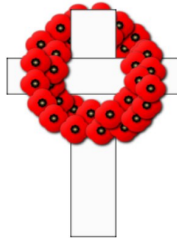




SUN	Mon	Tue	Wed	Thu	Fri	Sat
<p>Legend</p> <p>AR = Activity Room</p> <p>BP = Back Patio</p> <p>MF = Main Floor</p> <p>ML = Main Lounge</p> <p>TO—Touring</p> <p>U = Units</p> <p>UL = Unit Lounge</p>	<p>Pet Visits</p> <p>“Chaz” Friday’s</p> <p>1:45pm</p> <p>& “Harvey”</p> <p>Monday’s at 1:45pm</p> <p>Friendly visits/ bedside visits daily at 12:45pm</p>	<p>1.</p> <p>9:15 Current Events 2, 4</p> <p>9:45 Fun & Fitness ML</p> <p>10:15 Sensory Stimulation AR</p> <p>11:15 Shorts Stories 3rd, 4th</p> <p>12:00 Games & Giggles ML</p> <p>2:15 Horse Races ML</p> <p>2:15 Glamour Club AR</p> <p>2:15 Bedside Music Therapy TO</p> <p>2:15 Hand Therapy TO</p> <p>2:15 Friendly visits TO</p> <p>3:15 Discussion Group AR</p> <p>4:00 Walking Club MF/</p> <p>4:00 Bedside visits TO</p> <p>4:00 Trivia & Word Games AR</p> <p>4:00 Men’s Group ML</p> <p>5:00 Fun & Games ML</p> <p>7:00 Board Games ML</p> <p>7:00 Music Therapy 3rd</p>	<p>2.</p> <p>9:15 Short Stories 2, 4</p> <p>10:15 Sensory Stimulation ML</p> <p>10:15 Morning Stretch AR</p> <p>11:15 Helping Hands 3, 4th</p> <p>12:00 Games & Giggles ML</p> <p>2:15 Roman Catholic Mass ML</p> <p>2:15 Ring Toss 2nd</p> <p>2:15 Music Therapy 4th</p> <p>2:15 Hand & Finger Dexterity TO</p> <p>3:15 Music Therapy 3</p> <p>4:00 Doll Therapy TO</p> <p>4:00 Walking Club MF</p> <p>4:00 Bedside Stretch TO</p> <p>5:00 Fun & Games ML</p> <p>7:00 Tea & Toast Social AR</p>	<p>3.</p> <p>10:15 Fun & Fitness ML</p> <p>10:15 Manicures TO</p> <p>10:15 Morning Stretch AR</p> <p>11:15 Helping Hands 3rd, 4th</p> <p>11:15 Bedside visits TO</p> <p>12:00 Games & Giggles ML</p> <p>2:15 Music Therapy 2nd</p> <p>2:15 Welcome Tea AR</p> <p>2:15 Bedside Music Therapy TO</p> <p>2:15 Name that Face Biography ML</p> <p>2:15 Bean Bag Toss 3rd</p> <p>3:15 Walking Club MF</p> <p>3:15 Helping Hands AR</p> <p>3:15 Scenic Tours</p> <p>4:00 Bedside Stretch TO</p> <p>4:00 Hand Therapy U</p> <p>5:00 Fun & Games ML</p> <p>7:00 BINGO ML</p> <p>7:00 Sensory Stimulation AR</p>	<p>4.</p> <p>9:15 Reminiscing 2, 4</p> <p>10:00 Bible Study ML</p> <p>10:15 Hand Therapy TO</p> <p>10:15 Morning Stretch AR</p> <p>10:15 Helping Hands</p> <p>11:15 Friendly visits</p> <p>12:00 Games & Giggles ML</p> <p>2:15 Sensory Stimulation ML</p> <p>2:15 Baking AR</p> <p>2:15 Bedside Stretches TO</p> <p>2:15 Ten Pin Bowling ML</p> <p>3:15 Hand & Finger Dexterity TO</p> <p>4:00 Discussion Group AR</p> <p>4:00 Bedside Hand Therapy</p> <p>4:00 Board Games 3rd</p> <p>4:00 Walking Club MF</p> <p>5:00 Fun & Games ML</p> <p>7:00 Dance Party & Sing-a-long ML</p>	<p>5.</p> <p>9:15 Reminiscing 2,4</p> <p>10:00 Hymn Sing ML</p> <p>10:15 Sensory Stimulation AR</p> <p>12:00 Games & Giggles</p> <p>2:15 Helping Hands AR</p> <p>2:15 Heart Lake Seventh Day Adventist Children’s Group</p> <p>2:15 Bedside visits TO</p> <p>3:15 Doll Therapy 2</p> <p>4:00 Music Therapy 3, 4</p> <p>5:00 Fun & Games ML</p> <p>7:00 Tyndall Cinema ML</p>
<p>6. Daylight Saving Time</p> <p>9:15 Short Stories U</p> <p>10:15 Hand & Finger Dexterity U</p> <p>10:15 Tea Social AR</p> <p>11:15 Doll Therapy TO</p> <p>12:00 Games & Giggles</p> <p>2:15 New Covenant Church ML</p> <p>2:15 Reminiscing 3rd</p> <p>2:15 Card Bingo AR</p> <p>3:15 Bedside Music Therapy TO</p> <p>4:00 Walking Club MF</p> <p>4:00 Friendly visits</p> <p>5:00 Fun & Games ML</p> <p>7:00 Art Therapy AR</p>	<p>7.</p> <p>9:15 Reminiscing 4</p> <p>10:15 Portuguese Spiritual Discussion with Sister Diane AR</p> <p>10:15 Fun & Fitness ML</p> <p>11:15 Music Therapy 3rd</p> <p>12:00 Games & Giggles ML</p> <p>2:15 Communion TO</p> <p>2:15 BINGO ML</p> <p>2:15 Hand Therapy TO</p> <p>3:15 Doll Therapy AR</p> <p>4:00 Afternoon Stretch AR</p> <p>4:00 Board Games 4th</p> <p>5:00 Fun & Games ML</p> <p>7:00 Sing-a-long U</p>	<p>8.</p> <p>9:15 Short Stories 2, 4</p> <p>10:15 Sensory Stimulation ML</p> <p>10:15 Morning Stretch AR</p> <p>10:15 Balloon Toss TO</p> <p>11:15 Music Therapy 4th</p> <p>12:00 Games & Giggles ML</p> <p>2:15 Mississauga City Baptist Church ML</p> <p>2:15 Bedside Stretches 2nd, 4th</p> <p>2:15 Reading Group AR</p> <p>2:15 Horse Shoes 3rd</p> <p>2:15 Bean Bag Toss 4th</p> <p>3:15 Ring Toss 2nd</p> <p>3:15 Relaxation Therapy ML</p> <p>4:00 Hand & Finger Dexterity TO</p> <p>4:00 Short Stories 3rd</p> <p>4:00 Friendly Visits</p> <p>5:00 Fun & Games ML</p> <p>7:00 Tea & Toast Social AR</p> <p>7:00 Music Therapy 3rd</p>	<p>9.</p> <p>9:15 Short Stories 2, 4</p> <p>10:15 Music Therapy 3rd</p> <p>10:15 Fun & Fitness ML</p> <p>10:15 Sensory Stimulation AR</p> <p>11:15 Manicures TO</p> <p>11:15 Bedside Stories TO</p> <p>12:00 Games & Giggles ML</p> <p>2:15 Helping Hands 2, 3, 4</p> <p>2:15 Balloon Toss TO</p> <p>2:15 Men’s Club ML</p> <p>2:15 Ladies Club AR</p> <p>3:15 Bedside Stretch TO</p> <p>4:00 Walking Club MF</p> <p>4:00 Doll Therapy AR</p> <p>4:00 Ring Toss 3rd</p> <p>4:00 Sounds of Nature Relaxation AR</p> <p>5:00 Fun & Games ML</p> <p>7:00 Hand Therapy U</p> <p>7:00 Church of God ML</p> <p>7:00 Memorial Service RH</p>	<p>10.</p> <p>9:15 Reminiscing 2</p> <p>10:15 Fun & Fitness ML</p> <p>10:15 Manicures TO</p> <p>10:15 Morning Stretch AR</p> <p>11:15 Helping Hands 3rd, 4th</p> <p>12:00 Games & Giggles ML</p> <p>2:15 Music Therapy 2nd</p> <p>2:15 Trivia & Word Games 4th</p> <p>2:15 Remembrance Day Crafts AR</p> <p>2:15 Hand & Finger Dexterity TO</p> <p>3:15 Walking Club MF</p> <p>3:15 Horse Shoes 2nd</p> <p>4:00 Bean Bag Toss 3rd</p> <p>4:00 Helping Hands AR</p> <p>4:00 Bedside Stretch TO</p> <p>5:00 Fun & Games ML</p> <p>7:00 BINGO ML</p> <p>7:00 Sensory Stimulation AR</p>	<p>11. Remembrance Day</p> <p>9:15 Reminiscing 2, 4</p> <p>10:30 Remembrance Day Service and Discussion ML</p> <p>11:15 Bedside visits TO</p> <p>12:00 Games & Giggles ML</p> <p>2:00 Smile Theatre Presents Anne of Green Gables</p> <p>2:15 Balloon Toss U</p> <p>3:15 Doll Therapy AR</p> <p>4:00 Walking Club</p> <p>4:00 Thumb Ball AR</p> <p>4:00 Bedside Music Therapy</p> <p>4:00 Helping Hands AR</p> <p>5:00 Fun & Games ML</p> <p>7:00 Tyndall Cinema</p> <p>7:00 Relaxation Therapy AR</p>	<p>12.</p> <p>9:15 Reminiscing 2, 4</p> <p>10:00 Hymn Sing ML</p> <p>10:15 Morning Stretch AR</p> <p>10:15 Bedside Stretches TO</p> <p>11:15 Card Games 3rd</p> <p>11:15 Friendly visits</p> <p>12:00 Games & Giggles</p> <p>2:15 New Life Fellowship Church of God ML</p> <p>2:15 Sensory Stimulation AR</p> <p>2:15 Reminiscing 3rd, 4th</p> <p>2:15 Word Games U</p> <p>3:15 Scenic Tours</p> <p>3:15 Bedside Music Therapy TO</p> <p>4:00 Doll Therapy TO</p> <p>4:00 Hand & Finger Dexterity</p> <p>5:00 Fun & Games ML</p> <p>7:00 Discussion Group ML</p>
<p>13.</p> <p>9:15 Current Events 4</p> <p>10:15 Friendly visits</p> <p>10:15 Morning Tea Social AR</p> <p>10:15 Walking Club MF</p> <p>11:15 Trivia 3rd</p> <p>11:15 Friendly visits</p> <p>12:00 Games & Giggles ML</p> <p>2:15 Salvation Army Church</p> <p>2:15 Current Events 3</p> <p>2:15 Relaxation Therapy AR</p> <p>2:15 Balloon Toss TO</p> <p>3:15 Short Stories 2nd</p> <p>3:15 Hand & Finger Dexterity TO</p> <p>4:00 Scenic Tours</p> <p>4:00 Card Games AR</p> <p>5:00 Fun & Games ML</p> <p>7:00 Discussion Group * ML</p>	<p>14.</p> <p>9:15 Current Events 2, 4</p> <p>10:15 Fun & Fitness ML</p> <p>10:15 Balloon Toss TO</p> <p>10:15 Doll Therapy AR</p> <p>11:15 Current Events 3</p> <p>12:00 Games & Giggles ML</p> <p>2:15 Communion TO</p> <p>2:15 BINGO ML</p> <p>2:15 Hand Therapy U</p> <p>2:15 Bedside visits</p> <p>3:15 Puzzles U</p> <p>3:15 Afternoon Stretch AR</p> <p>4:00 Walking Club MF</p> <p>4:00 Hand & Finger Dexterity TO</p> <p>4:00 Music Therapy U</p> <p>5:00 Fun & Games ML</p> <p>7:00 Sing-a-long U</p> <p>7:00 Helping Hands AR</p>	<p>15.</p> <p>9:15 Short Stories 2, 4</p> <p>10:00 Outing—Bowling & Lunch (sign up)</p> <p>10:15 Sensory Stimulation ML</p> <p>12:00 Games & Giggles ML</p> <p>2:15 Church of the Holy Spirit & Peace ML</p> <p>2:15 Bedside Stretches 2</p> <p>2:15 Relaxation Therapy AR</p> <p>2:15 Board Games U</p> <p>4:00 Reading Group AR</p> <p>4:00 Hand & Finger Dexterity TO</p> <p>4:00 Short Stories 3rd</p> <p>4:00 Friendly Visits</p> <p>5:00 Fun & Games ML</p> <p>7:00 Tea & Toast Social AR</p> <p>7:00 Music Therapy 3rd</p>	<p>16.</p> <p>9:15 Short Stories 2, 4</p> <p>10:15 Hand & Finger Dexterity TO</p> <p>10:15 Fun & Fitness ML</p> <p>10:15 Walking Club MF</p> <p>11:15 Bedside Stories TO</p> <p>12:00 Games & Giggles ML</p> <p>2:15 Ten Pin Bowling ML</p> <p>2:15 Spelling Bee AR</p> <p>2:15 Balloon Toss TO</p> <p>2:15 Helping Hands 2, 3, 4</p> <p>3:15 Sensory Stimulation AR</p> <p>4:00 Reminiscing U</p> <p>4:00 Walking Club ML</p> <p>4:00 Thumb Ball AR</p> <p>4:00 Hand Therapy 4th</p> <p>5:00 Fun & Games ML</p> <p>7:00 Music Appreciation U</p> <p>7:00 Rosary ML</p>	<p>17.</p> <p>9:15 Music Therapy 2</p> <p>10:00 Heritage Museum Presentation ML</p> <p>10:15 Morning Stretch ML</p> <p>10:15 Friendly visits</p> <p>10:15 Hand Therapy U</p> <p>11:15 Helping Hands 3rd, 4th</p> <p>11:15 Walking Club MF</p> <p>12:00 Games & Giggles ML</p> <p>2:15 Horse Races ML</p> <p>2:15 Baking AR</p> <p>2:15 Helping Hands U</p> <p>2:15 Bedside visits TO</p> <p>3:15 Scenic Tours</p> <p>3:15 Hand & Finger Dexterity TO</p> <p>4:00 Helping Hands 3rd</p> <p>4:00 Doll Therapy TO</p> <p>4:00 Ring Toss 4th</p> <p>5:00 Fun & Games ML</p> <p>7:00 BINGO ML</p> <p>7:00 Music Therapy U</p>	<p>18.</p> <p>9:15 Reminiscing 2, 4</p> <p>10:15 10:00 Bible Study ML</p> <p>10:15 Morning Stretch AR</p> <p>10:15 Friendly visits</p> <p>11:15 Bedside visits TO</p> <p>12:00 Games & Giggles ML</p> <p>2:15 Hand Therapy TO</p> <p>2:15 Collage Making AR</p> <p>2:15 Relaxation Therapy ML</p> <p>2:15 Balloon Toss U</p> <p>2:15 Reminiscing 3rd</p> <p>3:15 Chinese Alliance Church ML</p> <p>4:00 Walking Club</p> <p>4:00 Discussion Group *</p> <p>4:00 Bedside Music Therapy</p> <p>4:00 Helping Hands AR</p> <p>5:00 Fun & Games ML</p> <p>7:15 Social Club with Kenny Joseph ML</p>	<p>19.</p> <p>9:15 Reminiscing 2</p> <p>10:00 Hymn Sing ML</p> <p>10:15 Reminiscing 4th</p> <p>11:15 Name that Tune 3rd, 4th</p> <p>12:00 Games & Giggles ML</p> <p>2:15 Trivia and Word Games AR</p> <p>2:15 Bedside Stretches TO</p> <p>2:15 Balloon Toss TO</p> <p>3:15 Helping Hands U</p> <p>4:00 Relaxation Therapy AR</p> <p>4:00 Walking Club</p> <p>5:00 Fun & Games ML</p> <p>7:00 Tyndall Cinema ML</p>



November
2016



Tyndall Seniors
Village
Recreation Calendar
Part ONE