



| Sun   | Mon  | Tue  | Wed  | Thu  | Fri  | Sat  |
|---|--|--|--|--|--|--|
| <p><b>Legend</b></p> <p><b>U = Units</b></p> <p><b>UL = Unit Lounge</b></p> <p><b>BP = Back Patio</b></p> <p><b>ML = Main Lounge</b></p> <p><b>AR = Activity Room</b></p> <p><b>MF = Main Floor</b></p>   | <p><b>Pet Visits</b></p> <p><b>“Chaz” Friday’s</b></p> <p><b>1:45pm</b></p> <p><b>&amp; “Harvey”</b></p> <p><b>Monday’s at 1:45pm</b></p> <p><b>Friendly visits/</b></p> <p><b>bedside visits daily at</b></p> <p><b>12:45pm</b></p>   | <p><b>Activities are subject</b></p> <p><b>to change according</b></p> <p><b>to resident needs or</b></p> <p><b>Management</b></p>   | <p><b>HAPPY</b></p> <p><b>NEW YEAR</b></p>   | <p><b>1. NEW YEARS DAY</b></p> <p>9:15 Reminiscing 2, 4</p> <p>10:15 Music Therapy 2nd, 4th</p> <p>11:15 Helping Hands 3rd</p> <p>12:00 Games &amp; Giggles ML</p> <p>2:15 Art Therapy AR</p> <p>2:15 New Year BINGO ML</p> <p>2:15 Ringo Toss 3rd</p> <p>3:15 Sensory Stimulation AR</p> <p>4:00 Walking Club MF</p> <p>4:00 Music Therapy 3rd</p> <p>5:00 Fun &amp; Games ML</p> <p>7:00 Tyndall Cinema :It’s a Wonderful Life”</p>  | <p><b>2.</b></p> <p>9:15 Reminiscing 2</p> <p>10:00 Hymn Sing ML</p> <p>10:15 Trivia 3rd</p> <p>11:15 Card Games 3rd</p> <p>12:00 Games &amp; Giggles</p> <p>2:15 Card Bingo AR</p> <p>2:15 Hand Therapy 2nd</p> <p>2:15 Bean Bag Toss ML</p> <p>3:15 Walking Club MF</p> <p>4:00 Short Stories 3rd, 4th</p> <p>5:00 Fun &amp; Games ML</p> <p>7:00 Horse Races ML</p>   |  |
| <p><b>3.</b></p> <p>9:15 Short Stories U</p> <p>10:15 Fun &amp; Fitness ML</p> <p>10:15 Art Therapy AR</p> <p>11:15 Puzzles 3rd</p> <p>12:00 Games &amp; Giggles</p> <p><b>2:15 New Covenant Church ML</b></p> <p>2:15 Reminiscing AR</p> <p>2:15 Ring Toss 4th</p> <p>3:15 Helping Hands U</p> <p>4:00 Doll Therapy U</p> <p>4:00 Thumb Ball 3rd</p> <p>5:00 Fun &amp; Games ML</p> <p>7:00 Sing-a-long ML</p>               | <p><b>4.</b></p> <p>9:15 Reminiscing 2</p> <p>9:45 Morning Stretch AR</p> <p>10:15 Fun &amp; Fitness ML</p> <p>11:15 Helping Hands 3rd</p> <p>12:00 Games &amp; Giggles ML</p> <p><b>2:00 Communion TO</b></p> <p>2:15 Parachute Games ML</p> <p>2:15 Collage making AR</p> <p>2:15 Hand &amp; Finger Dexterity TO</p> <p>3:15 Short Stories U</p> <p>4:00 Sensory Stimulation AR</p> <p>4:00 Busy Hands 3, 4th</p> <p>5:00 Fun &amp; Games ML</p> <p>7:00 Ladies Club ML</p> <p>7:00 Card Games AR</p>  | <p><b>5.</b></p> <p>9:15 Short Stories 2,4</p> <p>9:45 Fun &amp; Fitness ML</p> <p>10:15 Morning Stretch AR</p> <p>10:15 Music Therapy 2, 4</p> <p>11:15 Shorts Stories 3rd</p> <p>11:15 Busy Hands 4th</p> <p>12:00 Games &amp; Giggles ML</p> <p><b>2:15 Ken Muir Baptist Church ML</b></p> <p>2:15 Trivia 2, 4</p> <p>2:15 Short Stories 3rd</p> <p>2:15 Bedside Stretches</p> <p>3:15 Board Games AR</p> <p>3:15 Walking Club AR</p> <p>4:00 Music Therapy 3rd</p> <p>4:00 Reading Group ML</p> <p>4:00 Hand Therapy U</p> <p>5:00 Fun &amp; Games ML</p> <p>7:00 BINGO ML</p> | <p><b>6. Epiphany</b></p> <p>9:15 Current Events 2, 4</p> <p>9:45 Sensory Stimulation ML</p> <p>10:15 Tea Social AR</p> <p>10:15 Music Therapy 3rd</p> <p>11:15 Current Events 3rd</p> <p>11:15 Helping Hands 4th</p> <p>12:00 Games &amp; Giggles ML</p> <p><b>2:15 Roman Catholic Mass ML</b></p> <p>2:15 Hand Therapy U</p> <p>2:15 Reminiscing Social U</p> <p>3:15 Afternoon Stretch AR</p> <p>3:15 Current Events U</p> <p>4:00 Reading Group ML</p> <p>4:00 Trivia 3rd</p> <p>4:00 Walking Club MF</p> <p>5:00 Fun &amp; Games ML</p> <p>7:00 Sing-a-long ML</p> <p>7:00 Hot Chocolate Social AR</p>                | <p><b>7. Orthodox Christmas</b></p> <p>9:15 Reminiscing 2</p> <p>9:45 Morning Stretch AR</p> <p>10:15 Fun &amp; Fitness ML</p> <p>11:15 Helping Hands 3rd</p> <p>12:00 Games &amp; Giggles ML</p> <p>2:15 Crafts AR</p> <p>2:15 Bean Bag Toss ML</p> <p>2:15 Thumb Ball 3rd</p> <p>3:15 Walking Club MF</p> <p>4:00 Card Games ML</p> <p>4:00 Friendly visits</p> <p>5:00 Fun &amp; Games ML</p> <p>7:00 Horse Races ML</p>  | <p><b>8. Christmas Cleanup</b></p> <p>9:15 Reminiscing 2, 4</p> <p><b>10:00 Bible Study ML</b></p> <p>10:15 Travel Spa</p> <p>10:15 Bedside Stretches TO</p> <p>11:15 Reminiscing 3rd</p> <p>12:00 Games &amp; Giggles ML</p> <p>2:15 Men’s Club ML</p> <p>2:15 Ladies Club AR</p> <p>2:15 Trivia 2, 3, 4</p> <p>3:15 Afternoon Stretch AR</p> <p>4:00 Walking Club MF</p> <p>4:00 Reading Group AR</p> <p>4:00 Helping Hands U</p> <p>5:00 Fun &amp; Games ML</p> <p>7:00 Mini Golf ML</p> <p>7:00 Word Games AR</p>            | <p><b>9.</b></p> <p>9:15 Reminiscing 2</p> <p>10:00 Hymn Sing ML</p> <p>10:15 Reminiscing 3,4</p> <p>11:15 Name that Tune 3rd</p> <p>12:00 Games &amp; Giggles ML</p> <p>2:15 Horseshoes 2nd</p> <p>2:15 Thumb Ball 4th</p> <p>2:15 Travel to... ML</p> <p>3:15 Sensory Stimulation AR</p> <p>4:00 Helping Hands U</p> <p>4:00 Current Events 3rd</p> <p>5:00 Fun &amp; Games ML</p> <p>7:00 Card Bingo ML</p> |
| <p><b>10.</b></p> <p>9:15 Current Events U</p> <p>10:15 Bean Bag Toss 2</p> <p>10:15 Horse Shoes 4th</p> <p>11:15 Trivia 3rd</p> <p>12:00 Games &amp; Giggles ML</p> <p><b>2:15 Salvation Army Church ML</b></p> <p>2:15 Horse Shoes 2nd</p> <p>2:15 Thumb Ball AR</p> <p>2:15 Reminiscing Social 4th</p> <p>4:00 Ring Toss 3rd</p> <p>4:00 Doll Therapy AR</p> <p>5:00 Fun &amp; Games ML</p> <p>7:00 Ten Pin Bowling ML</p> | <p><b>11.</b></p> <p>9:15 Reminiscing 2, 4</p> <p>9:45 Music Therapy ML</p> <p>10:15 Morning Stretch AR</p> <p>10:15 Helping Hands 2nd</p> <p>11:15 Helping Hands 3rd</p> <p>12:00 Games &amp; Giggles ML</p> <p><b>2:00 Communion TO</b></p> <p>2:15 Travel to...ML</p> <p>2:15 Thumb Ball 2nd</p> <p>2:15 Bean Bag Toss 3rd</p> <p>2:15 Ring Toss 4th</p> <p>3:15 Hand Therapy TO</p> <p>4:00 Helping Hands AR</p> <p>4:00 Walking Club MF</p> <p>4:00 Doll Therapy TO</p> <p>4:00 Reminiscing 3rd</p> <p>5:00 Fun &amp; Games ML</p> <p>7:00 BINGO ML</p> <p>7:00 Crafts AR</p> | <p><b>12.</b></p> <p>9:15 Short Stories 2,4</p> <p>9:45 Sensory Stimulation ML</p> <p>10:15 Morning Stretch AR</p> <p>11:15 Short Stories 3rd</p> <p>12:00 Games &amp; Giggles ML</p> <p><b>2:15 Mississauga City Baptist Church ML</b></p> <p>2:15 Music Appreciation 3, 4</p> <p>2:15 Travel Spa TO</p> <p>3:15 Helping Hands AR</p> <p>4:00 Walking Club MF</p> <p>4:00 Relaxation Therapy ML</p> <p>4:00 Trivia 3rd</p> <p>5:00 Fun &amp; Games ML</p> <p>7:00 Horse Races ML</p>  | <p><b>13.</b></p> <p>9:15 Reminiscing 2, 4</p> <p>10:15 Fun &amp; Fitness ML</p> <p>10:15 Reading Group AR</p> <p>10:15 Bedside Music Therapy</p> <p>10:15 Balloon Toss TO</p> <p>11:15 Helping Hands 3rd</p> <p>11:15 Reminiscing 3rd, 4th</p> <p>12:00 Games &amp; Giggles ML</p> <p>2:15 Poetry Club AR</p> <p>2:15 Travel to...ML</p> <p>2:15 Bedside stretches</p> <p>2:15 Hand &amp; Finger Dexterity U</p> <p>3:15 Afternoon Stretch AR</p> <p>3:15 Scenic Tours</p> <p>4:00 Helping Hands AR</p> <p>4:00 Hand Therapy TO</p> <p>4:00 Card BINGO ML</p> <p>5:00 Fun &amp; Games ML</p> <p>7:00 Church of God ML</p> | <p><b>14. Orthodox Christmas</b></p> <p>9:15 Current Events 2, 4</p> <p>10:15 Morning Stretch AR</p> <p>10:15 Music Therapy 2nd, 3rd</p> <p>11:15 Helping Hands 3rd</p> <p>11:15 Current Events 3rd, 4th</p> <p>12:00 Games &amp; Giggles ML</p> <p>2:15 BINGO ML</p> <p>2:15 Hand Therapy TO</p> <p>2:15 Music Therapy 3, 4</p> <p>2:15 Thumb Ball AR</p> <p>3:15 Puzzles AR</p> <p>3:15 Doll Therapy TO</p> <p>4:00 Busy Hands TO</p> <p>4:00 Sensory Stimulation ML</p> <p>5:00 Fun &amp; Games ML</p> <p>7:00 Hot Chocolate Social AR</p> <p>7:00 Board Games ML</p> | <p><b>15</b></p> <p>9:15 Music Appreciation 2, 4</p> <p>10:15 Walking Club MF/ U</p> <p>10:15 Sensory Stimulation ML</p> <p>11:15 Music Appreciation 3rd</p> <p>12:00 Games &amp; Giggles ML</p> <p>2:15 Helping Hands 2, 4</p> <p>2:15 Baking AR</p> <p>2:15 Portuguese Reflections ML</p> <p>2:15 Name that tune 3rd</p> <p>4:00 Afternoon Stretch AR</p> <p>4:00 Reading Group 3rd</p> <p>4:00 Walking Club</p> <p>4:00 Reminiscing ML</p> <p>5:00 Fun &amp; Games ML</p> <p><b>7:00 Social Club with Gerry Larkin ML</b></p> | <p><b>16.</b></p> <p>9:15 Reminiscing 2</p> <p>10:00 Hymn Sing ML</p> <p>10:15 Reminiscing 3,4</p> <p>11:15 Helping Hands 3rd</p> <p>12:00 Games &amp; Giggles ML</p> <p><b>2:15 New Life Fellowship Church of God ML</b></p> <p>2:15 Boards Games 3</p> <p>3:15 Board Games 4</p> <p>4:00 Helping Hands AR</p> <p>5:00 Fun &amp; Games ML</p>   |

January  
2016



Tyndall Seniors  
Village  
Recreation Calendar  
Part ONE