

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Legend</p> <p>U = Units</p> <p>UL = Unit Lounge</p> <p>BP = Back Patio</p> <p>ML = Main Lounge</p> <p>AR = Activity Room</p> <p>MF = Main Floor</p>	<p>Pet Visits</p> <p>“Scrappy” Mondays at 1:00pm & “Chaz” Friday’s 1:45pm—3:00pm</p> 	<p>Activities are subject to change according to resident needs or Management requirements</p>		<p>1. 9:15 Music Therapy 2 10:15 Morning Stretch AR 10:15 Fun & Fitness ML 11:15 Helping Hands 3rd, 4th 12:00 Games & Giggles ML 2:15 Bedside Music Therapy 2:15 Current Events ML 2:15 Helping Hands AR 2:15 Hand & Finger Dexterity TO 2:15 Balloon Toss TO 3:15 Hindu Prayer AR 4:00 Manicures TO 4:00 Friendly visits 4:00 Hand Therapy TO 5:00 Fun & Games ML 7:00 Card Bingo ML 7:00 Bedside visits TO</p>	<p>2. 9:15 Reminiscing 2, 4 10:15 Sensory Stimulation ML 10:15 Music Therapy 4th 10:15 Helping Hands 3rd 11:15 Word Games 3rd 11:15 Friendly visits 12:00 Games & Giggles ML 2:15 Bedside stretches TO 2:15 Relaxation Therapy AR 2:15 Taste of Ireland ML 2:15 Hand & Finger Dexterity TO 2:15 Music Therapy 2nd, 3rd 3:15 Doll Therapy TO 3:15 Reading Group AR 4:00 Balloon Toss TO 4:00 Walking Club MF 4:00 Friendly visits 5:00 Fun & Games ML 7:00 Helping Hands U 7:00 Travel to....</p>	<p>3. 9:15 Music Therapy U 10:15 Hymn Sing ML 10:15 Music And Movement 2, 4 11:15 Music and Movement 3rd 11:15 Balloon Toss TO 12:00 Games & Giggles ML 2:15 Ten Pin Bowling ML 2:15 Hand Therapy TO 2:15 Board Games U 3:15 Bedside Stretch TO 3:15 Walking Club MF 4:00 Balloon toss TO 4:00 Friendly visits 5:00 Fun & Games ML 7:00 Hot Chocolate Social AR</p>
<p>4. 10:15 Music Therapy 2nd 10:15 Sensory Stimulation ML 10:15 Morning Stretch AR 11:15 Helping Hands 3rd 12:00 Games & Giggles ML 2:15 Grace New Covenant Church ML 2:15 Hand & Finger Dexterity TO 2:15 Art Therapy AR 2:15 Balloon Toss TO 3:15 Card Games U 4:00 Bedside visits TO 4:00 Friendly visits TO 5:00 Fun & Games ML 7:00 Music Therapy U</p>	<p>5. 9:15 Reminiscing 2 10:15 Fun & Fitness ML 10:15 Morning Stretch AR 10:15 Music & Movement 3 11:15 Helping Hands 3rd, 4th 12:00 Games & Giggles ML 2:00 Communion TO 2:15 BINGO ML 2:15 Bedside stretches TO 2:15 Music & Movement 2,4 3:15 Balloon Toss TO 3:15 1:1 short stories 4:00 Hand Therapy TO 4:00 Puzzles 3 4:00 Friendly visits 5:00 Fun & Games ML 7:00 Reminiscing Social ML 7:00 Relaxation Therapy AR</p>	<p>6. 9:15 Music Therapy 2,4 10:15 Sensory Stimulation ML 10:15 Morning Stretch AR 10:15 Hand Therapy TO 11:15 Friendly visits 12:00 Games & Giggles ML 2:15 Hand & Finger Dexterity TO 2:15 Jeopardy ML 2:15 Doll Therapy AR 2:15 Balloon Toss TO 2:15 Bedside Music Therapy 3:15 Board Games U 4:00 Hand Therapy TO 4:00 Friendly visits 5:00 Fun & Games ML 7:00 Tea & Toast Social AR</p>	<p>7. 9:15 Reminiscing 2, 4 10:15 Fun & Fitness ML 10:15 Morning Stretch AR 11:15 Hand Therapy TO 11:15 Short Stories U 12:00 Games & Giggles ML 2:15 St. Patrick's Roman Catholic Mass ML 2:15 Bedside Stretches TO 2:15 Hand & Finger Dexterity TO 2:15 Relaxation Therapy AR 2:15 Card Games U 3:15 Walking Club MF 3:15 1:1 Short Stories U 4:00 Friendly visits 4:00 Balloon Toss TO 5:00 Fun & Games ML 7:00 Name that Tune Sing-a-long ML</p>	<p>8. International Women's Day 9:15 Bedside music 2, 4 10:15 Sensory Stimulation ML 10:15 Morning Stretch AR 11:15 Helping Hands 3rd, 4th 11:15 Friendly visits 12:00 Games & Giggles ML 2:15 Ladies Garden Party ML 2:15 Men's Baking Club with Mark AR 2:15 Hand & Finger Dexterity TO 4:00 Friendly visits 4:00 Bedside Music Therapy TO 5:00 Fun & Games ML 7:00 Card Bingo ML 7:00 Music & Movement U</p>	<p>9. 9:15 Friendly visits U 10:15 Fun & Fitness ML 10:15 Sensory Stimulation AR 10:15 Helping Hands 2 10:15 Bedside stretches 3 11:15 Friendly visits 11:15 1:1 Short stories 12:00 Games & Giggles ML 2:15 St. Patrick's Fun Facts and Trivia ML 2:15 Puzzles 2nd 2:15 Hand Therapy TO 2:15 Doll Therapy TO 2:15 Helping Hands 4 3:00 Chinese Alliance Church ML 3:15 Bedside visits 4:00 Relaxation Therapy AR 4:00 Puzzles 3rd 4:00 Friendly visits 5:00 Fun & Games ML 7:00 Tyndall Cinema ML 7:00 Bedside Visits</p>	<p>10. 9:15 Music Therapy U 10:15 Hymn Sing ML 10:15 Sensory Stimulation AR 11:15 Balloon Toss TO 12:00 Games & Giggles ML 2:15 Ten Pin Bowling ML 2:15 Hand Therapy TO 2:15 Music Therapy 3rd 3:15 Bedside Stretch TO 4:00 Balloon toss TO 4:00 Friendly visits 5:00 Fun & Games ML 7:00 Discussion Group ML</p>
<p>11. Daylight Savings Time Begins 10:15 Music Therapy 2nd 10:15 Bedside Music TO 10:15 Morning Stretch AR 11:15 Helping Hands 3rd 12:00 Games & Giggles ML 2:15 Salvation Army Church ML 2:15 Hand & Finger Dexterity TO 2:15 Collage Making AR 3:15 Scenic Tours TO 4:00 Friendly visits TO 4:00 Doll Therapy TO 5:00 Fun & Games ML 7:00 Reading Group AR</p>	<p>12. 9:15 Reminiscing 2 10:15 Sensory Stimulation AR 10:15 Fun & Fitness ML 11:15 Manicures 12:00 Games & Giggles ML 2:00 Communion TO 2:15 Hand & Finger Dexterity TO 2:15 BINGO ML 2:15 Balloon Toss TO 3:15 Bedside Music Therapy 4:00 Hand Therapy TO 4:00 Friendly visits 5:00 Fun & Games ML 7:00 Music Therapy U 7:00 Reading Group AR</p>	<p>13. 9:15 Short Stories 2,4 10:15 Fun & Fitness 10:15 Morning Stretch AR 10:15 Bean Bag Toss 2nd 11:15 Ring Toss 3rd 12:00 Games & Giggles ML 2:15 Mississauga City Baptist Church ML 2:15 Bean Bag Toss 4th 2:15 Bedside stretches TO 2:15 Short Stories 3rd 2:15 Sensory Stimulation AR 2:15 Puzzles U 3:15 Hand Therapy TO 3:15 Balloon Toss TO 4:00 Walking Club MF 4:00 Doll Therapy TO 4:00 Friendly visits 5:00 Fun & Games ML 7:00 Hot Chocolate Social AR 7:00 Music Therapy U</p>	<p>14. 9:15 Reminiscing 2, 4 10:15 Music Therapy with David 10:15 Morning Stretch AR 10:15 Bedside Music Therapy 10:15 Hand Therapy TO 11:15 1:1 Short Stories 3, 4 12:00 Games & Giggles ML 2:15 Baking AR 2:15 Relaxation therapy ML 2:15 Doll Therapy TO 2:15 Balloon Toss TO 3:15 Reading Group ML 4:00 Friendly visits 4:00 Balloon Toss TO 4:00 Walking Club MF 5:00 Fun & Games ML 7:00 Tyndall Cinema ML</p>	<p>15. 15:15 Bedside music 2, 4 10:15 Morning Stretch AR 10:15 Heritage Museum Presentation ML 10:15 Manicures 11:15 Friendly visits 11:15 Bedside Stretches TO 12:00 Games & Giggles ML 2:15 St. Patrick's Craft AR 2:15 Bean Bag Toss 3rd 2:15 Ring Toss 2nd 2:15 Horse Shoes 4th 3:15 1:1 short stories 3:15 Music & Movement 2nd 4:00 Balloon Toss 3 4:00 Friendly visits 5:00 Fun & Games ML 7:00 Card Bingo ML</p>	<p>16. 9:15 Reminiscing 2, 4 10:15 Fun & Fitness ML 10:15 Glamour Club AR 10:15 Hand Therapy TO 11:15 Helping Hands ,3 12:00 Games & Giggles ML 2:15 St. Patrick's Fun & Games 2:15 Sensory Stimulation AR 2:15 Music & Movement U 3:15 Doll Therapy AR 4:00 Bedside Music Therapy TO 4:00 Puzzles 3rd 4:00 Friendly visits 5:00 Fun & Games ML 7:15 St. Patrick's Social Club with Ryan Konopud ML 7:00 Travel to Ireland</p>	<p>17. St. Patrick's Day 9:15 Music Therapy 2 10:00 Hymn Sing ML 10:15 Reminiscing 3, 4 11:15 Balloon Toss TO 12:00 Games & Giggles ML 2:15 New Life Fellowship Church of God ML 2:15 Board Games U 2:15 Bedside visits 3:15 Music Therapy 3rd 3:15 Hand & Finger Dexterity TO 4:00 Relaxation Therapy AR 4:00 Doll Therapy TO 5:00 Fun & Games ML 7:00 Travel to Ireland</p>



March
2018



Tyndall Seniors
Village
Recreation Calendar
Part ONE



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>18.</p> <p>9:15 Reminiscing 2 10:15 Sunshine Crafts AR 10:15 Balloon Toss TO 10:15 Music & Movement ML 11:15 Hand & Finger Dexterity TO 11:15 Helping hands U 12:00 Games & Giggles ML 2:15 Kingdom Covenant ML 2:15 Puzzles U 2:15 Balloon Toss TO 3:15 Hand Therapy TO 4:00 Friendly visits 4:00 Manicures 5:00 Fun & Games ML</p> <p>7:00 Discussion Group AR</p>	<p>19.</p> <p>9:15 Music Appreciation 2 10:15 Morning Stretch AR 10:15 Fun & Fitness ML 10:15 Music Therapy 4th 11:15 Current Events 3 11:15 Helping Hands U 12:00 Games & Giggles 2:00 Communion TO 2:15 BINGO ML 2:15 Hand Therapy 2 2:15 Music Appreciation 3 3:15 Word Games 4 4:00 Balloon Toss TO 4:00 Friendly visits 5:00 Fun & Games ML 7:00 Men's' Club ML 7:00 Ladies Club AR</p>	<p>20. Spring Equinox</p> <p>9:15 Reminiscing 2, 4 10:15 Sensory Stimulation ML 10:15 Morning Stretch AR 11:15 Walking Club 11:15 Bedside Music Therapy TO 12:00 Games & Giggles 2:15 Church of the Holy Spirit Anglican Service ML 2:15 Music Therapy U 2:15 Bedside Stretches TO 2:15 Hand & Finger Dexterity TO 3:00 Annual Volunteer/Pastoral Care Meeting AR 3:15 Scenic Tours 3:15 Card Games U 4:00 Doll Therapy TO 4:00 Walking Club MF 4:00 Friendly visits 5:00 Fun & Games ML 7:00 Hot Chocolate Social AR</p>	<p>21.</p> <p>9:15 Music Therapy 2, 4 10:15 Morning Stretch AR 10:15 Fun & Fitness ML 10:15 Music & Movement 3rd 11:15 Friendly visits 3, 4 12:00 Games & Giggles 2:15 Doll Therapy 2:15 Sunshine Tea ML 2:15 Relaxation Therapy AR 2:15 Manicures 3:15 Helping Hands 2 4:00 Balloon Toss TO 4:00 Friendly visits 4:00 Bedside visits 5:00 Fun & Games ML 7:00 Word Games ML 7:00 Rosary AR</p>	<p>22.</p> <p>9:15 Music Appreciation 2 10:15 Sensory Stimulation ML 10:15 Spring Collage Making AR 10:15 Music & Movement 3, 4 11:15 Bedside Music Therapy 11:15 Helping Hands U 12:00 Games & Giggles 1:15 Activity Dept., Meeting 3:15 Hand & Finger Dexterity TO 3:15 Scenic Tours 3:15 Friendly visits TO 4:00 Reading Group ML 4:00 Hand Therapy TO 4:00 Walking Club MF 5:00 Fun & Games 7:00 Card BINGO ML 7:00 Relaxation Therapy AR</p>	<p>23.</p> <p>9:15 Reminiscing 2,4 10:15 Fun & Fitness ML 10:15 Movement & Music 3rd 10:15 Sensory Stimulation AR 11:15 Helping Hands U 12:00 Games & Giggles ML 2:15 Hand & Finger Dexterity 2:15 SPRING Collage Making AR 2:15 Balloon Toss TO 2:15 Card Games U 2:15 Doll Therapy 3 3:15 Bedside visits 3:15 Trivia & Word Games ML 4:00 Hand Therapy TO 4:00 Friendly visits TO 4:00 Walking Club MF 5:00 Fun & Games 7:00 Tyndall Cinema ML 7:00 Helping Hands U</p>	<p>24.</p> <p>9:15 Music Therapy 2 10:00 Hymn Sing ML 10:15 Music Therapy 4th 11:15 Name that tune 3rd 12:00 Games & Giggles 2:15 Relaxation Therapy AR 2:15 Ten Pin Bowling ML 2:15 Music & Movement 3rd 3:15 Card Games 3rd 4:00 Friendly visits 4:00 Bedside Music Therapy 5:00 Fun & Games 7:00 Name that Tune ML</p>
<p>25.</p> <p>Palm Sunday 9:15 Sounds of Nature 2 10:15 Music Therapy ML 10:15 Reading Group AR 11:15 Current Events 3, 4 12:00 Games & Giggles 2:15 Doll Therapy TO 2:15 Bean Bag Toss 3 2:30 Applewood Heights Gospel Hall ML 3:15 Current Events AR 4:00 Friendly visits 4:00 Hand Therapy TO 5:00 Fun & Games ML 7:00 Tea & Toast Social AR</p>	<p>26.</p> <p>9:15 Music Therapy U 10:15 Fun & Fitness ML 10:15 Morning Stretch AR 10:15 Music & Movement 3 11:15 Helping Hands 3rd 11:15 Bedside Music 4 12:00 Games & Giggles 2:00 Communion TO 2:15 Westminster United Church ML 2:15 Sensory Stimulation AR 2:15 Hand Therapy TO 2:15 Ring Toss 2 3:15 Walking Club MF 3:15 Bedside Stretches To 4:00 Friendly visits TO 4:00 Balloon Toss TO 5:00 Fun & Games ML 7:00 BINGO ML</p>	<p>27.</p> <p>9:15 Music Therapy 2,4 10:15 Morning Stretch AR 10:15 Sensory Stimulation ML 10:15 Walking Club MF 11:15 Helping Hands 3rd, 4th 11:15 Bedside visits 12:00 Games & Giggles 2:15 Welcome Tea Social AR 2:15 Music & Movement 3,4 2:15 Hand Therapy 2:15 Bedside Stretches TO 3:15 Reading Group ML 3:15 Scenic Tours 4:00 Friendly visits TO 4:00 1:1 short Stories 4:00 Doll Therapy AR 4:00 Balloon Toss TO 5:00 Fun & Games ML 7:00 Hot Chocolate & Fireside Stories ML 7:00 Music & Movement 3</p>	<p>28.</p> <p>9:15 Reminiscing 2, 4 10:15 Fun & Fitness ML 10:15 Morning Stretch TO 10:15 Bedside Music Therapy TO 10:15 Music & Movement 3rd 11:15 Balloon Toss TO 11:15 Ring Toss 3rd 12:00 Games & Giggles 2:15 Monthly Birthday Party with Kenny Joseph ML 4:00 Helping Hands U 4:00 1:1 short stories 4:00 Friendly visits 5:00 Fun & Games ML 7:00 Music Therapy U 7:00 Travel to.....</p>	<p>29.</p> <p>9:15 Music Appreciation 2 10:15 Resident Council Meeting ML 10:15 Manicures TO 10:15 Friendly visits 10:15 Morning Stretch AR 11:15 Bedside Music Therapy 11:15 Helping Hands U 12:00 Games & Giggles 2:15 Horse races ML 2:15 Doll Therapy AR 2:15 Puzzles U 2:15 Balloon Toss TO 3:15 Hand & Finger Dexterity TO 3:15 Scenic Tours 4:00 Reading Group ML 4:00 Hand Therapy TO 4:00 Walking Club MF 5:00 Fun & Games 7:00 Card BINGO ML 7:00 Relaxation Therapy AR</p>	<p>30. Good Friday 9:15 Reminiscing 2,4 10:15 Fun & Fitness ML 10:15 Movement & Music 3rd 10:15 Sensory Stimulation AR 11:15 Helping Hands U 12:00 Games & Giggles ML 12:30 Fish N Chip Take out Lunch AR (sign up) 2:15 Hand & Finger Dexterity 2:15 ARTI 2:15 Hymn Sing and Tea Social 2:15 Balloon Toss TO 3:15 Music Therapy 2, 4 4:00 Scenic Tours 4:00 Bedside visits 4:00 Friendly visits TO 4:00 Walking Club MF 5:00 Fun & Games 7:00 Tyndall Cinema ML 7:00 Helping Hands U</p>	<p>31. Jewish Passover 9:15 Music Therapy 2 10:00 Hymn Sing ML 10:15 Music Therapy 4th 11:15 Name that tune 3rd 12:00 Games & Giggles 2:15 Mini Golf ML 2:15 Easter Crafts 2:15 Music & Movement 3rd 3:15 Bedside Music Therapy TO 4:00 Friendly visits 4:00 Bedside Music Therapy 5:00 Fun & Games 7:00 Discussion Group AR</p>



March
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Tyndall Seniors
Village
Recreation Calendar
Part TWO