


Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><b>Legend</b></p> <p><b>AR = Activity Room</b></p> <p><b>BP = Back Patio</b></p> <p><b>MF = Main Floor</b></p> <p><b>ML = Main Lounge</b></p> <p><b>TO—Touring</b></p> <p><b>U = Units</b></p> <p><b>UL = Unit Lounge</b></p>	<p><b>Pet Visits</b></p> <p><b>“Chaz” Friday’s</b></p> <p><b>1:45pm</b></p> <p><b>&amp; “Harvey”</b></p> <p><b>Monday’s at 1:45pm</b></p> <p><b>Friendly visits/ bedside visits daily at 12:45pm</b></p>		<p>1.9:15 Current Events 2, 4 10:15 Morning Stretch ML 10:15 Tea Social AR 10:15 Music Therapy 3rd 11:15 Current Events 3rd 11:15 Helping Hands 4th 12:00 Games &amp; Giggles ML 2:15 Hand Therapy U 2:15 Music Therapy 2 2:15 Sensory Stimulation AR 3:15 Hand &amp; Finger Dexterity 3:15 Bedside Music Therapy TO 4:00 Reading Group ML 4:00 Trivia 3rd, 4th 4:00 Walking Club MF 5:00 Fun &amp; Games ML 7:00 Hot Chocolate Social AR 7:00 On unit board Games U</p>	<p><b>2. Ground Hog Day</b> 9:15 Reminiscing 2 10:15 Morning Stretch AR 10:15 Sensory Stimulation ML 11:15 Helping Hands 3rd 12:00 Games &amp; Giggles ML 2:15 Crafts AR 2:15 Bedside Stretches TO 2:15 Fun &amp; Fitness ML 3:15 Walking Club MF 4:00 Card Games ML 4:00 Friendly visits 4:00 Doll Therapy TO 5:00 Fun &amp; Games ML 7:00 BINGO ML 7:00 Helping Hands U</p>	<p>3. 9:15 Reminiscing 2, 4 10:15 Morning Stretch AR 10:15 Sensory Stimulation ML 11:15 Reminiscing 3rd, 4th 12:00 Games &amp; Giggles ML 2:15 Horse Shoes 2nd 2:15 Ring Toss 3rd 2:15 Bean Bag Toss 4th <b>2:15 Super Bowl Fun &amp; Games ML</b> 3:15 Balloon Toss TO 4:00 Walking Club MF 4:00 Bedside Music Therapy TO 5:00 Fun &amp; Games ML 7:00 Tyndall Cinema ML 7:00 Relaxation Therapy AR</p>	<p>4. 9:15 Reminiscing 2 10:00 Hymn Sing ML 10:15 Reminiscing 3,4 11:15 Name that Tune 3rd 12:00 Games &amp; Giggles ML 2:15 Relaxation Therapy AR 2:15 Balloon Toss TO 2:15 Friendly visits 3:15 Bedside Stretch TO 3:15 Short Stories U 4:00 Helping Hands U 4:00 Current Events 3rd 5:00 Fun &amp; Games ML 7:00 Card Bingo ML</p>
<p><b>5. Super Bowl Sunday</b> 9:15 Bedside visits TO 10:15 Music Therapy 2 10:15 Sensory Stimulation AR 10:15 Balloon Toss TO 11:15 Trivia 3rd 11:15 Bedside visits 12:00 Games &amp; Giggles ML 2:15 Super Bowl Prep AR 2:15 Puzzles AR 2:15 Friendly visits 3:15 Walking Club MF 3:15 Hand Therapy TO 4:00 Doll Therapy AR 4:00 Reminiscing 5:00 Fun &amp; Games ML 7:00 Thumb Ball AR</p>	<p><b>6. Bob Marley/ Caribbean Day</b> 9:15 Bob Marley Trivia 10:15 Fun &amp; Fitness ML 10:15 Morning Stretch AR 11:15 Helping Hands 3rd , 4th 12:00 Games &amp; Giggles ML <b>2:00 Communion TO</b> <b>2:15 Bob Marley Jam ML</b> 2:15 Relaxation therapy AR 2:15 Bedside Music Therapy 3:15 Hand Therapy TO 3:15 Part 2 Tyndall Cinema ML 4:00 Helping Hands AR 4:00 Valentine’s Decorating 4:00 Walking Club MF 5:00 Fun &amp; Games ML 7:00 <b>Caribbean BINGO ML</b> 7:00 Board Games on unit</p>	<p>7. 9:15 Short Stories 2,4 9:45 Sensory Stimulation ML 10:15 Morning Stretch AR 10:15 Manicures 11:15 Short Stories 3rd 12:00 Games &amp; Giggles ML 2:15 Collage Making AR 2:15 Music Appreciation 2, 3, 4 2:15 Spelling Bee ML 3:15 Helping Hands AR 3:15 Bean Bag Toss 2nd 4:00 Walking Club MF 4:00 Relaxation Therapy ML 4:00 Trivia 3rd 5:00 Fun &amp; Games ML 7:00 Hot Chocolate Social AR</p>	<p>8. 9:15 Reminiscing 2, 4 10:15 Fun &amp; Fitness ML 10:15 Glamour Club AR 10:15 Bedside Music Therapy 10:15 Ring Toss 3rd 11:15 Short Stories U 12:00 Games &amp; Giggles ML <b>12:00 Takeout Lunch (sign up)</b> 2:15 Horse Races ML 2:15 Sensory Stimulation AR 2:15 Bedside stretches 2:15 Hand &amp; Finder Dexterity U 3:15 Afternoon Stretch ML 3:15 Bean Bag Toss 4th 4:00 Hindu Prayer AR 4:00 Friendly visits 4:00 Hand Therapy TO 4:00 Card BINGO ML 5:00 Fun &amp; Games ML 7:00 Men’s’ Club AR 7:00 Ladies Club ML</p>	<p>9. 10:15 Morning Stretch AR  10:15 Sensory Stimulation ML 11:15 Helping Hands 3rd 11:15 Current Events 3rd, 4th 12:00 Games &amp; Giggles ML 2:15 Ten Pin Bowling ML 2:15 Hand Therapy TO <b>2:15 Welcome Tea AR</b> 2:15 Bedside visits 3:15 Puzzles AR 3:15 Doll Therapy TO 4:00 Busy Hands TO 4:00 Hand &amp; Finger Dexterity TO 5:00 Fun &amp; Games ML 7:00 Relaxation Therapy AR 7:00 BINGO ML</p>	<p>10.9:15 Music Appreciation 2, 4 <b>10:00 Bible Study ML</b> 10:15 Bedside Stretches TO 10:15 Morning Stretch AR 10:15 Music Appreciation 3rd 11:15 Friendly visits 12:00 Games &amp; Giggles ML 2:15 Helping Hands 2, 4 2:15 Ring Toss 4th 2:15 Baking AR <b>2:15 Name that Face Black History Biography ML</b> 2:15 Bean Bag Toss 2nd 3:15 Walking Club MF/ U 3:15 Bedside Music Therapy TO 4:00 Afternoon Stretch AR 4:00 Reading Group 3rd 4:00 Hand Therapy TO 4:00 Reminiscing ML 5:00 Fun &amp; Games ML <b>7:00 Social Club with</b></p>	<p>11. 9:15 Reminiscing 2 10:00 Hymn Sing ML 10:15 Reminiscing 3,4 11:15 Name that Tune 3rd 12:00 Games &amp; Giggles ML 2:15 Doll Therapy TO 2:15 Bingo ML 2:15 Sensory Stimulation AR 3:15 Balloon Toss U 4:00 Helping Hands U 4:00 Current Events 3rd 5:00 Fun &amp; Games ML 7:00 Tyndall Cinema ML</p>
<p>12. 9:15 Current Events U 10:15 Bean Bag Toss 2 10:15 Horse Shoes 4th 11:15 Trivia 3rd 12:00 Games &amp; Giggles ML <b>ML 2:15 Salvation Army Church ML</b> 2:15 Relaxation Therapy AR 2:15 Bedside visits TO 3:15 Reminiscing Social 4th 4:00 Ring Toss 3rd 4:00 Doll Therapy AR 5:00 Fun &amp; Games ML 7:00 Discussion Group AR</p>	<p>13. 9:15 Reminiscing 2, 4 <b>10:15 Portuguese Spiritual Group with Sister Diane AR</b> 10:15 Fun &amp; Fitness ML 10:15 Helping Hands 2nd 11:15 Helping Hands 3rd 11:15 Hand Therapy TO 12:00 Games &amp; Giggles ML <b>2:00 Communion TO</b> 2:15 Valentine’s Ladies Club ML 2:15 Men’s Valentine’s craft AR 2:15 Horse Shoes 3rd 2:15 Ring Toss 4th 3:15 Bean Bag Toss 2nd 3:15 Part 2 Tyndall Cinema ML 4:00 Doll Therapy TO 5:00 Fun &amp; Games ML 7:00 BINGO ML</p>	<p>14. <b>Valentine’s Day</b> 9:15 Valentine Short Stories 2,4 9:45 Sensory Stimulation ML 10:15 Morning Stretch AR 10:15 Valentine’s Stories 3rd 11:15 Bedside Stretches TO 11:15 Short Stories 3rd 12:00 Games &amp; Giggles ML <b>2:15 Valentine’s Social with Kenny Joseph ML</b> 4:00 Walking Club MF 4:00 Helping Hands 3rd 4:00 Relaxation Therapy AR 4:00 Trivia 3rd 5:00 Fun &amp; Games ML 7:00 Board Games ML 7:00 Tea &amp; Toast Social AR</p>	<p>15. 9:15 Reminiscing 2, 4 10:15 Fun &amp; Fitness ML 10:15 Balloon Toss TO 10:15 Morning Stretch AR 10:15 Bedside Music Therapy 11:15 Helping Hands 3rd 11:15 Current Events 3rd, 4th 12:00 Games &amp; Giggles ML <b>1:00 Activity Dept. Meeting</b> 3:15 Sensory Stimulation AR 3:15 Friendly visits 4:00 Thumb Ball ML 4:00 Helping Hands AR 4:00 Hand &amp; Finger Dexterity TO 4:00 Card BINGO ML 5:00 Fun &amp; Games ML <b>7:00 Rosary ML</b> 7:00 Art Therapy</p>	<p>16. 9:15 Current Events 2, 4 <b>10:15 Heritage Museum Presentation ML</b> 10:15 Morning Stretch AR 11:15 Helping Hands 3rd 11:15 Current Events 3rd, 4th 12:00 Games &amp; Giggles ML 2:15 Horse Races ML 2:15 Hand Therapy TO 2:15 Music Therapy 3, 4 2:15 Doll Therapy TO 3:15 Thumb Ball AR 4:00 Busy Hands TO 4:00 Sensory Stimulation ML 5:00 Fun &amp; Games ML 7:00 BINGO ML 7:00 Bedside visits TO</p>	<p>17. 9:15 Music Appreciation 2, 4 10:15 Walking Club MF/ U 10:15 Glamour Club AR 10:15 Sensory Stimulation ML 11:15 Bedside Stretches TO 11:15 Music Appreciation 3rd 12:00 Games &amp; Giggles ML 2:15 Helping Hands 2, 4 2:15 Doll Therapy AR 2:15 Bean Bag Toss 3rd <b>2:15 Black History Month Discussion Group</b> 2:15 Ring Toss 4th 2:15 Hand &amp; Finger Dexterity TO 4:00 Reading Group AR 4:00 Balloon Toss TO 4:00 Reminiscing ML 5:00 Fun &amp; Games ML 7:00 Tyndall Cinema ML</p>	<p>18. 9:15 Reminiscing 2 10:00 Hymn Sing ML 10:15 Reminiscing 3,4 11:15 Helping Hands 3rd 11:15 Balloon Toss TO 12:00 Games &amp; Giggles ML <b>2:15 New Life Fellowship Church of God ML</b> 2:15 Boards Games 3, 4 2:15 Puzzles 2 3:15 Afternoon Stretch AR 3:15 Balloon Toss TO 4:00 Helping Hands AR 4:00 Bedside Music 5:00 Fun &amp; Games ML 7:00 Card Bingo ML</p>

February  
2017



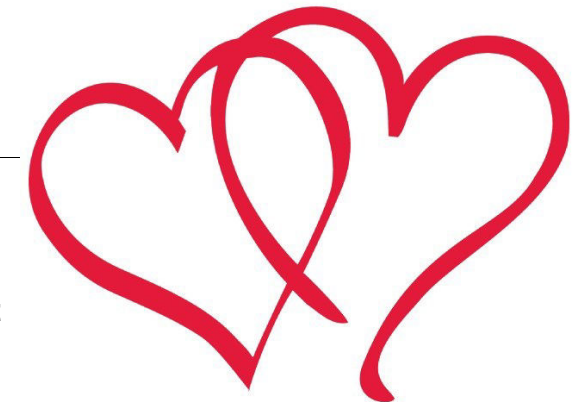
Tyndall Seniors  
Village  
Recreation Calendar  
Part ONE

# February 2017



# Part Two

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>19.</p> <p>9:15 Current Events 2, 4 10:15 Music Therapy ML 10:15 Bedsie Stretches 10:15 Tea Social AR 11:15 Puzzles 3rd 12:00 Games &amp; Giggles 2:15 Relaxation Therapy AR 2:15 Board Games U <b>2:30 Kingdom Covenant Center ML</b> 3:15 Doll Therapy TO 3:15 Friendly visits TO 4:00 Thumb Ball AR 4:00 Walking Club 5:00 Fun &amp; Games ML</p> <p>7:00 Discussion Group AR</p>	<p>20. <b>Family Day</b></p> <p>9:15 Reminiscing 2 10:15 Morning Stretch AR 10:15 Fun &amp; Fitness ML 11:15 Trivia 3rd 12:00 Games &amp; Giggles <b>2:00 Communion TO</b> <b>2:15 Family Games ML</b> 2:15 Bedside Visits TO 4:00 Relaxation Therapy AR 4:00 Dominoes ML 4:00 Walking Club MF 5:00 Fun &amp; Games ML 7:00 Hot Chocolate Social AR 7:00 Horse Races ML</p>	<p>21.</p> <p>9:15 Music Therapy 2,4 <b>10:00 Outing TBA (sign up)</b> 10:15 Sensory Stimulation ML 11:15 Hand &amp; Finger Dexterity 12:00 Games &amp; Giggles <b>2:15 Church of the Holy Spirit Anglican Service ML</b> 2:15 Art Therapy AR 2:15 Balloon Toss TO 3:15 Hand Therapy TO 4:00 Afternoon Stretch AR 4:00 Mini Golf ML 4:00 Reminiscing 3rd 5:00 Fun &amp; Games ML <b>7:00 Black History Month Travel to....ML</b></p>	<p>22.</p> <p>9:15 Reminiscing 2, 4 10:15 Fun &amp; Fitness ML 10:15 Helping Hands AR 10:15 Reminiscing 3rd 10:15 Trivia 4th 11:15 Current Events 3, 4 11:15 Hand &amp; Finger Dexterity TO 12:00 Games &amp; Giggles <b>2:15 Monthly Birthday Party Vivianne Castell ML</b> 4:00 Helping Hands U 4:00 Short Stories U 4:00 Bedside Music Therapy 4:00 Puzzles U 5:00 Fun &amp; Games ML 7:00 Sing- a -long ML 7:00 Helping Hands TO</p>	<p>23.</p> <p>9:15 Current Events 2 10:15 Music Therapy 2, 4 <b>10:00 Resident Council ML</b> 10:15 Morning Stretch AR 10:15 Bean Bag Toss 3rd 11:15 Bedside Music Therapy 11:15 Card Games 3rd 11:15 Friendly visits 12:00 Games &amp; Giggles <b>2:15 Black History Trivia ML</b> 2:15 Sensory Stimulation AR 2:15 Bedside visits 2:15 Helping Hands U 3:15 Walking Club MF 3:15 Ring Toss 2nd 4:00 Reading Group AR 4:00 Hand Therapy TO 4:00 Bean Bag Toss 4th 5:00 Fun &amp; Games 7:00 BINGO ML</p>	<p>24. <b>BLUE JEAN DAY</b> 9:15 Short Stories 2, 4 <b>10:00 Bible Study ML</b> 10:15 Morning Stretch AR 10:15 Bedside stretches 10:15 Word Games 3rd 11:15 Short Stories 3 12:00 Games &amp; Giggles 2:15 Card Games U 2:15 Ten Pin Bowling ML 2:15 Baking AR 2:15 Helping Hands U 2:15 Doll Therapy U 3:15 Word Games 2nd 4:00 Puzzles ML 4:00 Short Stories 3rd 4:00 Walking Club MF 4:00 Relaxation Therapy AR 5:00 Fun &amp; Games 7:00 Tyndall Cinema ML 7:00 Music Therapy U</p>	<p>25.</p> <p>9:15 Current Events 2, 4 10:00 Hymn Sing ML 10:15 Reminiscing 3rd 11:15 Name that tune 3rd 12:00 Games &amp; Giggles 2:15 Art Therapy AR 2:15 Ring Toss ML 2:15 Bedside visits 3:15 Busy Hands AR 4:00 Walking Club MF 4:00 Busy Hands 3 5:00 Fun &amp; Games 7:00 Card Bingo ML</p>
<p>26.</p> <p>9:15 Current Events U 10:15 Music Therapy ML 10:15 Morning Stretch AR 11:15 Current Events U 12:00 Games &amp; Giggles 2:15 Trivia &amp; Word Games ML 2:15 Bedside visits TO 2:15 Sensory Stimulation AR 3:15 Doll Therapy TO 4:00 Puzzles 3rd 4:00 Balloon Toss 4th 5:00 Fun &amp; Games ML 7:00 Sing-a-long ML</p>	<p>27.</p> <p>9:15 Reminiscing 2 10:15 Morning Stretch AR 10:15 Fun &amp; Fitness ML 10:15 Trivia 4 11:15 Balloon Toss TO 11:15 Reminiscing 3rd, 4th 12:00 Games &amp; Giggles <b>2:00 Communion TO</b> 2:15 Travel the World ML 2:15 Crafts 2:15 Hand &amp; Finger Dexterity TO 4:00 Bedside visits 3:15 Helping Hands AR 4:00 Hand Therapy U 4:00 Walking Club MF 5:00 Fun &amp; Games ML 7:00 BINGO ML 7:00 Music Therapy U</p>	<p>28. <b>Shrove Tuesday</b> 9:15 Music Therapy 2,4 10:15 Morning Stretch AR 10:15 Sensory Stimulation ML 10:15 Music Therapy 3 11:15 Friendly visits 11:15 Helping Hands 3rd 12:00 Games &amp; Giggles 2:15 Reminiscing Group U 2:15 Collage Making AR <b>2:00 Westminster United Church</b> 2:15 Bedside Stretches 2:15 Hand Therapy 2:15 Manicures 3:15 Ring Toss 2 3:15 Bean Bag Toss 3rd 4:00 Walking Club MF 4:00 Discussion Group AR 4:00 Card Games 3 4:00 Friendly visits 5:00 Fun &amp; Games ML 7:00 Relaxation Therapy 7:00 Reading Group U</p>	<p><b>Legend</b></p> <p><b>AR = Activity Room</b></p> <p><b>BP = Back Patio</b></p> <p><b>MF = Main Floor</b></p> <p><b>ML = Main Lounge</b></p> <p><b>TO—Touring</b></p> <p><b>U = Units</b></p> <p><b>UL = Unit Lounge</b></p>	<p><b>Pet Visits</b></p> <p><b>“Chaz” Friday’s</b></p> <p><b>1:45pm</b></p> <p><b>&amp; “Harvey”</b></p> <p><b>Monday’s at 1:45pm</b></p> <p><b>Friendly visits/ bedside visits daily at 12:45pm</b></p>	<p><b>Activities are subject to change according to resident needs or Management requirements</b></p>	



*Happy Valentines Day*

February  
2017



Tyndall Seniors  
Village  
Recreation Calendar  
Part TWO