



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>20.</p> <p>9:15 Current Events 2, 4 10:15 Fun & Fitness ML 10:15 Tea Social AR 11:15 Puzzles 3rd 12:00 Games & Giggles 2:15 Kingdom Covenant Church ML 2:15 Relaxation Therapy AR 2:15 Balloon Toss TO 3:15 Doll Therapy TO 4:00 Thumb Ball AR 4:00 Walking Club MF 5:00 Fun & Games ML 7:00 Sing-a-long ML</p>	<p>21.</p> <p>9:15 Reminiscing 2 10:15 Discussion Group AR 10:15 Sensory Stimulation ML 11:15 Trivia 3rd, 4 12:00 Games & Giggles 2:00 Communion TO 2:15 BINGO ML 2:15 Reminiscing 3rd 2:15 Hand Therapy TO 2:15 Afternoon Stretch AR 3:15 Friendly visits 4:00 Doll Therapy TO 4:00 Walking Club 5:00 Fun & Games ML 7:00 Trivia & Word Games ML</p>	<p>22.</p> <p>9:15 Current Events 2, 4 10:15 Reading Group AR 10:15 Fun & Fitness ML 10:15 Balloon Toss U 10:15 Bedside Music Therapy 11:15 Helping Hands 3rd 11:15 Doll Therapy TO 12:00 Games & Giggles 2:00 Westminster United Church Service ML 2:15 Hand & Finger Dexterity TO 2:15 Reminiscing U 2:15 Card BINGO AR 3:15 Bedside Stretches 3:15 Ring Ross 2nd 4:00 Music Therapy 3rd 4:00 Discussion Group ML 4:00 Walking Club 4:00 Horse Shoes 4th 5:00 Fun & Games ML 7:00 Relaxation Therapy ML 7:00 On unit Board Games TO</p>	<p>23.</p> <p>9:15 Bedside Music Therapy U 10:15 Fun & Fitness ML 10:15 Morning Stretch AR 10:15 Bean Bag Toss 4th 10:15 Horse Shoes 3rd 11:15 Current Events 3, 4 12:00 Games & Giggles 1:00 Activity Dept. Meeting 3:15 Beside Music Therapy 2nd 3:15 Walking Club MF 4:00 Sensory Stimulation ML 4:00 Music Therapy 4 4:00 Hand Therapy To 4:00 Word Games AR 5:00 Fun & Games ML 7:00 Music Therapy 3rd 7:00 Tea & Toast Social AR</p>	<p>24.</p> <p>9:15 Music Therapy 2 10:00 Resident Council Meeting AR 10:15 Manicures 10:15 Music Therapy 3rd 10:15 Art Therapy AR 11:15 Reminiscing 3, 4 12:00 Games & Giggles 2:15 Helping Hands 2nd, 4th 2:15 Ginger Bread House Making AR 2:15 Ten Pin Bowling ML 2:15 Bedside Music Therapy TO 3:15 Hand Therapy U 3:15 Trivia 2nd 4:00 Board Games AR 4:00 Bedside stretches TO 4:00 Friendly visits 5:00 Fun & Games ML 7:00 BINGO ML 7:00 Sensory Stimulation AR</p>	<p>25.</p> <p>9:15 Short Stories 2, 4 10:15 Morning Stretch AR 10:15 Walking Club 10:15 Name that Face Biography ML 10:15 Bedside Music Therapy 2 11:15 Helping Hands 3rd 12:00 Games & Giggles ML 2:15 Sing-a-long ML 2:15 Bedside Stretches TO 2:15 Sensory Stimulation AR 2:15 Ring Toss 3rd 2:15 Bean Bag Toss 2nd 2:15 Word Games 4th 3:15 Short Stories 4th 3:15 Friendly visits 4:00 Reading Group ML 4:00 Doll Therapy TO 4:00 Short Stories 3rd 4:00 Scenic Tours 5:00 Fun & Games 7:00 Tyndall Cinema ML 7:00 Art Therapy AR</p>	<p>26.</p> <p>9:15 Reminiscing 2, 4 10:00 Hymn Sing ML 10:15 Helping Hands AR 11:15 Name that tune 3rd, 4th 12:00 Games & Giggles 2:15 Horse Races ML 2:15 Sensory Stimulation AR 2:15 Hand Therapy U 3:15 Busy Hands U 4:00 Thumb Ball AR 4:00 Walking Club MF 5:00 Fun & Games 7:00 Music Appreciation ML</p>
<p>27.</p> <p>9:15 Current Events U 10:15 Morning Stretch AR 10:15 Music Therapy ML 11:15 Bedside Visits 12:00 Games & Giggles 2:15 Applewood Gospel Hall ML 2:15 Sounds of Nature Relaxation Therapy AR 2:15 Card Bingo U 3:15 Doll Therapy TO 4:00 Reminiscing 3rd 4:00 Walking Club MF 5:00 Fun & Games ML 7:00 Sing-a-long ML</p>	<p>28. CHRISTMAS DECORATING BEIGNS</p> <p>9:15 Reminiscing 2 10:15 Portuguese Spiritual Discussion with Sister Diane AR 10:15 Fun & Fitness ML 10:15 Balloon Toss TO 11:15 Trivia 4th 11:15 Bedside stretches 3rd 12:00 Games & Giggles 2:00 Communion TO 2:15 Afternoon Stretch AR 2:15 Bean Bag Toss 3rd 2:15 BINGO ML 2:15 Hand & Finger Dexterity TO 3:15 Friendly visits 3:15 Walking Club MF 4:00 Discussion Group AR 4:00 Dominoes ML 4:00 Music Appreciation 3rd 5:00 Fun & Games ML 7:00 Ladies Club ML 7:00 Men's Club AR</p>	<p>29.</p> <p>9:15 Music Therapy 2,4 9:45 Morning Stretch AR 10:15 Walking Club MF 10:15 Reading Group AR 10:15 Music Therapy 3rd 11:15 Bedside Music Therapy 11:15 Helping Hands 3rd 12:00 Games & Giggles 2:15 Bedside Stretches TO 2:15 Helping Hands 2nd, 4th 2:15 Crafts AR 2:15 Travel to... ML 2:15 Puzzles 3rd 3:15 Doll Therapy AR 3:15 Trivia 2nd 4:00 Hand & Finger Dexterity TO 4:00 Friendly visits TO 4:00 Fun & Fitness ML 5:00 Fun & Games ML 7:00 Tea & Toast Social AR</p>	<p>30.</p> <p>9:15 Reminiscing 2 10:15 Fun & Fitness ML 10:15 Glamour Club AR 10:15 Balloon Toss TO 10:15 Bedside Stretches 10:15 Bean Bag Toss 4th 10:15 Walking Club 11:15 Current Events 3, 4 12:00 Games & Giggles 2:15 Monthly Birthday Party with James Cormier 2:15 Christmas Decorating 4:00 Bedside Visits 4:00 Music Therapy 3rd 4:00 Afternoon Stretch AR 4:00 Thumb Ball ML 5:00 Fun & Games ML 7:00 Sing-a-long U 7:00 Bedside Music Therapy TO</p>	<p>Activities are subject to change according to resident needs or Management</p>	<p>Legend</p> <p>AR = Activity Room BP = Back Patio MF = Main Floor ML = Main Lounge TO—Touring U = Units UL = Unit Lounge</p>	<p>Pet Visits</p> <p>“Chaz” Friday’s 1:45pm & “Harvey” Monday’s at 1:45pm Friendly visits/ bedside visits daily at 12:45pm</p>

November
2016



Tyndall Seniors
Village
Recreation Calendar
Part TWO