




SUN	Mon	Tue	Wed	Thu	Fri	Sat
<p>Legend</p> <p>AR = Activity Room</p> <p>BP = Back Patio</p> <p>MF = Main Floor</p> <p>ML = Main Lounge</p> <p>TO—Touring</p> <p>U = Units</p> <p>UL = Unit Lounge</p>	<p>1. Civic Holiday</p> <p>9:15 Reminiscing 2 9:45 Morning Stretch AR 10:15 Fun & Fitness ML 10:15 Music Therapy 3rd 11:15 Reminiscing 3rd, 4th 12:00 Games & Giggles ML</p> <p>2:15 Communion TO</p> <p>2:15 BINGO Patio 2:15 Sensory Stimulation AR 3:15 Short Stories U 3:15 Scenic Tours 4:00 Hand & Finger Dexterity TO 4:00 Doll Therapy TO 4:00 Board Games 3, 4th 5:00 Fun & Games ML 7:00 Horse Races ML</p> <p>7:00 Helping Hands AR</p>	<p>2.</p> <p>9:15 Current Events 2, 4 9:45 Fun & Fitness ML 10:15 Morning Stretch AR 10:15 Music Therapy all floors on the Patio 11:15 Shorts Stories 3rd, 4th 11:15 Walking Club 12:00 Games & Giggles ML 2:15 Outdoor Sensory Stimulation 2:15 Ice Cream on Wheels 2:15 Bedside Stretches TO 3:15 Thumb Ball AR 3:15 Scenic Tours 3:15 Walking Club MF/ outside 4:00 Bedside Music Therapy TO 4:00 Reading Group ML 4:00 Hand Therapy U 5:00 Fun & Games ML 7:00 Sing-a-long ML</p>	<p>3.</p> <p>9:15 Short Stories 2, 4 10:15 Sensory Stimulation ML 10:15 Morning Stretch AR 11:15 Current Events 3rd 12:00 Games & Giggles ML</p> <p>2:15 Roman Catholic Mass ML</p> <p>2:15 Music Therapy U 2:15 Poetry Club Patio 2:15 Hand & Finger Dexterity TO 3:15 Fun & Fitness ML 4:00 Doll Therapy TO 4:00 Walking Club MF 4:00 Ring toss 4th 5:00 Fun & Games ML 7:00 Tea & Toast Social AR 7:00 Music Therapy ML</p>	<p>4.</p> <p>9:15 Reminiscing 2 9:45 Morning Stretch AR 10:15 Outdoor Chat Patio 11:15 Helping Hands 3rd, 4th 12:00 Games & Giggles ML 2:15 Bean Bag Toss ML 2:15 Relaxation Therapy AR 2:15 Card Games on the Patio 3:15 Walking Club MF 4:00 Fun & Fitness ML 4:00 Scenic Tours 4:00 Friendly visits 5:00 Fun & Games ML 7:00 Mini Golf ML 7:00 Art Therapy AR</p>	<p>5.</p> <p>9:15 Reminiscing 2, 4 10:00 Bible Study ML 10:15 Morning Stretch AR 10:15 Trivia 2,3,4 11:15 Helping Hands Patio</p> <p>12:30 BBQ 4th floor dining room residents</p> <p>2:15 Beach Crafts 2:15 Portuguese Reflections ML 2:15 Short Stories on the Patio 2:15 Bedside Visits 3:15 Ring Toss 2nd 3:15 Bean Bag Toss 4th 4:00 Music Therapy 3rd, 4th 4:00 Walking Club MF 4:00 Bean Bag Toss 3rd 5:00 Fun & Games ML 7:00 Tyndall Cinema ML 7:00 Card Games AR</p>	<p>6.</p> <p>9:15 Reminiscing 2 10:00 Hymn Sing ML 10:15 Outdoor Chat 12:00 Games & Giggles 2:15 Card Bingo AR 2:15 Reminiscing 4th</p> <p>2:15 Heart Lake Seventh Day Adventist Children's Group</p> <p>4:00 Outdoor Walking Club 4:00 Music Therapy 3rd 4:00 Doll Therapy TO 5:00 Fun & Games ML 7:00 Ten Pin Bowling ML</p>
<p>7.</p> <p>9:15 Short Stories U 10:15 Fun & Fitness ML 10:15 Tea Social AR 11:15 Doll Therapy U 12:00 Games & Giggles</p> <p>2:15 New Covenant Church ML</p> <p>2:15 Reminiscing Patio 3:15 Helping Hands U 4:00 Thumb Ball 3rd 4:00 Scenic Tours 5:00 Fun & Games ML 7:00 Trivia & Word Games ML</p>	<p>8.</p> <p>9:15 Reminiscing 2 9:45 Morning Stretch AR 10:15 Fun & Fitness ML 11:15 Reminiscing 3rd, 4th 12:00 Games & Giggles ML</p> <p>2:15 Communion TO</p> <p>2:15 BINGO ML 2:15 Art Therapy on the Patio 3:15 Scenic Tours 4:00 Hand & Finger Dexterity TO 4:00 Board Games 3, 4th 5:00 Fun & Games ML 7:00 Horse Races ML</p> <p>7:00 Sensory Stimulation AR</p>	<p>9.9:15 Short Stories 2, 4 10:15 Sensory Stimulation 10:15 Outdoor Walking Club 11:15 Helping Hands U 12:00 Games & Giggles ML</p> <p>2:15 Mississauga City Baptist Church ML</p> <p>2:15 Music Appreciation 2, 3, 4 2:15 Thumb Ball AR 3:15 Scenic Tours 4:00 Relaxation Therapy ML 4:00 Short Stories 3 4:00 Helping Hands 3rd 5:00 Fun & Games ML 7:00 Ten Pin Bowling 7:00 Crafts ML</p>	<p>10. Beach Day</p> <p>9:15 Short Stories 2, 4 10:15 Beach Volley Ball ML 10:15 Morning Stretch AR 10:15 Outdoor Chat 11:15 Current Events 3rd 12:00 Beach Blanket Bingo Movie Matinee ML 2:15 Beach Party and Games ML 3:15 Friendly visits 4:00 Doll Therapy TO 4:00 Scenic Tours 4:00 Walking Club MF 5:00 Fun & Games ML 7:00 Beach Party BINGO ML</p> 	<p>11.</p> <p>9:15 Reminiscing 2 10:00 Heritage Museum Presentation 10:15 Sensory Stimulation Patio 11:15 Scenic Tours 11:15 Helping Hands 3rd, 4th 12:00 Games & Giggles ML 2:15 Ice Cream on the Patio 2:15 Fun & Fitness ML 2:15 Bedside Music Therapy TO 3:15 Walking Club MF 3:15 Dominoes ML 4:00 Helping Hands AR 4:00 Friendly visits 4:00 Hand Therapy U 5:00 Fun & Games ML 7:00 Men's' Club AR 7:00 Ladies Club ML</p>	<p>12.</p> <p>9:15 Reminiscing 2, 4 10:15 Fun & Fitness ML 10:15 Morning Stretch AR 11:15 Helping Hands Patio</p> <p>12:30 BBQ Lunch 1st sitting</p> <p>2:15 Outdoor Sensory Stimulation 2:15 Reading Group AR 2:15 Portuguese Reflections Patio 3:15 Hand & Finger Dexterity TO 4:00 Bedside stretches 4:00 Thumb Ball AR 4:00 Walking Club MF 5:00 Fun & Games ML</p> <p>7:00 Social Club with Francis DeMello</p>	<p>13.</p> <p>9:15 Reminiscing 2, 4 10:00 Hymn Sing ML 10:15 Bedside Stretches TO 11:15 Card Games 3rd 12:00 Games & Giggles 2:15 Sensory Stimulation AR 2:15 Outdoor Chat Patio 2:15 Scenic Tours 3:15 Short Stories 3rd 4:00 Doll Therapy TO 4:00 Hand & Finger Dexterity 5:00 Fun & Games ML 7:00 Tyndall Cinema</p>
<p>14.</p> <p>9:15 Current Events U 10:15 Reading Group Patio 10:15 Relaxation Therapy AR 11:15 Trivia 3rd 12:00 Games & Giggles ML</p> <p>2:15 Promise of Life Church ML</p> <p>2:15 Bedside Music Therapy 2:15 Helping Hands AR 3:15 Relaxation Therapy AR 4:00 Doll Therapy AR 4:00 Scenic Tours 5:00 Fun & Games ML 7:00 Name that Face Biography ML</p>	<p>15.</p> <p>9:15 Reminiscing 2, 4 10:15 Sensory Stimulation ML 10:15 Morning Stretch AR 11:15 Helping Hands 3rd, 4th 12:00 Games & Giggles ML</p> <p>2:15 Communion TO</p> <p>2:15 BINGO Patio ML 2:15 Outdoor Chat - Patio 3:15 Scenic Tours 3:15 Afternoon Stretch AR 4:00 Walking Club MF 4:00 Hand & Finger Dexterity TO 4:00 Board Games U 5:00 Fun & Games ML 7:00 Ladies Club AR 7:00 Men's Club ML</p>	<p>16.</p> <p>9:15 Short Stories 2, 4 10:00 Bus Outing TBA 10:15 Fun & Fitness ML 10:15 Word Games 3rd 11:15 Music Therapy 3rd, 4th 12:00 Games & Giggles ML</p> <p>2:15 Church of the Holy Spirit Anglican Church ML</p> <p>2:15 Bedside Stretches TO 2:15 Reading Group AR 3:15 Scenic Tours 4:00 Relaxation Therapy ML 4:00 Helping Hands 3rd 5:00 Fun & Games ML 7:00 Ten Pin Bowling</p>	<p>17.</p> <p>9:15 Short Stories 2, 4 9:45 Sensory Stimulation ML 10:15 Morning Stretch AR 11:15 Current Events 3rd 12:00 Games & Giggles ML</p> <p>1:00 Activity Department Meeting</p> <p>3:15 Fun & Fitness ML 4:00 Walking Club MF 4:00 Doll Therapy TO 4:00 Reading Group ML 5:00 Fun & Games ML 7:00 Rosary ML</p>	<p>18.</p> <p>9:15 Music Therapy 2 9:45 Morning Stretch AR 10:15 Fun & Fitness ML 10:15 Reminiscing 3rd 11:15 Helping Hands 3rd, 4th 12:00 Games & Giggles ML</p> <p>2:15 Peaches and Cream Social on the Patio</p> <p>3:15 Bean Bag Toss 3rd 3:15 Scenic Tours 4:00 Sensory Stimulation ML 5:00 Fun & Games ML 7:00 BINGO ML</p>	<p>19.</p> <p>9:15 Reminiscing 2, 4 10:00 Bible Study ML 10:15 Helping Hands on the Patio 10:15 Walking Club MF 11:15 Reminiscing 3rd</p> <p>12:30 BBQ 2nd sitting</p> <p>2:15 Portuguese Reflections 2:15 Bedside Visits 2:15 Afternoon Stretch AR 2:15 Ice Cream on Wheels 3:15 Doll Therapy 2nd 3:15 Discussion Group *Patio 4:00 Scenic Tours 4:00 Helping Hands U 5:00 Fun & Games ML 7:00 Tyndall Cinema ML</p>	<p>20.</p> <p>9:15 Reminiscing 2 10:00 Hymn Sing ML 10:15 Reminiscing 4th 11:15 Name that Tune 3rd 12:00 Games & Giggles ML</p> <p>2:15 New Life Fellowship Church of God ML</p> <p>2:15 Thumb Ball AR 2:15 Bedside Stretches TO 3:15 Sensory Stimulation AR 4:00 Helping Hands U 4:00 Outdoor Walking Club 5:00 Fun & Games ML 7:00 Trivia and Word Games ML</p>

August
2016



Tyndall Seniors
Village
Recreation Calendar
Part ONE