




SUN	Mon	Tue	Wed	Thu	Fri	Sat
<p><b>Activities are subject to change according to resident needs or Management</b></p>	<p><b><u>Pet Visits</u></b></p> <p><b>“Chaz” Friday’s</b></p> <p><b>1:45pm</b></p> <p><b>&amp; “Harvey”</b></p> <p><b>Monday’s at 1:45pm</b></p> <p><b>Friendly visits/ bedside visits daily at 12:45pm</b></p>	<p><b><u>Legend</u></b></p> <p><b>AR = Activity Room</b></p> <p><b>BP = Back Patio</b></p> <p><b>MF = Main Floor</b></p> <p><b>ML = Main Lounge</b></p> <p><b>TO—Touring</b></p> <p><b>U = Units</b></p> <p><b>UL = Unit Lounge</b></p>			<p>1.</p> <p>9:15 Reminiscing 2,4</p> <p>10:00 Hymn Sing ML</p> <p>10:15 Sensory Stimulation</p> <p>10:15 Music Therapy 2nd</p> <p>12:00 Games &amp; Giggles</p> <p>2:15 Reminiscing 3rd</p> <p>2:15 Helping Hands AR</p> <p><b>2:15 Heart Lake Seventh Day Adventist Children’s Group</b></p> <p>2:15 Bedside visits TO</p> <p>3:15 Doll Therapy 2</p> <p>4:00 Music Therapy 3, 4</p> <p>4:00 Walking Club MF</p> <p>5:00 Fun &amp; Games ML</p> <p>7:00 Tyndall Cinema</p>	
<p>2.</p> <p>9:15 Short Stories U</p> <p>10:15 Fun &amp; Fitness ML</p> <p>10:15 Hand &amp; Finger Dexterity U</p> <p>10:15 Tea Social AR</p> <p>11:15 Doll Therapy TO</p> <p>12:00 Games &amp; Giggles</p> <p><b>2:15 New Covenant Church ML</b></p> <p>2:15 Reminiscing 3rd</p> <p>2:15 Card Bingo AR</p> <p>3:15 Helping Hands U</p> <p>3:15 Bedside Music Therapy TO</p> <p>4:00 Walking Club MF</p> <p>4:00 Friendly visits</p> <p>5:00 Fun &amp; Games ML</p> <p>7:00 Art Therapy AR</p>	<p>3.</p> <p>9:15 Reminiscing 4</p> <p>9:45 Morning Stretch AR</p> <p>10:15 Fun &amp; Fitness ML</p> <p>10:15 Bedside Stretches 3rd</p> <p>11:15 Music Therapy 3rd, 4th</p> <p>12:00 Games &amp; Giggles ML</p> <p><b>2:15 Communion TO</b></p> <p>2:15 BINGO ML</p> <p>2:15 Portuguese Reflections AR</p> <p>2:15 Hand Therapy TO</p> <p>2:15 Word Games 2nd</p> <p>3:15 Doll Therapy AR</p> <p>4:00 Hand &amp; Finger Dexterity TO</p> <p>4:00 Board Games 3, 4th</p> <p>4:00 Friendly visits</p> <p>5:00 Fun &amp; Games ML</p> <p>7:00 Sing-a-long U</p>	<p>4.</p> <p>9:15 Current Events 2, 4</p> <p>9:45 Fun &amp; Fitness ML</p> <p>10:15 Sensory Stimulation AR</p> <p>11:15 Short Stories 3rd, 4th</p> <p>12:00 Games &amp; Giggles ML</p> <p>2:15 Horse Races ML</p> <p>2:15 Glamour Club AR</p> <p>2:15 Bedside Music Therapy TO</p> <p>2:15 Hand Therapy TO</p> <p>2:15 Scenic Tours</p> <p>3:15 Discussion Group AR</p> <p>4:00 Walking Club MF/</p> <p>4:00 Bedside visits TO</p> <p>4:00 Trivia &amp; Word Games AR</p> <p>4:00 Men’s Group ML</p> <p>5:00 Fun &amp; Games ML</p> <p>7:00 Mini Golf</p> <p>7:00 Music Therapy 3rd</p>	<p>5.</p> <p>9:15 Short Stories 2, 4</p> <p>10:15 Sensory Stimulation ML</p> <p>10:15 Morning Stretch AR</p> <p>10:15 Ring Toss 4th</p> <p>11:15 Helping Hands 3, 4th</p> <p>12:00 Games &amp; Giggles ML</p> <p><b>2:15 Roman Catholic Mass ML</b></p> <p>2:15 Ring Toss 2nd</p> <p>2:15 Music Therapy 4th</p> <p>2:15 Puzzles 3rd</p> <p>2:15 Hand &amp; Finger Dexterity TO</p> <p>3:15 Music Therapy 2, 3</p> <p>4:00 Doll Therapy TO</p> <p>4:00 Walking Club MF</p> <p>4:00 Bedside Stretch TO</p> <p>5:00 Fun &amp; Games ML</p> <p>7:00 Tea &amp; Toast Social AR</p> <p>7:00 Music Appreciation 3rd</p>	<p>6.</p> <p>9:15 Reminiscing 2</p> <p>10:15 Fun &amp; Fitness ML</p> <p>10:15 Manicures TO</p> <p>10:15 Trivia &amp; Word Games 4th</p> <p>10:15 Morning Stretch AR</p> <p>11:15 Helping Hands 3rd, 4th</p> <p>12:00 Games &amp; Giggles ML</p> <p>2:15 Music Therapy 2nd</p> <p>2:15 Fun &amp; Fitness ML</p> <p>2:15 Bedside Music Therapy TO</p> <p>2:15 Crafts AR</p> <p>2:15 Hand &amp; Finger Dexterity TO</p> <p>3:15 Walking Club MF</p> <p>3:15 Horse Shoes 2nd</p> <p>4:00 Bean Bag Toss 3rd</p> <p>4:00 Helping Hands AR</p> <p>4:00 Bedside Stretch TO</p> <p>4:00 Hand Therapy U</p> <p>5:00 Fun &amp; Games ML</p> <p>7:00 BINGO ML</p> <p>7:00 Sensory Stimulation AR</p>	<p>7.</p> <p>9:15 Reminiscing 2, 4</p> <p><b>10:00 Bible Study ML</b></p> <p>10:15 Hand Therapy TO</p> <p>10:15 Morning Stretch AR</p> <p>10:15 Helping Hands</p> <p>11:15 Friendly visits</p> <p>12:00 Games &amp; Giggles ML</p> <p>2:15 Sensory Stimulation ML</p> <p>2:15 Thanksgiving Baking AR</p> <p>2:15 Bedside Stretches TO</p> <p>2:15 Puzzles 4th</p> <p>3:15 Hand &amp; Finger Dexterity TO</p> <p>4:00 Discussion Group AR</p> <p>4:00 Bedside Hand Therapy</p> <p>4:00 Board Games 3rd</p> <p>4:00 Walking Club MF</p> <p>5:00 Fun &amp; Games ML</p> <p>7:00 Relaxation Therapy AR</p> <p>7:00 Tyndall Cinema</p>	<p>8.</p> <p>9:15 Reminiscing 2, 4</p> <p>10:00 Hymn Sing ML</p> <p>10:15 Bedside Stretches TO</p> <p>11:15 Card Games 3rd</p> <p>12:00 Games &amp; Giggles</p> <p>2:15 Sensory Stimulation AR</p> <p>2:15 Word Games ML</p> <p>2:15 Reminiscing 3rd</p> <p>3:15 Scenic Tours</p> <p>4:00 Doll Therapy TO</p> <p>4:00 Hand &amp; Finger Dexterity</p> <p>5:00 Fun &amp; Games ML</p> <p>7:00 Discussion Group ML</p>
<p>9.</p> <p>9:15 Current Events U</p> <p><b>10:15 Toss the Turkey ML</b></p> <p>10:15 Relaxation Therapy AR</p> <p>11:15 Trivia 3rd</p> <p>12:00 Games &amp; Giggles ML</p> <p><b>2:15 Salvation Army Church</b></p> <p>4:00 Doll Therapy AR</p> <p>4:00 Card Games AR</p> <p>5:00 Fun &amp; Games ML</p> <p>7:00 Name that Face Biography ML</p>	<p>10. <b>Thanksgiving</b></p> <p>9:15 Current Events 2, 4</p> <p>10:15 Fun &amp; Fitness ML</p> <p>10:15 Morning Stretch AR</p> <p>11:15 Helping Hands 3rd,</p> <p>12:00 Games &amp; Giggles ML</p> <p><b>2:15 Communion TO</b></p> <p>2:15 Thanksgiving Tea and Reminiscing Social ML</p> <p>2:15 Hand Therapy U</p> <p>3:15 Bedside Music Therapy TO</p> <p>4:00 Walking Club MF</p> <p>4:00 Hand &amp; Finger Dexterity TO</p> <p>4:00 Music Therapy U</p> <p>5:00 Fun &amp; Games ML</p> <p>7:00 Sing-a-long U</p>	<p>11.</p> <p>9:15 Short Stories 2, 4</p> <p>10:15 Sensory Stimulation ML</p> <p>10:15 Word Games AR</p> <p>11:15 Music Therapy 4th</p> <p>12:00 Games &amp; Giggles ML</p> <p><b>2:15 Mississauga City Baptist Church ML</b></p> <p>2:15 Bedside Stretches 2</p> <p>2:15 Reading Group AR</p> <p>2:15 Horse Shoes 3rd</p> <p>2:15 Bean Bag Toss 4th</p> <p>3:15 Ring Toss 2nd</p> <p>4:00 Relaxation Therapy ML</p> <p>4:00 Hand &amp; Finger Dexterity TO</p> <p>4:00 Short Stories 3rd</p> <p>4:00 Friendly Visits</p> <p>5:00 Fun &amp; Games ML</p> <p>7:00 Music Therapy 3rd</p>	<p>12.</p> <p>9:15 Short Stories 2, 4</p> <p>10:15 Bean Bag Toss 4th</p> <p>10:15 Fun &amp; Fitness ML</p> <p>10:15 Sensory Stimulation AR</p> <p>11:15 Manicures TO</p> <p>11:15 Bedside Stories TO</p> <p>12:00 Games &amp; Giggles ML</p> <p>2:15 Helping Hands 2, 4</p> <p>2:15 Puzzles 3rd</p> <p>2:15 Balloon Toss TO</p> <p>2:15 Men’s Club ML</p> <p>2:15 Ladies Club AR</p> <p>3:15 Bedside Stretch TO</p> <p>3:15 Walking Club MF</p> <p>4:00 Doll Therapy AR</p> <p>4:00 Ring Toss 3rd</p> <p>4:00 Sounds of Nature Relaxation AR</p> <p>5:00 Fun &amp; Games ML</p> <p>7:00 Hand Therapy U</p> <p><b>7:00 Church of God ML</b></p>	<p>13.</p> <p>9:15 Music Therapy 2</p> <p>9:45 Morning Stretch ML</p> <p>10:15 Tea Social AR</p> <p>11:15 Helping Hands 3rd</p> <p>12:00 Games &amp; Giggles ML</p> <p><b>2:15 Portuguese Mass ML</b></p> <p>2:15 Glamour Club AR</p> <p>2:15 Bedside visits TO</p> <p>3:15 Scenic Tours</p> <p>4:00 Hand &amp; Finger Dexterity TO</p> <p>4:00 Helping Hands 3rd</p> <p>4:00 Ring Toss 4th</p> <p>5:00 Fun &amp; Games ML</p> <p>7:00 BINGO ML</p> <p>7:00 Music Therapy U</p>	<p>14. <b>Oktoberfest</b></p> <p>9:15 Reminiscing 2, 4</p> <p>10:15 Fun &amp; Fitness ML</p> <p>10:15 Morning Stretch AR</p> <p>10:15 Oktoberfest fun facts U</p> <p>11:15 Bedside visits TO</p> <p>12:00 Games &amp; Giggles ML</p> <p>2:15 Hand Therapy TO</p> <p>2:15 Oktoberfest Games ML</p> <p>2:15 Discussion Group *</p> <p>2:15 Balloon Toss U</p> <p><b>3:00 Chinese Alliance Church visits ML</b></p> <p>3:15 Doll Therapy AR</p> <p>4:00 Walking Club</p> <p>4:00 Travel to Germany AR</p> <p>4:00 Bedside Music Therapy</p> <p>4:00 Helping Hands AR</p> <p>5:00 Fun &amp; Games ML</p> <p><b>7:00 Oktoberfest Social Club with Eileen Hennesey ML</b></p>	<p>15.</p> <p>9:15 Reminiscing 2</p> <p>10:00 Hymn Sing ML</p> <p>10:15 Reminiscing 4th</p> <p>10:15 Morning Stretch AR</p> <p>11:15 Name that Tune 3rd, 4th</p> <p>12:00 Games &amp; Giggles ML</p> <p><b>2:15 New Life Fellowship Church of God ML</b></p> <p>2:15 Trivia and Word Games AR</p> <p>2:15 Bedside Stretches TO</p> <p>2:15 Balloon Toss TO</p> <p>3:15 Sensory Stimulation AR</p> <p>3:15 Helping Hands U</p> <p>4:00 Parachute Games ML</p> <p>4:00 Walking Club</p> <p>5:00 Fun &amp; Games ML</p> <p>7:00 Tyndall Cinema ML</p>

October  
2016



Tyndall Seniors  
Village  
Recreation Calendar  
Part ONE

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>16.</p> <p>9:15 Current Events 2, 4 10:15 Fun &amp; Fitness ML 10:15 Relaxation Therapy AR 10:15 Current Events 3rd 11:15 Puzzles 3rd 12:00 Games &amp; Giggles 2:15 Trivia &amp; Word Games ML 2:15 Balloon Toss TO 2:15 Crafts AR 3:15 Doll Therapy TO 4:00 Thumb Ball AR 4:00 Walking Club MF 5:00 Fun &amp; Games ML 7:00 Sing-a-long ML</p>	<p>17.</p> <p>9:15 Reminiscing 2 <b>10:15 Portuguese Reflection with Sister Diane</b> 10:15 Sensory Stimulation ML 11:15 Trivia 3rd, 4 12:00 Games &amp; Giggles <b>2:00 Communion TO</b> 2:15 BINGO ML 2:15 Reminiscing 3rd 2:15 Hand Therapy TO 2:15 Afternoon Stretch AR 3:15 Friendly 4:00 Doll Therapy TO 4:00 Mini Golf ML 4:00 Bedside Music Therapy 4:00 Walking Club 5:00 Fun &amp; Games ML 7:00 Art Therapy AR</p>	<p>18.</p> <p>9:15 Current Events 2, 4 <b>10:00 Fall Leaves Bus Tour and Lunch at Swiss Chalet (sign up)</b> 10:15 Reading Group AR 10:15 Fun &amp; Fitness ML 11:15 Doll Therapy TO 12:00 Games &amp; Giggles <b>2:15 Church of the Holy Spirit ML</b> 2:15 Hand &amp; Finger Dexterity TO 2:15 Card BINGO AR 3:15 Bedside Stretches 4:00 Music Therapy 3rd 4:00 Discussion Group ML 5:00 Fun &amp; Games ML 7:00 Relaxation Therapy ML 7:00 Tea &amp; Toast Social AR</p>	<p>19.</p> <p>9:15 Bedside Music Therapy U 10:15 Fun &amp; Fitness ML 10:15 Morning Stretch AR 10:15 Bean Bag Toss 4th 10:15 Horse Shoes 3rd 11:15 Current Events 3, 4 12:00 Games &amp; Giggles <b>1:00 Activity Dept. Meeting</b> 3:15 Beside Music Therapy 2nd 3:15 Walking Club MF 4:00 Sensory Stimulation ML 4:00 Music Therapy 4 4:00 Sensory Stimulation AR 5:00 Fun &amp; Games ML <b>7:00 Rosary ML</b> 7:00 Music Therapy 3rd</p>	<p>20.</p> <p>9:15 Music Therapy 2,4 <b>10:00 Heritage Museum Presentation ML</b> 10:15 Manicures 10:15 Art Therapy AR 11:15 Reminiscing 3, 4 11:15 Scenic Tours 12:00 Games &amp; Giggles 2:15 Helping Hands 2nd, 4th 2:15 Bean Bag Toss ML 2:15 Sensory Stimulation AR 3:15 Hand Therapy U 3:15 Trivia 2nd 4:00 Board Games AR 4:00 Bedside stretches TO 4:00 Friendly visits 5:00 Fun &amp; Games ML 7:00 BINGO ML 7:00 Hand &amp; Finger Dexterity U</p>	<p>21.</p> <p>9:15 Short Stories 2 <b>10:15 Bible Study ML</b> 10:15 Morning Stretch AR 10:15 Walking Club 10:15 Bedside Music Therapy 2 11:15 Bedside Music Therapy 3rd 12:00 Games &amp; Giggles ML 2:15 Movie Matinee ML 2:15 Sensory Stimulation AR 2:15 Ring Toss 3rd 2:15 Bean Bag Toss 2nd 2:15 Word Games 4th 3:15 Short Stories 4th 3:15 Friendly visits 4:00 Reading Group ML 4:00 Doll Therapy TO 4:00 Short Stories 3rd 4:00 Scenic Tours 5:00 Fun &amp; Games 7:00 Evening Sing-a-long and Dance</p>	<p>22.</p> <p>9:15 Reminiscing 2, 4 10:00 Hymn Sing ML 10:15 Helping Hands AR 11:15 Name that tune 3rd, 4th 12:00 Games &amp; Giggles 2:15 Horse Races ML 2:15 Sensory Stimulation AR 2:15 Hand Therapy U 3:15 Busy Hands U 4:00 Thumb Ball AR 4:00 Walking Club MF 5:00 Fun &amp; Games 7:00 Tyndall Cinema</p>
<p>23.</p> <p>9:15 Current Events U 10:15 Morning Stretch AR 10:15 Parachute Games 11:15 Bedside Visits 12:00 Games &amp; Giggles <b>2:15 Applewood Gospel Hall ML</b> 2:15 Sounds of Nature Relaxation Therapy AR 2:15 Card Bingo U 3:15 Doll Therapy TO 4:00 Reminiscing 3rd 4:00 Walking Club MF 5:00 Fun &amp; Games ML 7:00 Sing-a-long ML</p>	<p>24.</p> <p>9:15 Reminiscing 2 <b>10:15 Portuguese Reflection with Sister Diane</b> 10:15 Fun &amp; Fitness ML <b>10:15 Halloween Decorating</b> 11:15 Trivia 4th 11:15 Bedside stretches 3rd 12:00 Games &amp; Giggles <b>2:00 Communion TO</b> 2:15 Afternoon Stretch AR 2:15 Bean Bag Toss 3rd 2:15 BINGO ML 2:15 Hand &amp; Finger Dexterity TO 3:15 Friendly visits 3:15 Walking Club MF 4:00 Discussion Group AR 4:00 Dominoes AR 4:00 Music Appreciation 3rd 5:00 Fun &amp; Games ML 7:00 Ladies Club ML 7:00 Men's Club AR</p>	<p>25. <b>WEAR PINK DAY</b></p> <p>9:15 Music Therapy 2,4 9:45 Sensory Stimulation ML 10:15 Walking Club MF 10:15 Reading Group AR 11:15 Music Therapy 3rd 12:00 Games &amp; Giggles <b>2:15 Westminster United Church Service ML</b> 2:15 Bedside Stretches TO 2:15 Helping Hands 2nd, 4th 2:15 Halloween Crafts AR 2:15 Puzzles 3rd 3:15 Doll Therapy AR 3:15 Trivia 2nd 4:00 Hand &amp; Finger Dexterity TO 4:00 Friendly visits TO 4:00 Fun &amp; Fitness ML 5:00 Fun &amp; Games ML 7:00 Tea &amp; Toast Social AR 7:00 Sensory Stimulation ML</p>	<p>26.</p> <p>9:15 Reminiscing 2 10:15 Fun &amp; Fitness ML 10:15 Glamour Club AR 10:15 Bean Bag Toss 4th 10:15 Walking Club 11:15 Current Events 3, 4 12:00 Games &amp; Giggles <b>2:15 Monthly Birthday Party with Bob McLean ML</b> 4:00 Bedside Visits 4:00 Music Therapy 3rd 4:00 Afternoon Stretch AR 4:00 Thumb Ball ML 5:00 Fun &amp; Games ML 7:00 Sing-a-long U 7:00 Bedside Music Therapy TO</p>	<p>27.</p> <p>9:15 Music Therapy 2,4 <b>10:00 Resident Council Meeting ML</b> 10:15 Morning Stretch AR 10:15 Walking Club MF 10:15 Music Therapy 3rd 11:15 Hand Therapy U 12:00 Games &amp; Giggles 2:15 Helping Hands 2nd, 4th 2:15 Men's Club ML 2:15 Ladies Club AR 2:15 Bean Bag Toss 2nd 3:15 Fun &amp; Fitness ML 3:15 Doll Therapy TO 4:00 Discussion Group AR 4:00 Bedside stretches TO 4:00 Scenic Tours 5:00 Fun &amp; Games ML 7:00 BINGO ML 7:00 Reading Group AR</p>	<p>28.</p> <p>9:15 Current Events 2, 4 9:45 Fun &amp; Fitness ML 10:15 Tea Social AR 10:15 Current Events 3rd 10:15 Helping Hands TO 11:15 Word Games 3 11:15 Helping Hands 12:00 Games &amp; Giggles ML 2:15 Hand Therapy TO <b>2:15 Pumpkin Carving AR</b> 2:15 Horse Races 2:15 Bedside visits 2:15 Sensory Stimulation AR 3:15 Bedside Stretches 4:00 Reading Group ML 4:00 Doll Therapy TO 4:00 Bean Bag Toss 3rd 4:00 Walking Club MF 5:00 Fun &amp; Games 7:00 Tyndall Cinema ML 7:00 Card Games AR</p>	<p>29. <b>DIWALI</b></p> <p>9:15 Reminiscing 2, 4 10:00 Hymn Sing ML 10:15 Music Therapy 2nd 10:15 Helping Hands AR 11:15 Name that tune 3rd, 4th 12:00 Games &amp; Giggles <b>2:15 Diwali Celebration AR</b> 2:15 Parachute Games ML 2:15 Puzzles 2nd 2:15 Manicures 3:15 Walking Club MF 3:15 Bedside visits TO 4:00 Thumb Ball AR 4:00 Music Therapy 3rd 5:00 Fun &amp; Games 7:00 Name that Face Biography</p>
<p>30.</p> <p>9:15 Current Events U 10:15 Morning Stretch ML 10:15 Tea Social AR 10:15 Balloon Toss TO 11:15 Bedside Stretches 12:00 Games &amp; Giggles 2:15 Ten Pin Bowling ML 2:15 Sounds of Nature Relaxation Therapy AR 2:15 Card Bingo U 2:15 Friendly visits 3:15 Discussion Group AR 3:15 Hand &amp; Finger Dexterity TO 4:00 Reminiscing 3rd 4:00 Walking Club MF 5:00 Fun &amp; Games ML 7:00 Sing-a-long ML</p>	<p>31. <b>HALLOWEEN</b></p> <p>9:15 Halloween Trivia 2 <b>10:15 Portuguese Reflection with Sister Diane</b> 10:15 Fun &amp; Fitness ML 10:15 Halloween Trivia 3,4 11:15 Bedside visits 3rd 12:00 Games &amp; Giggles <b>2:00 Communion TO</b> <b>2:15 Halloween Social with Helen Stewart ML</b> <b>3:15 Costume Contest ML</b> 4:00 Doll Therapy TO 4:00 Dominoes AR 4:00 Friendly visits TO 4:00 Ring Toss 3rd 5:00 Fun &amp; Games ML <b>7:00 Halloween BINGO ML</b> 7:00 Music Appreciation 3rd</p>	 <p>QuotesIdeas.com</p>		<p>Activities are subject to change according to resident needs or Management</p>	<p><b>Legend</b></p> <p>AR = Activity Room BP = Back Patio MF = Main Floor ML = Main Lounge TO—Touring U = Units UL = Unit Lounge</p>	<p><b>DIWALI</b></p>  <p><b>Pet Visits</b></p> <p>“Chaz” Friday’s 1:45pm &amp; “Harvey” Monday’s at 1:45pm Friendly visits/ bedside visits daily at 12:45pm</p>

October  
2016



Tyndall Seniors  
Village  
Recreation Calendar  
Part TWO

### Church Services

- 2nd—New Covenant Church Service @ 2:15pm  
5th—St Patrick's Roman Catholic Mass @2:15pm  
7th, 21st—Bible Study @ 10:00am  
9th—Salvation Army @ 2:15pm  
11th—Mississauga City Baptist Church Service @ 2:15pm  
12th—Church of God @7pm  
15th—New Life Fellowship Church of God @ 2:15pm  
16th—Kingdom Covenant Center @ 2:30pm  
18th—Church of the Holy Spirit— Anglican @ 2:15pm  
19th—Rosary @ 7:00pm  
23rd—Applewood Gospel Hall @ 2:15pm  
25th—Westminster United Church Service @ 2:15pm

**RC COMMUNION EVERY  
MONDAY AT 2pm**

**Hymn Sing is every Saturday at  
10am**

### *In Remembrance*

*Edement Cathie  
Ming Lee  
Gloria Mederios  
Manuel Mederios  
Cecilia Carreiro  
Soo Wan Kwon*



### **Message to Resident, Families & Friends** **FLU SEASON:**

Flu Vaccine clinics will be starting as soon as the vaccine is received. Annual consents have been mailed to families—please complete and provide back to the Nursing station as soon as possible. Everyone is encouraged to have the Flu Vaccine. If you are experiencing flu symptoms, please refrain from visiting. In the event of an outbreak, all families will be notified—and advised of precautions.

Thank you to those who came out to the Annual Family Day. It was a great success! We look forward to next year.

Thank you to those who came to the Family information night on Sept. 14th. We ask that you bring us any suggestions for education in the new year.

The Ministry of Health has been in for 3 weeks in September for the RQI. A summary will be given once the final report is received.

### **Bake Sale**

**Tyndall will be holding a bake sale on Friday  
December 9th  
10am-3pm**

We are looking for donations of baked goods, preserves etc. Any donations can be brought to the activity dept. by December 10th at 12:00pm  
50/50 Draw to be held at the bake sale - tickets to go on sale early November.

All proceeds go to the Resident Council Funds



**SHARON VILLAGE  
CARE HOMES**

## October Special Events and Outings

10th—Thanksgiving

14th—Social Club with Eileen Hennesey

18th—Fall Leave Tour and Lunch outing (sign up)

20th—Heritage Museum Presentation

26th—Monthly Birthday Party with Bob McLean

27th—Resident Council & Food Committee Meetings

29th—Diwali

31st HALLOWEEN—Celebration with Helen Stewart

If you would like to sign up for any of the outings please see Shannon or a staff in the Activity Dept. for more information.



Join us Monday October 31st for our Halloween Celebration with Helen Stewart at 2:15pm in the Main Lounge—Costume Contest to follow Prizes for Best Staff Costume and Best Resident Costume.

### Happy Halloween!

We would like to welcome our newest volunteer Group to Tyndall. They are a small group from the Chinese Alliance Church in Mississauga. Primarily visiting on the 2nd Friday of the month to visit Residents who speak Mandarin and or Cantonese.

We welcome you aboard and are thankful for the service you will be providing.

### *Did you know?*

*Birthstone—Opal  
Zodiac Sign—Libra & Scorpio*

*October is:  
Breast Cancer Month  
National Domestic Violence Awareness Month  
National Adopt a Pet Month*

October is the Tenth Month in the Modern Day Gregorian Calendar and its predecessor the Julian Calendar. The month kept it's original name from the Roman Calendar in which Octo means "eight" in Latin marking it the eighth month of the year.



1060 Eglinton Ave. East  
Mississauga, ON  
L4W 1K3  
(905) 624-1511  
www.svch.ca  
infotv@svch.ca