

January 2016



Part Two

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
<p>17.</p> <p>9:15 Current Events 2, 4 10:15 Music Therapy ML 10:15 Tea Social AR 11:15 Puzzles 3rd 12:00 Games & Giggles 2:15 Kingdom Covenant Center ML 2:15 Board Games 2 3:15 Doll Therapy TO 4:00 Thumb Ball AR 5:00 Fun & Games ML</p>	<p>18.</p> <p>9:15 Reminiscing 2 9:45 Morning Stretch AR 10:15 Fun & Fitness ML 10:45 Balloon Toss TO 11:15 Trivia 3rd 12:00 Games & Giggles 2:00 Communion TO 2:15 Knitting club AR 2:15 Ten Pin Bowling ML 3:15 Relaxation Therapy ML 4:00 Travel Spa 4:00 Dominoes ML 4:00 Walking Club MF 5:00 Fun & Games ML 7:00 Hot Chocolate Social AR 7:00 Horse Races ML</p>	<p>19.</p> <p>9:15 Music Therapy 2,4 10:00 Bus outing (sign up) 10:15 Sensory Stimulation ML 10:15 Walking Club MF 11:15 Bedside stretches 3, 4 11:15 Art therapy 3rd 12:00 Games & Giggles 2:15 Church of the Holy Spirit Anglican Service ML 2:15 Hand & Finger Dexterity TO 2:15 Reading Group 2nd, 4 3:15 Helping Hands AR 3:15 Puzzles 2nd 4:00 Card Games 3 4:00 Afternoon Stretch ML 5:00 Fun & Games ML 7:00 BINGO ML</p>	<p>20.</p> <p>9:15 Reminiscing 2, 4 9:45 Fun & Fitness ML 10:15 Helping Hands AR 10:15 Reminiscing 3rd 10:15 Trivia 4th 11:15 Current Events 3, 4 11:15 Hand & Finger Dexterity 3rd 12:00 Games & Giggles 1:00 Activity Dept. Meeting 4:00 Helping Hands U 4:00 Thumb Ball AR 5:00 Fun & Games ML 7:00 Sing-a-long ML</p>	<p>21.</p> <p>9:15 Current Events 2 10:15 Music Therapy 2, 3 10:00 Heritage Museum Presentation ML 10:15 Morning Stretch AR 11:15 Music Therapy 4th 11:15 Card Games 3rd 12:00 Games & Giggles 2:15 BINGO ML 2:15 Name that Thing AR 2:15 Bedside visits 2:15 Helping Hands U 3:15 Music Therapy 4th 3:15 Sensory Stimulation ML 4:00 Reading Group AR 4:00 Hand Therapy TO 5:00 Fun & Games 7:00 Hot Chocolate Social AR</p>	<p>22.</p> <p>9:15 Short Stories 2, 4 10:00 Bible Study ML 10:15 Travel Spa 10:15 Bedside stretches 11:15 Word Games 3rd 12:00 Games & Giggles 2:15 Card Games U 2:15 Portuguese Reflections AR 2:15 Thumb Ball ML 2:15 Doll Therapy U 3:15 Friendly visits TO 4:00 Puzzles ML 4:00 Short Stories 3rd 4:00 Walking Club MF 4:00 Relaxation Therapy AR 5:00 Fun & Games 7:00 Glamour Club AR 7:00 Men's Club ML</p>	<p>23.</p> <p>9:15 Reminiscing 2 10:00 Hymn Sing ML 10:15 Reminiscing 3rd 11:15 Name that tune 3rd 12:00 Games & Giggles 2:15 Art Therapy AR 2:15 Ring Toss ML 2:15 Poetry Club 4th 3:15 Busy Hands AR 4:00 Walking Club MF 4:00 Busy Hands 3 5:00 Fun & Games 7:00 Tyndall Cinema ML</p>	
<p>24.</p> <p>9:15 Current Events U 10:15 Trivia & Word Games ML 10:15 Morning Stretch AR 11:15 Current Events 3rd 12:00 Games & Giggles 2:15 Applewood Heights Gospel Hall ML 2:15 Board Games U 3:15 Doll Therapy TO 4:00 Music Therapy 3rd 4:00 Balloon Toss 4th 5:00 Fun & Games ML 7:00 Horse Races ML</p>	<p>25. Robbie Burn's Day</p> <p>9:15 Reminiscing 2 9:45 Morning Stretch AR 10:15 Fun & Fitness ML 10:15 Trivia 4 10:45 Balloon Toss TO 11:15 Reminiscing 3rd, 4th 12:00 Games & Giggles 2:00 Communion TO 2:15 Baking Short bread AR 2:15 Travel to Scotland ML 2:15 Bedside visits 3:15 Reading Group ML 3:15 Helping Hands AR 4:00 Hand Therapy U 4:00 Walking Club MF 5:00 Fun & Games ML 7:00 Scottish Trivia & Word Games ML 7:00 Relaxation Therapy AR</p>	<p>26.</p> <p>9:15 Music Therapy 2,4 10:15 Morning Stretch AR 10:15 Sensory Stimulation ML 11:15 Helping Hands 3rd 12:00 Games & Giggles 2:15 Reminiscing Group U 2:15 Collage Making AR 2:15 Westminster United Church RH 3:15 Thumb Ball ML 4:00 Bean Bag Toss 3rd 4:00 Walking Club MF 4:00 Card Games 3 5:00 Fun & Games ML 7:00 BINGO ML</p>	<p>27.</p> <p>9:15 Reminiscing 2, 4 9:45 Fun & Fitness ML 10:15 Bean Bag Toss 3rd 10:15 Walking Club MF 10:15 Morning Stretch AR 11:15 Reminiscing 3rd 12:00 Games & Giggles 2:15 Monthly Birthday Party with Kenny Joseph ML 2:15 Helping Hands 2nd 4:00 Name that Tune 3 4:00 Sensory Stimulation ML 5:00 Fun & Games ML 7:00 Ten Pin Bowling ML</p>	<p>28.</p> <p>9:15 Current Events 2 10:00 Resident Council Meeting ML 10:15 Walking Club MF 10:15 Morning Stretch AR 11:15 Balloon Toss TO 12:00 Games & Giggles 2:15 High Roller ML 2:15 Hand & Finger Dexterity AR 2:15 Crafts AR 2:15 Bedside visits 3:15 Sensory Stimulation ML 4:00 Reading Group AR 4:00 Hand Therapy TO 5:00 Fun & Games 7:00 Hot Chocolate & Reminiscing ML 7:00 Board Games AR</p>	<p>29.</p> <p>9:15 Short Stories 2, 4 10:15 Sensory Stimulation ML 11:15 Helping Hands 3rd 12:00 Games & Giggles 2:15 Ladies Club AR 2:15 Fun & Fitness ML 2:15 Hand Therapy 2nd 2:15 Bean Bag Toss 4th 3:15 Afternoon Stretch AR 4:00 Horse Shoes ML 4:00 Puzzles 3rd 4:00 Hand & Finger Dexterity AR 5:00 Fun & Games 7:00 Portuguese Reflections ML 7:00 Card BINGO AR</p>	<p>30.</p> <p>9:15 Reminiscing 2 10:00 Hymn Sing ML 10:15 Reminiscing 4th 11:15 Reminiscing 3rd 12:00 Games & Giggles 2:15 Sensory Stimulation ML 2:15 Reading Group AR 2:15 Hand & Finger Dexterity TO 3:15 Walking Club MF 4:00 Dominoes ML 4:00 Busy Hands 3 5:00 Fun & Games 7:00 Tyndall Cinema ML</p>	
<p>31.</p> <p>9:15 Current Events U</p> <p>10:15 Parachute Games ML 10:15 Morning Stretch AR 11:15 Helping Hands 3rd 12:00 Games & Giggles 2:15 Board Games U 2:15 Sing-a-long ML 3:15 Doll Therapy TO 4:00 Music Therapy 3rd 4:00 Balloon Toss 4th 5:00 Fun & Games ML 7:00 Trivia & Word Games ML</p>							

January
2016



Tyndall Seniors
Village
Recreation Calendar
Part TWO