 Puzzles AR 3:15 Doll Therapy TO 4:00 Busy Hands TO 4:00 Sensory Stimulation AR 5:00 Fun & Games ML 7:00 Hot Chocolate Social AR</p>	<p>19.</p> <p>9:15 Music Appreciation 2, 4 10:00 Bible Study ML 10:15 Walking Club MF/ U 10:15 Bean Bag Toss 3rd 11:15 Helping Hands 4th 12:00 Games & Giggles ML 1:00 Activity Dept. Meeting 4:00 Afternoon Stretch AR 4:00 Reading Group 3rd 4:00 Bedside Stretches TO 4:00 Reminiscing ML 5:00 Fun & Games ML 7:00 Social Club with Kenny Joseph ML</p>	<p>20.</p> <p>9:15 Reminiscing 2 10:00 Hymn Sing ML 10:15 Reminiscing 3,4 11:15 Helping Hands 3rd 12:00 Games & Giggles ML 2:15 New Life Fellowship Church of God ML 2:15 Boards Games 3 3:15 Board Games 4 4:00 Helping Hands AR 4:00 Walking Club MF 5:00 Fun & Games ML 7:00 BINGO ML</p>

February
2016



Tyndall Seniors
Village
Recreation Calendar
Part ONE