



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>1. Happy New Year!</p> <p>9:15 New Years Memories 2,4 10:15 Fun & Fitness ML 10:15 Friendly visits TO 10:15 Sensory Stimulation AR 11:15 Puzzles 3rd 12:00 Games & Giggles 2:15 Bedside Visits TO 2:15 Reminiscing Tea Social AR 2:15 Ring Toss 4th 2:15 Balloon Toss TO 3:15 Helping Hands U 4:00 Doll Therapy U 4:00 Hand & Finger Dexterity 4:00 Thumb Ball 3rd 5:00 Fun & Games ML 7:00 Music Therapy U</p> 	<p>2.</p> <p>9:15 Reminiscing 2 10:15 Morning Stretch AR 10:15 Sensory Stimulation ML 11:15 Helping Hands 3rd 12:00 Games & Giggles ML 2:00 Communion TO 2:15 BINGO 2:15 Collage making AR 2:15 Hand & Finger Dexterity TO 3:15 Short Stories U 4:00 Bedside Stretches TO 4:00 Busy Hands 3, 4th 5:00 Fun & Games ML 7:00 Ladies Club ML 7:00 Men's Club ML</p>	<p>3.</p> <p>9:15 Short Stories 2,4 10:15 Fun & Fitness ML 10:15 Morning Stretch AR 10:15 Music Therapy 2, 4 11:15 Shorts Stories 3rd 11:15 Busy Hands 4th 12:00 Games & Giggles ML 2:15 Ten Pin Bowling ML 2:15 Puzzles U 2:15 Relaxation Therapy AR 2:15 Bedside Stretches 2:15 Friendly visits TO 3:15 Board Games AR 3:15 Walking Club AR 4:00 Music Therapy 3rd 4:00 Reading Group ML 4:00 Hand Therapy U 5:00 Fun & Games ML 7:00 Sing-a-long ML</p>	<p>4.</p> <p>9:15 Current Events 2, 4 10:15 Sensory Stimulation ML 10:15 Tea Social AR 10:15 Music Therapy 3rd 11:15 Current Events 3rd 11:15 Helping Hands 4th 12:00 Games & Giggles ML 2:15 Roman Catholic Mass ML 2:15 Hand Therapy U 2:15 Music Therapy 2 2:15 Afternoon Stretch AR 2:15 Current Events 3 3:15 Hand & Finger Dexterity 3:15 Bedside Music Therapy TO 4:00 Reading Group ML 4:00 Trivia 4th 4:00 Walking Club MF 5:00 Fun & Games ML 7:00 Hot Chocolate Social AR</p>	<p>5.</p> <p>9:15 Reminiscing 2 10:15 Morning Stretch AR 10:15 Fun & Fitness ML 10:15 Manicures TO 11:15 Helping Hands 3rd 12:00 Games & Giggles ML 2:15 Crafts AR 2:15 Bedside Stretches TO 2:15 Sensory Stimulation ML 3:15 Walking Club MF 4:00 Card Games ML 4:00 Friendly visits 5:00 Fun & Games ML 7:00 BINGO ML</p>	<p>6. Epiphany</p> <p>9:15 Reminiscing 2, 4 10:15 Morning Stretch AR 10:15 Sensory Stimulation ML 10:15 Hand Therapy TO 11:15 Reminiscing 3rd, 4th 12:00 Games & Giggles ML 2:15 Trivia & Word Games ML 2:15 Bedside Music Therapy TO 2:15 Ring Toss 4th 2:15 Bean Bag Toss 3rd 2:15 Relaxation Therapy AR 3:15 Horse Shoes 2nd 3:15 Balloon Toss TO 4:00 Walking Club MF 4:00 Reading Group AR 4:00 Helping Hands U 5:00 Fun & Games ML 7:00 Tyndall Cinema ML</p>	<p>7. Orthodox Christmas</p> <p>9:15 Reminiscing 2 10:00 Hymn Sing ML 10:15 Reminiscing 3,4 11:15 Name that Tune 3rd 12:00 Games & Giggles ML 2:15 Herat Lake Seventh Day Adventist Children's Group ML 2:15 Relaxation Therapy AR 2:15 Balloon Toss TO 3:15 Bedside Stretch TO 4:00 Helping Hands U 4:00 Current Events 3rd 5:00 Fun & Games ML 7:00 Card Bingo ML</p>
<p>8.</p> <p>9:15 Bedside visits TO 10:15 Bean Bag Toss 2 10:15 Horse Shoes 4th 11:15 Trivia 3rd 12:00 Games & Giggles ML 2:15 Salvation Army Church ML 2:15 Puzzles AR 3:15 Hand Therapy TO 4:00 Doll Therapy AR 5:00 Fun & Games ML</p>	<p>9. Christmas Clean up</p> <p>9:15 Reminiscing 2, 4 10:15 Music Therapy ML 10:15 Morning Stretch AR 11:15 Helping Hands 3rd 12:00 Games & Giggles ML 2:00 Communion TO 2:15 BINGO ML 2:15 Christmas Clean up 3:15 Hand Therapy TO 4:00 Helping Hands AR 4:00 Walking Club MF 5:00 Fun & Games ML 7:00 Sing-a-long ML</p>	<p>10.</p> <p>9:15 Short Stories 2,4 9:45 Sensory Stimulation ML 10:15 Morning Stretch AR 11:15 Short Stories 3rd 12:00 Games & Giggles ML 2:15 Mississauga City Baptist Church ML 2:15 Music Appreciation 2, 3, 4 2:15 Spelling Bee AR 3:15 Helping Hands AR 4:00 Walking Club MF 4:00 Relaxation Therapy ML 4:00 Trivia 3rd 5:00 Fun & Games ML 7:00 Board Games on unit 7:00 Tea & Toast Social AR</p>	<p>11.</p> <p>9:15 Reminiscing 2, 4 10:15 Fun & Fitness ML 10:15 Glamour Club AR 10:15 Bedside Music Therapy 11:15 Helping Hands 3rd 12:00 Games & Giggles ML 2:15 Horse Races ML 2:15 Sensory Stimulation AR 2:15 Bedside stretches 2:15 Hand & Finder Dexterity U 3:15 Afternoon Stretch AR 4:00 Helping Hands AR 4:00 Hand Therapy TO 4:00 Card BINGO ML 5:00 Fun & Games ML 7:00 Art Therapy AR</p>	<p>12.</p> <p>9:15 Current Events 2, 4 10:15 Morning Stretch AR 10:15 Music Therapy 2nd, 3rd 11:15 Helping Hands 3rd 11:15 Current Events 3rd, 4th 12:00 Games & Giggles ML 2:15 Ten Pin Bowling ML 2:15 Hand Therapy TO 2:15 Trivia 3, 4 2:15 Bedside visits 3:15 Puzzles AR 3:15 Doll Therapy TO 4:00 Busy Hands TO 4:00 Sensory Stimulation ML 5:00 Fun & Games ML 7:00 Relaxation Therapy AR 7:00 BINGO ML</p>	<p>13.</p> <p>9:15 Music Appreciation 2, 4 10:00 Bible Study ML 10:15 Walking Club MF/ U 10:15 Sensory Stimulation ML 11:15 Music Appreciation 3rd 12:00 Games & Giggles ML 2:15 Helping Hands 2, 4 2:15 Baking AR 2:15 Travel To...ML 2:15 Name that tune 3rd 3:16 Bedside Music Therapy TO 4:00 Afternoon Stretch AR 4:00 Reading Group 3rd 4:00 Walking Club 4:00 Reminiscing ML 5:00 Fun & Games ML 7:00 Hand Therapy U 7:00 Tyndall Cinema ML</p>	<p>14. Orthodox New Year</p> <p>15.</p> <p>9:15 Reminiscing 2 10:00 Hymn Sing ML 10:15 Reminiscing 3,4 11:15 Name that Tune 3rd 12:00 Games & Giggles ML 2:15 Doll Therapy TO 2:15 Bingo ML 2:15 Sensory Stimulation AR 3:15 Balloon Toss U 4:00 Helping Hands U 4:00 Current Events 3rd 5:00 Fun & Games ML 7:00 Card Bingo ML</p>
<p>15.</p> <p>9:15 Current Events U 10:15 Bean Bag Toss 2 10:15 Horse Shoes 4th 11:15 Trivia 3rd 12:00 Games & Giggles ML 2:15 Kingdom Covenant Church ML 2:15 Relaxation Therapy AR 2:15 Bedside visits TO 3:15 Reminiscing Social 4th 4:00 Ring Toss 3rd 4:00 Doll Therapy AR 5:00 Fun & Games ML 7:00 Discussion Group AR</p>	<p>16.</p> <p>9:15 Reminiscing 2, 4 9:45 Music Therapy ML 10:15 Morning Stretch AR 10:15 Helping Hands 2nd 11:15 Helping Hands 3rd 12:00 Games & Giggles ML 2:00 Communion TO 2:15 BINGO ML 2:15 Helping Hands AR 2:15 Bean Bag Toss 3rd 2:15 Ring Toss 4th 3:15 Hand Therapy TO 4:00 Short Stories 3 4:00 Walking Club MF 4:00 Doll Therapy TO 5:00 Fun & Games ML 7:00 Tea & Toast Social 7:00 Music Therapy U</p>	<p>17.</p> <p>9:15 Short Stories 2,4 9:45 Sensory Stimulation ML 10:00 Outing TBA (sign up) 10:15 Morning Stretch AR 11:15 Short Stories 3rd 12:00 Games & Giggles ML 2:15 Church of the Holy Spirit 2:15 Music Appreciation 3, 4 2:15 Art Therapy AR 3:15 Helping Hands AR 4:00 Walking Club MF 4:00 Relaxation Therapy ML 4:00 Trivia 3rd 5:00 Fun & Games ML 7:00 Board Games ML</p>	<p>18.</p> <p>9:15 Reminiscing 2, 4 10:15 Fun & Fitness ML 10:15 Reading Group AR 10:15 Bedside Music Therapy 11:15 Helping Hands 3rd 11:15 Reminiscing 3rd, 4th 12:00 Games & Giggles ML 2:15 Bedside stretches 2:15 Name that Face Biography ML 2:15 Hand & Finder Dexterity U 3:15 Afternoon Stretch AR 3:15 Friendly visits 4:00 Helping Hands AR 4:00 Card BINGO ML 5:00 Fun & Games ML 7:00 Rosary ML</p>	<p>19</p> <p>9:15 Current Events 2, 4 10:15 Heritage Museum Presentation ML 10:15 Morning Stretch AR 10:15 Bedside Stretch TO 11:15 Helping Hands 3rd 12:00 Games & Giggles ML 11:15 Current Events 3rd, 4th 12:00 Games & Giggles ML 2:15 Horse Races ML 2:15 Hand Therapy TO 2:15 Music Therapy 3, 4 2:15 Doll Therapy TO 3:15 Thumb Ball AR 4:00 Busy Hands TO 4:00 Sensory Stimulation ML 5:00 Fun & Games ML 7:00 BINGO ML</p>	<p>20.</p> <p>9:15 Music Appreciation 2, 4 10:15 Walking Club MF/ U 10:15 Sensory Stimulation ML 11:15 Music Appreciation 3rd 12:00 Games & Giggles ML 2:15 Helping Hands 2, 4 2:15 Baking AR 2:15 Fun & Fitness ML 2:15 Name that tune 3rd 4:00 Hand & Finger Dexterity TO 4:00 Reading Group AR 4:00 Reminiscing ML 5:00 Fun & Games ML 7:15 Social Club with Francis DeMello ML</p>	<p>21.</p>  <p>9:15 Reminiscing 2 10:00 Hymn Sing ML 10:15 Reminiscing 3,4 11:15 Helping Hands 3rd 12:00 Games & Giggles ML 2:15 New Life Fellowship Church of God ML 2:15 Boards Games 3 2:15 Crafts AR 3:15 Board Games 4 3:15 Afternoon Stretch AR 3:15 Balloon Toss TO 4:00 Helping Hands AR 4:00 Bedside Music 5:00 Fun & Games ML 7:00 Tyndall Cinema ML</p>

January
2017



Tyndall Seniors
Village
Recreation Calendar
Part ONE

January 2017



Part Two

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>22.</p> <p>9:15 Current Events 2, 4 10:15 Music Therapy ML 10:15 Bedsie Stretches 10:15 Tea Social AR 11:15 Puzzles 3rd 12:00 Games & Giggles 2:15 Kingdom Covenant Center ML 2:15 Relaxation Therapy AR 2:15 Board Games U 3:15 Doll Therapy TO 3:15 Friendly visits TO 4:00 Thumb Ball AR 4:00 Walking Club 5:00 Fun & Games ML</p> <p>7:00 Discussion Group AR</p>	<p>23.</p> <p>9:15 Reminiscing 2 10:15 Morning Stretch AR 10:15 Fun & Fitness ML 11:15 Trivia 3rd 12:00 Games & Giggles 2:00 Communion TO 2:15 Knitting club AR 2:15 BINGO ML 2:15 Bedside Visits TO 3:15 Relaxation Therapy AR 4:00 Manicures 4:00 Dominoes ML 4:00 Walking Club MF 5:00 Fun & Games ML 7:00 Hot Chocolate Social AR 7:00 Horse Races ML</p>	<p>24.</p> <p>9:15 Music Therapy 2,4 10:15 Sensory Stimulation ML 10:15 Morning Stretch ML 10:15 Bedside stretches 3 11:15 Reminiscing 3rd 11:15 Hand & Finger Dexterity 12:00 Games & Giggles 2:15 Church of the Holy Spirit Anglican Service ML 2:15 Baking Short bread AR 2:15 Balloon Toss TO 2:15 Hand Therapy TO 3:15 Helping Hands AR 3:15 Puzzles 2nd 4:00 Card Games 3 4:00 Walking Club MF 4:00 Doll Therapy TO 5:00 Fun & Games ML 7:00 Travel to Scotland ML</p>	<p>25. Robbie Burn's Day</p> <p>9:15 Reminiscing 2, 4 10:15 Fun & Fitness ML 10:15 Helping Hands AR 10:15 Reminiscing 3rd 10:15 Trivia 4th 11:15 Current Events 3, 4 11:15 Hand & Finger Dexterity 12:00 Games & Giggles 2:15 Monthly Birthday Party with Kenny Joseph ML 4:00 Helping Hands U 4:00 Short Stories U 5:00 Fun & Games ML 7:00 Sing- a -long ML 7:00 Helping Hands TO</p>	<p>26.</p> <p>9:15 Current Events 2 10:15 Music Therapy 2, 4 10:00 Resident Council ML 10:15 Morning Stretch AR 10:15 Bean Bag Toss 3rd 11:15 Bedside Music Therapy 11:15 Card Games 3rd 11:15 Friendly visits 12:00 Games & Giggles 2:15 Horse Races ML 2:15 Sensory Stimulation AR 2:15 Bedside visits 2:15 Helping Hands U 3:15 Walking Club MF 3:15 Ring Toss 2nd 4:00 Reading Group AR 4:00 Hand Therapy TO 4:00 Bean Bag Toss 4th 5:00 Fun & Games 7:00 Board Games U 7:00 BINGO ML</p>	<p>27.</p> <p>9:15 Short Stories 2, 4 10:00 Bible Study ML 10:15 Morning Stretch AR 10:15 Bedside stretches 10:15 Scenic Tours 11:15 Word Games 3rd 11:15 Short Stories 3 12:00 Games & Giggles 2:15 Card Games U 2:15 Ten Pin Bowling ML 2:15 Baking AR 2:15 Helping Hands U 2:15 Doll Therapy U 3:15 Friendly visits TO 3:15 Word Games 2nd 4:00 Puzzles ML 4:00 Short Stories 3rd 4:00 Walking Club MF 4:00 Relaxation Therapy AR 5:00 Fun & Games 7:00 Tyndall Cinema ML 7:00 Music Therapy U</p>	<p>28. Chinese New Year</p> <p>9:15 Chinese Zodiac Readings 10:00 Hymn Sing ML 10:15 Reminiscing 3rd 11:15 Name that tune 3rd 12:00 Games & Giggles 2:15 Art Therapy AR 2:15 Ring Toss ML 2:15 Bedside visits 3:15 Busy Hands AR 4:00 Walking Club MF 4:00 Busy Hands 3 5:00 Fun & Games 7:00 Card Bingo ML</p>
<p>29.</p> <p>9:15 Current Events U 10:15 Trivia & Word Games ML 10:15 Morning Stretch AR 11:15 Current Events 3rd 12:00 Games & Giggles 2:15 Applewood Heights Gospel Hall ML 2:15 Board Games U 3:15 Doll Therapy TO 4:00 Music Therapy 3rd 4:00 Balloon Toss 4th 5:00 Fun & Games ML 7:00 Sing-a-long ML</p>	<p>30.</p> <p>9:15 Reminiscing 2 10:15 Morning Stretch AR 10:15 Fun & Fitness ML 10:15 Trivia 4 11:15 Balloon Toss TO 11:15 Reminiscing 3rd, 4th 12:00 Games & Giggles 2:00 Communion TO 2:15 BINGO ML 2:15 Chinese Lantern Making 3:15 Bedside visits 3:15 Helping Hands AR 4:00 Hand Therapy U 4:00 Walking Club MF 5:00 Fun & Games ML 7:00 Discussion Group ML 7:00 Relaxation Therapy AR</p>	<p>31.</p> <p>9:15 Music Therapy 2,4 10:15 Morning Stretch AR 10:15 Sensory Stimulation ML 10:15 Music Therapy 3 11:15 Friendly visits 11:15 Helping Hands 3rd 12:00 Games & Giggles 2:15 Reminiscing Group U 2:15 Collage Making AR 2:15 Westminster United Church 2:15 Bedside Stretches 2:15 Hand Therapy 2:15 Manicures 3:15 Ring Toss 2 3:15 Bean Bag Toss 3rd 4:00 Walking Club MF 4:00 Discussion Group AR 4:00 Card Games 3 5:00 Fun & Games ML 7:00 BINGO ML 7:00 Reading Group U</p>				

January
2017



Tyndall Seniors
Village
Recreation Calendar
Part TWO