


SUN	Mon	Tue	Wed	Thu	Fri	Sat	
<p>Activities are subject to change according to resident needs or Management</p>	<p><u>Pet Visits</u></p> <p>“Chaz” Friday’s</p> <p>1:45pm</p> <p>& “Harvey”</p> <p>Monday’s at 1:45pm</p> <p>Friendly visits/ bedside visits daily at 12:45pm</p>	<p><u>Legend</u></p> <p>AR = Activity Room</p> <p>BP = Back Patio</p> <p>MF = Main Floor</p> <p>ML = Main Lounge</p> <p>TO—Touring</p> <p>U = Units</p> <p>UL = Unit Lounge</p>	 <p>HAPPY CANADA DAY!</p>	<p>Look for Canadian Themed activities through out the month.</p> <p>If you have any pictures, souvenirs or other items to share for anywhere in Canada please feel free to bring them in to share at any of the programs.</p> <p>HAPPY CANADA DAY!</p>	<p>1. CANADA DAY</p> <p>9:15 Reminiscing 2, 4 10:15 Morning Stretch AR 10:15 Trivia 2,3,4 11:15 Helping Hands 3, 4 12:00 Games & Giggles ML 2:15 Canada Day Celebration on the Patio with Bill Dearling 4:00 Music Therapy 3rd, 4th 4:00 Walking Club MF 5:00 Fun & Games ML 7:00 Tyndall Cinema ML</p>	<p>2.</p> <p>9:15 Reminiscing 2 10:00 Hymn Sing ML 10:15 Trivia 4th 11:15 Card Games 3rd 12:00 Games & Giggles 2:15 Card Bingo AR 2:15 Reminiscing 4th 2:15 Heart Lake Seventh Day Adventist Children’s Group 3:15 Outdoor Walking Club 4:00 Music Therapy 3rd 4:00 Doll Therapy TO 5:00 Fun & Games ML 7:00 Mini Golf ML</p>	
	<p>3.</p> <p>9:15 Short Stories U 10:15 Fun & Fitness ML 10:15 Tea Social AR 11:15 Puzzles 3rd 12:00 Games & Giggles 2:15 New Covenant Church ML 2:15 Reminiscing 3, 4 3:15 Helping Hands U 4:00 Thumb Ball 3rd 4:00 Scenic Tours 5:00 Fun & Games ML 7:00 Ten Pin Bowling ML</p>	<p>4. 9:15 Reminiscing 2 9:45 Morning Stretch AR 10:15 Fun & Fitness ML 10:15 Music Therapy 3rd 11:15 Reminiscing 3rd, 4th 12:00 Games & Giggles ML 2:15 Communion TO 2:15 BINGO Patio 2:15 Sensory Stimulation AR 3:15 Short Stories U 3:15 Scenic Tours 4:00 Hand & Finger Dexterity TO 4:00 Board Games 3, 4th 5:00 Fun & Games ML 7:00 Horse Races ML</p>	<p>5. 9:15 Current Events 2, 4 9:45 Fun & Fitness ML 10:15 Morning Stretch AR 10:15 Music Therapy all floors on the Patio 11:15 Short Stories 3rd 12:00 Games & Giggles ML 2:15 Art therapy—Finger painting AR 2:15 Trivia 2, 3, 4 (Patio) 2:15 Sensory Stimulation ML 3:15 Outdoor Walking Club MF 3:15 Scenic Tours 4:00 Music Therapy 3rd 4:00 Reading Group ML 4:00 Hand Therapy U 5:00 Fun & Games ML 7:00 Sing-a-long ML</p>	<p>6.</p> <p>9:15 Short Stories 2, 4 9:45 Fun & Fitness ML 10:15 Morning Stretch AR 10:15 Outdoor Chat 11:15 Current Events 3rd 1-4pm Tyndall’s Cook Off 4:00 Doll Therapy TO 4:00 Scenic Tours 4:00 Walking Club MF 5:00 Fun & Games ML 7:00 Tea & Toast Social AR</p>	<p>7. 9:15 Reminiscing 2 9:45 Morning Stretch AR 10:15 Sensory Stimulation ML 11:15 Scenic Tours 11:15 Helping Hands 3rd, 4th 12:00 Games & Giggles ML 2:15 Ice Cream on the Patio 2:15 Music Therapy 2nd 2:15 Bean Bag Toss 3rd (Patio) 3:15 Walking Club MF 3:15 Helping Hands AR 4:00 Relaxation Therapy AR 4:00 Friendly visits 5:00 Fun & Games ML 7:00 Mini Golf ML</p>	<p>8.</p> <p>9:15 Reminiscing 2, 4 10:00 Bible Study ML 10:15 Bedside Music Therapy TO 10:15 Morning Stretch AR 11:15 Helping Hands Patio 12:30 BBQ Lunch 2nd sitting 2:15 Canadian Bingo 2:15 Portuguese Reflections Patio 2:15 Hand & Finger Dexterity TO 3:15 Scenic Tours 4:00 Bedside stretches 4:00 Thumb Ball AR 4:00 Music Therapy 3rd (Patio) 4:00 Walking Club MF 5:00 Fun & Games ML 7:00 Card Games AR 7:00 Tyndall Cinema ML</p>	<p>9.</p> <p>9:15 Reminiscing 2, 4 10:00 Hymn Sing ML 10:15 Trivia 2, 4th 11:15 Card Games 3rd 12:00 Games & Giggles 2:15 Crafts AR 2:15 Outdoor Chat Patio 2:15 Scenic Tours 3:15 Walking Club MF 4:00 Short Stories 3rd 4:00 Doll Therapy TO 4:00 Hand & Finger Dexterity 5:00 Fun & Games ML 7:00 Travel to Canada ML</p>
	<p>10.</p> <p>9:15 Current Events U 10:15 Reading Group Patio 10:15 Relaxation Therapy AR 10:15 Fun & Fitness ML 11:15 Trivia 3rd, 4th 12:00 Games & Giggles ML 2:15 Promise of Life Church ML 2:15 Bedside Music Therapy 2:15 Helping Hands AR 3:15 Friendly visits TO 3:15 Outdoor Walking Club 4:00 Doll Therapy AR 4:00 Scenic Tours 5:00 Fun & Games ML 7:00 Name that Canadian Person ML</p>	<p>11.</p> <p>9:15 Reminiscing 2, 4 10:15 Sensory Stimulation ML 10:15 Morning Stretch AR 11:15 Helping Hands 3rd, 4th 12:00 Games & Giggles ML 2:15 Communion TO 2:15 BINGO ML 2:15 Outdoor Chat - Patio 2:15 Reminiscing 3rd 3:15 Afternoon Stretch AR 4:00 Walking Club MF 4:00 Hand & Finger Dexterity TO 4:00 Board Games 3, 4th 5:00 Fun & Games ML 7:00 Ladies Club AR 7:00 Men’s Club ML</p>	<p>12.</p> <p>9:15 Short Stories 2, 4 10:15 Fun & Fitness ML 10:15 Word Games 3rd 10:15 Outdoor Walking Club 11:15 Music Therapy 3rd 12:00 Games & Giggles ML 2:15 Mississauga City Baptist Church ML 2:15 Music Appreciation 2, 3, 4 2:15 Art Therapy Patio 3:15 Scenic Tours 4:00 Relaxation Therapy ML 4:00 Short Stories 3 4:00 Helping Hands 3rd 4:00 Friendly visits 5:00 Fun & Games ML 7:00 Ten Pin Bowling 7:00 Crafts ML</p>	<p>13.</p> <p>9:15 Short Stories 2, 4 9:45 Sensory Stimulation ML 10:15 Morning Stretch AR 10:15 Walking Club MF 11:15 Current Events 3rd 12:00 Games & Giggles ML 2:15 Roman Catholic Mass ML 2:15 Bedside Stretches 2:15 Music Therapy U 2:15 Poetry Club Patio 2:15 Hand & Finger Dexterity TO 3:15 Fun & Fitness ML 3:15 Bean Bag Toss 2nd 4:00 Doll Therapy TO 4:00 Reading Group ML 4:00 Friendly visits TO 4:00 Ring toss 4th 5:00 Fun & Games ML 7:00 Tea & Toast Social AR 7:00 Church of God ML</p>	<p>14.</p> <p>9:15 Music Therapy 2 9:45 Morning Stretch AR 10:00 Heritage Museum Presentation 10:15 Music Therapy 3rd, 4th 11:15 Reminiscing 4th 11:15 Helping Hands 3rd 12:00 Games & Giggles ML 2:15 Relaxation Therapy AR 2:15 Portuguese Reflection ML 2:15 Horticulture Patio 3:15 Fun & Fitness ML 3:15 Helping Hands AR 4:00 Card BINGO 4th 4:00 Bean Bag Toss 3rd 4:00 Scenic Tours 5:00 Fun & Games ML 7:00 BINGO ML 7:00 Glamour Club AR</p>	<p>15.</p> <p>9:15 Reminiscing 2, 4 10:15 Fun & Fitness ML 10:15 Helping Hands on the Patio 10:15 Walking Club MF 11:15 Reminiscing 3rd 12:30 BBQ 4th floor Dining room 2:15 Canadian Trivia ML 2:15 Bedside Visits 2:15 Afternoon Stretch AR 2:15 Hand Therapy TO 3:15 Doll Therapy 2nd 4:00 Scenic Tours 4:00 Discussion Group *Patio 4:00 Helping Hands U 5:00 Fun & Games ML 7:00 Social Club with Frank Bagetta ML</p>	<p>16.</p> <p>9:15 Reminiscing 2 10:00 Hymn Sing ML 10:15 Reminiscing 3,4 11:15 Name that Tune 3rd 12:00 Games & Giggles ML 2:15 New Life Fellowship Church of God ML 2:15 Thumb Ball AR 2:15 Bedside Stretches TO 3:15 Sensory Stimulation AR 4:00 Helping Hands U 4:00 Outdoor Walking Club 5:00 Fun & Games ML 7:00 Trivia and Word Games ML</p>

July
2016



Tyndall Seniors
Village
Recreation Calendar
Part ONE