




SUN	Mon	Tue	Wed	Thu	Fri	Sat
<p>Activities are subject to change according to resident needs or Management</p>	<p><u>Pet Visits</u></p> <p>“Chaz” Friday’s</p> <p>1:45pm</p> <p>& “Harvey”</p> <p>Monday’s at 1:45pm</p> <p>Friendly visits/ bedside visits daily at 12:45pm</p>	<p><u>Legend</u></p> <p>AR = Activity Room</p> <p>BP = Back Patio</p> <p>MF = Main Floor</p> <p>ML = Main Lounge</p> <p>TO—Touring</p> <p>U = Units</p> <p>UL = Unit Lounge</p>	<p>September is National Apple Month</p> 	<p>1. 9:15 Reminiscing 2 9:45 Morning Stretch AR 10:15 Hand Therapy TO 10:15 Musical Memories ML 11:15 Helping Hands 3rd, 4th 12:00 Games & Giggles ML 2:15 Bean Bag Toss ML 2:15 Relaxation Therapy AR 2:15 Card Games on the Patio 2:15 Bedside Music Therapy TO 3:15 Walking Club MF 3:15 Puzzles U 4:00 Fun & Fitness ML 4:00 Scenic Tours 4:00 Friendly visits 5:00 Fun & Games ML 7:00 BINGO ML 7:00 Art Therapy AR</p>	<p>2. 9:15 Reminiscing 2, 4 10:15 Sensory Stimulation ML 10:15 Morning Stretch AR 10:15 Trivia U 11:15 Helping Hands Patio 12:00 BBQ Lunch 1st sitting 2:15 Hand & Finger Dexterity TO 2:15 Horse Races ML 2:15 Scenic Tours 2:15 Short Stories on the Patio 2:15 Bedside Visits 3:15 Ring Toss 2nd 3:15 Bean Bag Toss 4th 4:00 Music Therapy 3rd, 4th 4:00 Walking Club MF 4:00 Bean Bag Toss 3rd 5:00 Fun & Games ML 7:00 Tyndall Cinema ML</p>	<p>3. 9:15 Reminiscing 2 10:00 Hymn Sing ML 10:15 Outdoor Chat 12:00 Games & Giggles 2:15 Reminiscing 4th 2:15 Heart Lake Seventh Day Adventist Children’s Group 3:15 Music Therapy 3rd 4:00 Doll Therapy TO 5:00 Fun & Games ML</p>
<p>4. 9:15 Short Stories U 10:15 Fun & Fitness ML 10:15 Tea Social AR 11:15 Doll Therapy U 12:00 Games & Giggles 2:15 New Covenant Church ML 2:15 Reminiscing 3rd 3:15 Helping Hands U 4:00 Scenic Tours 5:00 Fun & Games ML</p>	<p>5. LABOUR DAY 9:15 Reminiscing 4 9:45 Morning Stretch AR 10:15 Fun & Fitness ML 11:15 Music Therapy 3rd, 4th 12:00 Games & Giggles ML 2:15 Communion TO 2:15 BINGO ML 2:15 Art Therapy on the Patio 2:15 Hand Therapy TO 3:15 Scenic Tours 4:00 Hand & Finger Dexterity TO 4:00 Board Games 3, 4th 5:00 Fun & Games ML 7:00 Sing-a-long ML</p> <p>7:00 Sensory Stimulation AR</p>	<p>6.9:15 Current Events 2, 4 9:45 Fun & Fitness ML 10:15 Music Therapy all floors on the Patio 11:15 Short Stories 3rd, 4th 12:00 Games & Giggles ML 2:15 Ken Muir Baptist Church ML 2:15 Ice Cream on Wheels 2:15 Bedside Stretches TO 3:15 Thumb Ball AR 3:15 Scenic Tours 3:15 Walking Club MF/ outside 4:00 Bedside Music Therapy TO 4:00 Reading Group ML 5:00 Fun & Games ML 7:00 Horse Races ML</p>	<p>7. 9:15 Short Stories 2, 4 10:15 Sensory Stimulation ML 10:15 Morning Stretch AR 11:15 Current Events 3rd 12:00 Games & Giggles ML 2:15 Roman Catholic Mass ML 2:15 Music Therapy 2, 3 2:15 Poetry Club Patio 2:15 Hand & Finger Dexterity TO 3:15 Fun & Fitness ML 4:00 Doll Therapy TO 4:00 Walking Club MF 4:00 Ring toss 4th 5:00 Fun & Games ML 7:00 Tea & Toast Social AR</p>	<p>8. 9:15 Reminiscing 2 10:15 Sensory Stimulation Patio 11:15 Scenic Tours 11:15 Helping Hands 3rd, 4th 12:00 Games & Giggles ML 2:15 Baking—Apple Crisp 2:15 Fun & Fitness ML 2:15 Bedside Music Therapy TO 3:15 Walking Club MF 4:00 Helping Hands AR 4:00 Friendly visits 4:00 Hand Therapy U 5:00 Fun & Games ML 7:00 BINGO ML</p>	<p>9. 9:15 Reminiscing 2, 4 10:00 Bible Study ML 10:15 Fun & Fitness ML 10:15 Morning Stretch AR 10:15 Helping Hands Patio 11:15 Friendly visits 12:30 BBQ 2nd sitting 2:15 Outdoor Sensory Stimulation 2:15 Reading Group AR 2:15 Bedside Stretches TO 3:00 Chinese Alliance Church visits ML 3:15 Hand & Finger Dexterity TO 4:00 Thumb Ball AR 4:00 Walking Club MF 5:00 Fun & Games ML 7:00 Tyndall Cinema</p>	<p>10. 9:15 Reminiscing 2, 4 10:00 Hymn Sing ML 10:15 Bedside Stretches TO 11:15 Card Games 3rd 12:00 Games & Giggles 2:15 Sensory Stimulation AR 2:15 Outdoor Chat Patio 2:15 Scenic Tours 3:15 Short Stories 3rd 4:00 Doll Therapy TO 4:00 Hand & Finger Dexterity 5:00 Fun & Games ML 7:00 Word Games ML</p>
<p>11. GRANDPARENTS DAY 9:15 Current Events U 10:15 Reading Group Patio 10:15 Relaxation Therapy AR 11:15 Trivia 3rd 12:00 Games & Giggles ML 1:00-3:30 ANNUAL FAMILY DAY BBQ 4:00 Doll Therapy AR 4:00 Scenic Tours 5:00 Fun & Games ML 7:00 Name that Face Biography ML</p>	<p>12. 9:15 Reminiscing 2, 4 10:15 Sensory Stimulation ML 10:15 Morning Stretch AR 11:15 Helping Hands 3rd, 4th 12:00 Games & Giggles ML 2:15 Communion TO 2:15 BINGO ML 2:15 Outdoor Chat - Patio 3:15 Scenic Tours 4:00 Walking Club MF 4:00 Hand & Finger Dexterity TO 4:00 Board Games U 5:00 Fun & Games ML 7:00 Ladies Club AR 7:00 Men’s Club ML</p>	<p>13. 9:15 Short Stories 2, 4 10:00 Bus Outing to PAMA Art Gallery and Museum 10:15 Fun & Fitness ML 10:15 Word Games 3rd 11:15 Music Therapy 3rd, 4th 12:00 Games & Giggles ML 2:15 Mississauga City Baptist Church ML 2:15 Bedside Stretches TO 2:15 Reading Group AR 3:15 Scenic Tours 4:00 Relaxation Therapy ML 4:00 Helping Hands 3rd 5:00 Fun & Games ML 7:00 Ten Pin Bowling</p>	<p>14. 9:15 Short Stories 2, 4 9:45 Sensory Stimulation ML 10:15 Morning Stretch AR 11:15 Current Events 3rd 12:00 Games & Giggles ML 3:15 Fun & Fitness ML 4:00 Walking Club MF 4:00 Doll Therapy TO 4:00 Reading Group ML 5:00 Fun & Games ML 7:00 Tea & toast Social 7:00 Family Information Session and Education on Different Types of Dementia</p>	<p>15. 9:15 Music Therapy 2 9:45 Morning Stretch AR 10:00 Heritage Museum Presentation 10:15 Manicures TO 11:15 Helping Hands 3rd, 4th 12:00 Games & Giggles ML 2:15 Apple Crafts AR 2:15 Poetry Club ML 2:15 Bedside visits TO 2:15 Music Therapy 3rd 3:15 Bean Bag Toss 2nd 3:15 Scenic Tours 4:00 Sensory Stimulation ML 4:00 Friendly visits 4:00 Ring Toss 4th 5:00 Fun & Games ML 7:00 BINGO ML 7:00 Hand Therapy U</p>	<p>16. 9:15 Reminiscing 2, 4 10:15 Fun & Fitness ML 10:15 Tea Social AR 10:15 Walking Club MF 11:15 Reminiscing 3rd 11:15 Helping Hands Patio 12:30 BBO 4th floor dining room residents 2:15 Card Bingo ML 2:15 Afternoon Stretch AR 2:15 Ice Cream on Wheels 3:15 Doll Therapy 2nd 3:15 Discussion Group * Patio 4:00 Scenic Tours 4:00 Helping Hands AR 5:00 Fun & Games ML 7:00 Tyndall Cinema ML</p>	<p>17. 9:15 Reminiscing 2 10:00 Hymn Sing ML 10:15 Reminiscing 4th 11:15 Name that Tune 3rd 12:00 Games & Giggles ML 2:15 New Life Fellowship Church of God ML 2:15 Thumb Ball AR 2:15 Bedside Stretches TO 3:15 Sensory Stimulation AR 4:00 Helping Hands U 4:00 Outdoor Walking Club 5:00 Fun & Games ML 7:00 Trivia and Word Games ML</p>

September
2016



Tyndall Seniors
Village
Recreation Calendar
Part ONE