



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>21</p> <p>9:15 Current Events 2, 4</p> <p>10:15 Music Therapy ML</p> <p>10:15 Tea Social AR</p> <p>11:15 Puzzles 3rd</p> <p>12:00 Games & Giggles</p> <p>2:15 Kingdom Covenant Center ML</p> <p>2:15 Board Games 2</p> <p>3:15 Doll Therapy TO</p> <p>4:00 Thumb Ball AR</p> <p>4:00 Walking Club MF</p> <p>5:00 Fun & Games ML</p> <p>7:00 Trivia & word Games ML</p>	<p>22.</p> <p>9:15 Reminiscing 2</p> <p>9:45 Morning Stretch AR</p> <p>10:15 Fun & Fitness ML</p> <p>10:15 Reminiscing 3rd</p> <p>11:15 Trivia 3rd, 4</p> <p>12:00 Games & Giggles</p> <p>2:00 Communion TO</p> <p>2:15 Bedside Music Therapy</p> <p>2:15 Knitting club AR</p> <p>2:15 Name that Face Black History Month Biography ML</p> <p>3:15 Relaxation Therapy ML</p> <p>3:15 Hand Therapy</p> <p>4:00 Dominoes ML</p> <p>4:00 Walking Club MF</p> <p>5:00 Fun & Games ML</p> <p>7:00 Hot Chocolate Social AR</p>	<p>23.</p> <p>9:15 Music Therapy 2,4</p> <p>9:45 Fun & Fitness ML</p> <p>10:15 Walking Club MF</p> <p>12:00 Games & Giggles</p> <p>2:15 Church of the Holy Spirit Anglican Service ML</p> <p>2:15 Hand & Finger Dexterity TO</p> <p>2:15 Men's Club AR</p> <p>4:00 Music Therapy 3rd</p> <p>4:00 Afternoon Stretch ML</p> <p>4:00 Friendly visits TO</p> <p>5:00 Fun & Games ML</p> <p>7:00 BINGO ML</p>	<p>24.</p> <p>9:15 Reminiscing 2, 4</p> <p>10:15 Sensory Stimulation ML</p> <p>10:15 Helping Hands AR</p> <p>11:15 Current Events 3, 4</p> <p>12:00 Games & Giggles</p> <p>2:15 Monthly Birthday Party with Francis DeMello</p> <p>4:00 Helping Hands U</p> <p>4:00 Thumb Ball AR</p> <p>5:00 Fun & Games ML</p> <p>7:00 Sing- a -long ML</p>	<p>25.</p> <p>9:15 Current Events 2</p> <p>10:00 Resident Council Meeting ML</p> <p>10:15 Music Therapy 3</p> <p>10:15 Morning Stretch AR</p> <p>12:00 Games & Giggles</p> <p>2:15 BINGO ML</p> <p>2:15 Ladies Club AR</p> <p>2:15 Helping Hands U</p> <p>4:00 Fun & Fitness ML</p> <p>4:00 Reading Group AR</p> <p>4:00 Hand Therapy TO</p> <p>5:00 Fun & Games</p> <p>7:00 Art Therapy AR</p>	<p>26.</p> <p>9:15 Short Stories 2, 4</p> <p>10:15 Sensory Stimulation ML</p> <p>10:15 Morning Stretch AR</p> <p>11:15 Word Games 3rd</p> <p>12:00 Games & Giggles</p> <p>2:15 Card Games U</p> <p>2:15 Mini Golf ML</p> <p>2:15 Poetry Club AR</p> <p>2:15 Doll Therapy U</p> <p>3:15 Friendly visits TO</p> <p>4:00 Short Stories 3rd</p> <p>4:00 Walking Club MF</p> <p>4:00 Relaxation Therapy AR</p> <p>5:00 Fun & Games</p> <p>7:00 Tyndall Cinema ML</p>	<p>27.</p> <p>9:15 Reminiscing 2</p> <p>10:00 Hymn Sing ML</p> <p>10:15 Reminiscing 3rd</p> <p>11:15 Name that tune 3rd</p> <p>12:00 Games & Giggles</p> <p>2:15 Art Therapy AR</p> <p>2:15 Ring Toss ML</p> <p>3:15 Busy Hands U</p> <p>4:00 Walking Club MF</p> <p>5:00 Fun & Games</p>
<p>28.</p> <p>9:15 Current Events U</p> <p>10:15 Trivia & Word Games ML</p> <p>10:15 Morning Stretch AR</p> <p>11:15 Current Events 3rd</p> <p>12:00 Games & Giggles</p> <p>2:15 Applewood Heights Gospel Hall ML</p> <p>2:15 Board Games U</p> <p>3:15 Doll Therapy TO</p> <p>4:00 Music Therapy 3rd</p> <p>5:00 Fun & Games ML</p>	<p>29.</p> <p>9:15 Reminiscing 2</p> <p>9:45 Morning Stretch AR</p> <p>10:15 Fun & Fitness ML</p> <p>10:15 Music Therapy 3rd</p> <p>11:15 Trivia 3rd</p> <p>12:00 Games & Giggles</p> <p>2:00 Communion TO</p> <p>2:15 Caribbean Jam ML</p> <p>3:15 Walking Club MF</p> <p>4:00 Relaxation Therapy ML</p> <p>4:00 Dominoes AR</p> <p>5:00 Fun & Games ML</p> <p>7:00 Ten Pin Bowling ML</p>		<p>Pet Visits</p> <p>"Chaz" Friday's</p> <p>1:45pm</p> <p>& "Harvey"</p> <p>Monday's at 1:45pm</p> <p>Friendly visits/ bedside visits daily at 12:45pm</p>	<p>During the Month of February for Black History Month we will be holding different Caribbean themed programs</p> <p>Activities are subject to change according to resident needs or Management</p>		 <p>Groundhog Day</p>

February
2016



Tyndall Seniors
Village
Recreation Calendar
Part TWO