



SUN	Mon	Tue	Wed	Thu	Fri	Sat	
<p><b>Activities are subject to change according to resident needs or Management</b></p>	<p><b><u>Pet Visits</u></b></p> <p><b>“Chaz” Friday’s</b></p> <p><b>1:45pm</b></p> <p><b>&amp; “Harvey”</b></p> <p><b>Monday’s at 1:45pm</b></p> <p><b>Friendly visits/ bedside visits daily at 12:45pm</b></p>	<p><b><u>Legend</u></b></p> <p><b>AR = Activity Room</b></p> <p><b>BP = Back Patio</b></p> <p><b>MF = Main Floor</b></p> <p><b>ML = Main Lounge</b></p> <p><b>TO—Touring</b></p> <p><b>U = Units</b></p> <p><b>UL = Unit Lounge</b></p>	<p>1.</p> <p>9:15 Short Stories 2, 4</p> <p>9:45 Sensory Stimulation ML</p> <p>10:15 Morning Stretch AR</p> <p>10:15 Scenic Tours</p> <p>11:15 Current Events 3rd</p> <p>11:15 Helping Hands U</p> <p>12:00 Games &amp; Giggles ML</p> <p><b>2:15 Roman Catholic Mass ML</b></p> <p>2:15 Bedside Music Therapy</p> <p>2:15 Reminiscing Social U</p> <p>3:15 Afternoon Stretch AR</p> <p>3:15 Scenic Tours</p> <p>4:00 Doll Therapy TO</p> <p>4:00 Reading Group ML</p> <p>4:00 Trivia 3rd</p> <p>4:00 Walking Club MF</p> <p>5:00 Fun &amp; Games ML</p> <p>7:00 Tea &amp; Toast Social AR</p> <p>7:00 Board Games ML</p>	<p>2. 9:15 Reminiscing 2, 4</p> <p>9:45 Morning Stretch AR</p> <p>10:15 Fun &amp; Fitness ML</p> <p>10:15 Music Therapy 3rd</p> <p>10:15 Outdoor Chat—Patio</p> <p>11:15 Reminiscing 3rd</p> <p>11:15 Helping Hands 4th</p> <p>12:00 Games &amp; Giggles ML</p> <p>2:15 Ten Pin Bowling ML</p> <p>2:15 Discussion Group * AR</p> <p>2:15 Music Therapy 2nd</p> <p>2:15 Friendly visit U</p> <p>3:15 Walking Club MF</p> <p>3:15 Helping Hands AR</p> <p>4:00 Card Games 4th</p> <p>4:00 Relaxation Therapy</p> <p>4:00 Friendly visits</p> <p>5:00 Fun &amp; Games ML</p> <p>7:00 Card BINGO AR</p> <p>7:00 High Roller ML</p>	<p>3.</p> <p>9:15 Reminiscing 2, 4</p> <p>9:45 Sensory Stimulation ML</p> <p>10:15 Morning Stretch AR</p> <p>10:15 Trivia U</p> <p>11:15 Helping Hands Patio</p> <p><b>12:00 BBQ 1st Sitting</b></p> <p>2:15 Crafts AR</p> <p>2:15 Horse Shoes 3</p> <p>2:15 Bean Bag Toss 2</p> <p>2:15 Ring Toss 4th</p> <p>2:15 Hand &amp; Finger Dexterity TO</p> <p>3:15 Scenic Tours</p> <p>4:00 Thumb Ball AR</p> <p>4:00 Music Therapy 3rd</p> <p>4:00 Walking Club MF</p> <p>4:00 Bedside visits</p> <p>5:00 Fun &amp; Games ML</p> <p>7:00 Tyndall Cinema ML</p> <p>7:00 Relaxation Therapy AR</p>	<p>4.</p> <p>9:15 Reminiscing 2</p> <p>10:00 Hymn Sing ML</p> <p>10:15 Trivia 4th</p> <p>11:15 Card Games 3rd</p> <p>12:00 Games &amp; Giggles</p> <p>2:15 Card Bingo AR</p> <p>2:15 Reminiscing 4th</p> <p><b>2:15 Heart Lake Seventh Day Adventist Children’s Group</b></p> <p>3:15 Walking Club MF</p> <p>4:00 Music Therapy 3rd</p> <p>4:00 Doll Therapy TO</p> <p>5:00 Fun &amp; Games ML</p> <p>7:00 Mini Golf ML</p>	
	<p>5.</p> <p>9:15 Short Stories U</p> <p>10:15 Fun &amp; Fitness ML</p> <p>10:15 Tea Social AR</p> <p>11:15 Puzzles 3rd</p> <p>12:00 Games &amp; Giggles</p> <p><b>2:15 New Covenant Church ML</b></p> <p>2:15 Reminiscing 3, 4</p> <p>3:15 Helping Hands U</p> <p>4:00 Thumb Ball 3rd</p> <p>4:00 Scenic Tours</p> <p>5:00 Fun &amp; Games ML</p> <p>7:00 Ten Pin Bowling ML</p>	<p>6. 9:15 Reminiscing 2</p> <p>9:45 Morning Stretch AR</p> <p>10:15 Fun &amp; Fitness ML</p> <p>10:15 Music Therapy 3rd</p> <p>11:15 Reminiscing 3rd, 4th</p> <p>12:00 Games &amp; Giggles ML</p> <p><b>2:15 Communion TO</b></p> <p>2:15 BINGO ML</p> <p>2:15 Sensory Stimulation AR</p> <p>2:15 Reminiscing 3rd</p> <p>2:15 Bedside visits TO</p> <p>3:15 Short Stories U</p> <p>4:00 Hand &amp; Finger Dexterity TO</p> <p>4:00 Board Games 3, 4th</p> <p>5:00 Fun &amp; Games ML</p> <p>7:00 Ladies Club ML</p> <p>7:00 Men’s Club AR</p>	<p>7.</p> <p>9:15 Current Events 2, 4</p> <p>9:45 Fun &amp; Fitness ML</p> <p>10:15 Morning Stretch AR</p> <p>10:15 Music Therapy 2, 4</p> <p>11:15 Short Stories 3rd</p> <p>12:00 Games &amp; Giggles ML</p> <p><b>2:15 Ken Muir Baptist Church ML</b></p> <p>2:15 Trivia 2, 3, 4</p> <p>2:15 Scenic Tours</p> <p>3:15 Walking Club MF</p> <p>3:15 Relaxation Therapy AR</p> <p>4:00 Music Therapy 3rd</p> <p>4:00 Reading Group ML</p> <p>4:00 Hand Therapy U</p> <p>5:00 Fun &amp; Games ML</p> <p>7:00 Sing-a-long ML</p>	<p>8.</p> <p>9:15 Short Stories 2, 4</p> <p>9:45 Sensory Stimulation ML</p> <p>10:15 Music Therapy 2nd</p> <p>10:15 Tea Social</p> <p>11:15 Current Events 3rd</p> <p>12:00 Games &amp; Giggles ML</p> <p><b>2:00 Peggy’s Violin Performance</b></p> <p>2:15 Reminiscing Social U</p> <p>2:15 Scenic Tours</p> <p>3:15 Hand Therapy TO</p> <p>3:15 Afternoon Stretch AR</p> <p>4:00 Doll Therapy TO</p> <p>4:00 Reading Group ML</p> <p>4:00 Walking Club MF</p> <p>5:00 Fun &amp; Games ML</p> <p>7:00 Church of God ML</p>	<p>9. 9:15 Reminiscing 2</p> <p>9:45 Morning Stretch AR</p> <p>10:15 Fun &amp; Fitness ML</p> <p>10:15 Music Therapy 2, 3</p> <p>11:15 Scenic Tours</p> <p>11:15 Helping Hands 3rd, 4th</p> <p>12:00 Games &amp; Giggles ML</p> <p>2:15 Horticulture AR/ Patio</p> <p>2:15 Music Therapy 2nd</p> <p>2:15 Bean Bag Toss 3rd</p> <p>2:15 Horse shoes 4th</p> <p>2:15 Hand Therapy TO</p> <p>3:15 Bedside Music Therapy</p> <p>3:15 Walking Club MF</p> <p>3:15 Helping Hands AR</p> <p>4:00 Card Games 4th</p> <p>4:00 Relaxation Therapy AR</p> <p>4:00 Friendly visits</p> <p>5:00 Fun &amp; Games ML</p> <p>7:00 BINGO ML</p>	<p>10.</p> <p>9:15 Reminiscing 2, 4</p> <p><b>10:00 Bible Study ML</b></p> <p>10:15 Bedside Music Therapy TO</p> <p>10:15 Trivia 3</p> <p>10:15 Morning Stretch AR</p> <p>11:15 Helping Hands 3rd, 4th</p> <p><b>12:30 BBQ Lunch 2nd sitting</b></p> <p>2:15 Sensory Stimulation ML</p> <p>2:15 Trivia 2</p> <p>2:15 Portuguese Reflections AR</p> <p>2:15 Hand &amp; Finger Dexterity TO</p> <p>3:15 Scenic Tours</p> <p>4:00 Thumb Ball AR</p> <p>4:00 Music Therapy 3rd</p> <p>4:00 Walking Club MF</p> <p>4:00 Bedside stretches</p> <p>5:00 Fun &amp; Games ML</p> <p><b>7:00 Social Club with Gerry Larkin ML</b></p>	<p>11.</p> <p>9:15 Reminiscing 2, 4</p> <p>10:00 Hymn Sing ML</p> <p>10:15 Trivia 2, 4th</p> <p>11:15 Card Games 3rd</p> <p>12:00 Games &amp; Giggles</p> <p>2:15 Card Bingo AR</p> <p>2:15 Outdoor Chat Patio</p> <p>2:15 Scenic Tours</p> <p>3:15 Walking Club MF</p> <p>4:00 Short Stories 3rd</p> <p>4:00 Doll Therapy TO</p> <p>4:00 Hand &amp; Finger Dexterity</p> <p>5:00 Fun &amp; Games ML</p> <p>7:00</p>
	<p>12.</p> <p>9:15 Current Events U</p> <p>10:15 Reading Group 2nd</p> <p>10:15 Tea Social AR</p> <p>10:15 Fun &amp; Fitness ML</p> <p>11:15 Trivia 3rd, 4th</p> <p>12:00 Games &amp; Giggles ML</p> <p><b>2:15 Salvation Army Church ML</b></p> <p>3:15 Friendly visits TO</p> <p>3:15 Outdoor Walking Club</p> <p>4:00 Doll Therapy AR</p> <p>4:00 Name that Tune 3rd</p> <p>5:00 Fun &amp; Games ML</p> <p>7:00 Parachute Games ML</p>	<p>13.</p> <p>9:15 Reminiscing 2</p> <p><b>10:00 Outing to the Riverwood Conservancy (sign up)</b></p> <p>10:15 Sensory Stimulation ML</p> <p>10:15 Morning Stretch AR</p> <p>11:15 Helping Hands 3rd, 4th</p> <p>12:00 Games &amp; Giggles ML</p> <p><b>2:15 Communion TO</b></p> <p>2:15 BINGO ML</p> <p>2:15 Outdoor Chat - Patio</p> <p>2:15 Reminiscing 4th</p> <p>3:15 Afternoon Stretch AR</p> <p>3:15 Walking Club MF</p> <p>4:00 Hand &amp; Finger Dexterity TO</p> <p>4:00 Board Games 3, 4th</p> <p>5:00 Fun &amp; Games ML</p> <p>7:00 Ladies Club AR</p> <p>7:00 Men’s Club ML</p>	<p>14.</p> <p>9:15 Short Stories 2, 4</p> <p>10:15 Fun &amp; Fitness ML</p> <p>10:15 Word Games 3rd</p> <p>10:15 Walking Club MF</p> <p>11:15 Music Therapy 3rd</p> <p>12:00 Games &amp; Giggles ML</p> <p><b>2:15 Mississauga City Baptist Church ML</b></p> <p>2:15 Music Appreciation 2,3</p> <p>2:15 Art Therapy AR</p> <p>3:15 Scenic Tours</p> <p>4:00 Relaxation Therapy ML</p> <p>4:00 Short Stories 4</p> <p>4:00 Helping Hands 3rd</p> <p>5:00 Fun &amp; Games ML</p> <p>7:00 Board Games ML</p>	<p>15.</p> <p>9:15 Short Stories 2, 4</p> <p>9:45 Sensory Stimulation ML</p> <p>10:15 Morning Stretch AR</p> <p>10:15 Walking Club MF</p> <p>11:15 Current Events 3rd</p> <p>12:00 Games &amp; Giggles ML</p> <p>2:15 Bedside Stretches</p> <p>2:15 Poetry Club AR</p> <p>2:15 Outdoor Chat Patio</p> <p>2:15 Hand &amp; Finger Dexterity TO</p> <p>3:15 Fun &amp; Fitness ML</p> <p>3:15 Bean Bag Toss 2nd</p> <p>4:00 Doll Therapy TO</p> <p>4:00 Reading Group ML</p> <p>4:00 Friendly visits TO</p> <p>4:00 Ring toss 4th</p> <p>5:00 Fun &amp; Games ML</p> <p>7:00 Tea &amp; Toast Social AR</p> <p>7:00 Rosary ML</p>	<p>16. 9:15 Music Therapy 2</p> <p>9:45 Morning Stretch AR</p> <p><b>10:00 Heritage Museum Presentation</b></p> <p>10:15 Music Therapy 3rd, 4th</p> <p>11:15 Reminiscing 4th</p> <p>11:15 Helping Hands 3rd</p> <p>12:00 Games &amp; Giggles ML</p> <p>2:15 Relaxation Therapy AR</p> <p>2:15 Portuguese Reflection ML</p> <p>2:15 Horticulture Patio</p> <p>3:15 Fun &amp; Fitness ML</p> <p>3:15 Helping Hands AR</p> <p>4:00 Card BINGO 4th</p> <p>4:00 Bean Bag Toss 3rd</p> <p>4:00 Scenic Tours</p> <p>5:00 Fun &amp; Games ML</p> <p>7:00 BINGO ML</p> <p>7:00 Glamour Club AR</p>	<p>17.</p> <p>9:15 Reminiscing 2, 4</p> <p>10:15 Helping Hands on the Patio</p> <p>10:15 Music Therapy All floors</p> <p>11:15 Helping Hands Patio</p> <p><b>12:30 BBQ 4th floor Dining room</b></p> <p><b>2:15 Special Father’s Celebration BINGO ML</b></p> <p>2:15 Reminiscing 3rd</p> <p>2:15 Afternoon Stretch AR</p> <p>2:15 Hand Therapy TO</p> <p>3:15 Walking Club MF</p> <p>3:15 Doll Therapy 2nd</p> <p>4:00 Scenic Tours</p> <p>4:00 Discussion Group *AR</p> <p>4:00 Helping Hands U</p> <p>5:00 Fun &amp; Games ML</p> <p>7:00 Tyndall Cinema</p> <p>7:00 Art Therapy AR</p>	<p>18.</p> <p>9:15 Reminiscing 2</p> <p>10:00 Hymn Sing ML</p> <p>10:15 Reminiscing 3,4</p> <p>11:15 Name that Tune 3rd</p> <p>12:00 Games &amp; Giggles ML</p> <p><b>2:15 New Life Fellowship Church of God ML</b></p> <p>2:15 Thumb Ball AR</p> <p>2:15 Bedside Stretches TO</p> <p>3:15 Sensory Stimulation AR</p> <p>4:00 Helping Hands U</p> <p>4:00 Walking Club MF</p> <p>5:00 Fun &amp; Games ML</p> <p>7:00 Trivia and Word Games ML</p>

June  
2016



Tyndall Seniors  
Village  
Recreation Calendar  
Part ONE