



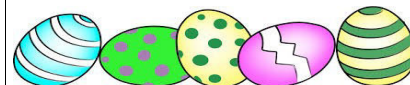





Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Legend</p> <p>AR = Activity Room</p> <p>BP = Back Patio</p> <p>MF = Main Floor</p> <p>ML = Main Lounge</p> <p>TO—Touring</p> <p>U = Units</p> <p>UL = Unit Lounge</p> 	<p><u>Pet Visits</u></p> <p>“Scrappy” Mondays at 1:00pm & “Chaz” Friday’s 1:45pm—3:00pm</p> <p>AUGUST IS PEACH MONTH AND NATIONAL COFFEE MONTH</p> 	<p>1. 9:15 Short Stories 2, 4 10:15 Sensory Stimulation ML 10:15 Morning Stretch Patio 10:15 Music Appreciation 3rd 11:15 Hand Therapy TO 11:15 Balloon Toss TO 12:00 Games & Giggles ML 2:15 Art Therapy AR 2:15 Ten Pin Bowling ML 2:15 Doll therapy TO 2:15 Hand Therapy TO 2:15 Scenic Tours 3:15 Helping Hands AR 3:15 Bean Bag Toss 2nd 4:00 Walking Club 4:00 Friendly visits 4:00 Short Stories 3 4:00 Doll Therapy TO 5:00 Fun & Games ML 7:00 Tea & Toast Social AR 7:00 Ring Toss U</p>	<p>2. 9:15 Reminiscing 2, 4 10:15 Fun & Fitness ML 10:15 Morning Stretch AR 10:15 Bedside Music Therapy 10:15 Balloon Toss TO 11:15 Short Stories U 12:00 Games & Giggles ML <u>2:15 St. Patrick’s Roman Catholic Mass ML</u> 2:15 Garden Care—Helping Hands 2:15 Bedside visits TO 2:15 Hand & Finger Dexterity TO 2:15 Outdoor Chat on the Patio 3:15 Scenic Tours 3:15 Relaxation Therapy AR 4:00 Hand Therapy TO 4:00 Card BINGO ML 5:00 Fun & Games ML 7:00 Ten Pin Bowling</p>	<p>3. 9:15 Current Events 2 10:15 Morning Stretch ML 10:15 Glamour Club AR 10:15 Walking Club 11:15 Helping Hands 3rd 11:15 Current Events 3rd, 4th 12:00 Games & Giggles ML 2:15 Outdoor Games 2:15 Bedside Music Therapy 3:15 Scenic Tours 3:15 Hand Therapy TO 4:00 Sensory Stimulation ML 4:00 Bedside Music Therapy TO 5:00 Fun & Games ML 7:00 BINGO ML</p>	<p>4. 9:15 Friendly visits 10:15 Sensory Stimulation AR 10:15 Fun & Fitness ML 10:15 Outdoor Chat 11:15 Helping Hands on the Patio <u>12:00 1st sitting BBQ Lunch</u> 2:15 Music Therapy U 2:15 Doll Therapy U 2:15 Ice Cream Social on the Patio 3:15 Balloon Toss TO 4:00 Bedside Music Therapy TO 4:00 Reading Group ML 4:00 Hand Therapy TO 5:00 Fun & Games ML 7:00 Tyndall Cinema ML</p>	<p>5. 9:15 Reminiscing 2 10:00 Hymn Sing ML 10:15 Reminiscing 4 10:15 Scenic Tours 11:15 Friendly visits 11:15 Name that Tune 3rd 12:00 Games & Giggles ML 2:15 Puzzles U 2:15 Garden Care—Helping Hands <u>2:15 Heart Lake Seventh Day Adventist Children’s Group ML</u> 2:15 Sensory Stimulation AR 3:15 Bedside Stretch TO 3:15 Hand & Finger Dexterity 4:00 Balloon toss TO 4:00 Bedside Music Therapy TO 5:00 Fun & Games ML 7:00 Discussion Group AR</p>
<p>6. 9:15 Bedside visits TO 10:15 Sensory Stimulation ML 10:15 Morning Stretch AR 11:15 Helping Hands 3rd 11:15 Bedside visits 12:00 Games & Giggles ML <u>2:15 Grace New Covenant Church ML</u> 2:15 Balloon Toss TO 2:15 Art Therapy AR 2:15 Outdoor Chat 3:15 Card Games U 3:15 Bedside Music Therapy TO 4:00 Doll Therapy AR 4:00 Scenic Tours 5:00 Fun & Games ML 7:00 Horse Races ML</p>	<p>7. CIVIC HOLIDAY 9:15 Reminiscing 2 10:15 Fun & Fitness ML 10:15 Outdoor walking 11:15 Helping Hands 3rd 12:00 Games & Giggles ML <u>2:00 Communion TO</u> 2:15 BINGO ML 2:15 Sensory Stimulation on the Patio 3:15 Thumb Ball 4th 4:00 Hand Therapy TO 4:00 Bedside Visits TO 4:00 Relaxation Therapy AR 4:00 Name that Tune 3rd 5:00 Fun & Games ML 7:00 Men’s Club ML 7:00 Ladies Club AR</p>	<p>8. 9:15 Short Stories 2,4 10:15 Scenic Tours 10:15 Sensory Stimulation ML 10:15 Morning Stretch AR 11:15 Manicures 11:15 Short Stories 3rd 12:00 Games & Giggles ML <u>2:15 Mississauga City Baptist Church ML</u> 2:15 Hand & Finger Dexterity TO 2:15 Horticulture AR/ Patio 2:15 Trivia 4th 2:15 Bedside Music Therapy TO 3:15 Scenic Tours 3:15 Puzzles 2nd 4:00 Walking Club MF 4:00 Doll Therapy TO 4:00 Card Bingo AR 5:00 Fun & Games ML 7:00 Tea & Toast Social AR</p>	<p>9. 9:15 Reminiscing 2, 4 10:15 Fun & Fitness ML 10:15 Balloon Toss TO 10:15 Morning Stretch AR 10:15 Music Therapy 3rd 11:15 Scenic Tours 11:15 Helping Hands 3rd 12:00 Games & Giggles ML 2:15 Music Appreciation on the Patio 2:15 Spelling Bee ML 2:15 Hand Therapy U 2:15 Reminiscing U 3:15 Walking Club 3:15 Friendly visits 4:00 Hindu Prayer AR 4:00 Sensory Stimulation AR 4:00 Hand & Finger Dexterity TO 4:00 Card BINGO ML 5:00 Fun & Games ML <u>7:00 Church of God ML</u> 7:00 Relaxation Therapy AR</p>	<p>10. CARNIVAL DAY 9:15 Current Events 2 10:15 Morning Stretch AR 10:15 Sensory Stimulation ML 10:15 Walking Club 11:15 Helping Hands 3rd 12:00 Games & Giggles ML <u>2:15 Carnival</u> 4:00 Bedside Music Therapy TO 5:00 Fun & Games ML 7:00 BINGO ML 7:00 Ringo Toss U</p> 	<p>11:9:15 Friendly visits U 10:15 Fun & Fitness ML 10:15 Helping Hands on the Patio 10:15 Music Therapy 4th 10:15 Sensory Stimulation AR 11:15 Word Games 3rd <u>12:30 2nd sitting BBQ Lunch</u> 2:15 Crafts AR 2:15 Bedside stretches TO 2:15 Card Bingo on the Patio 2:15 Garden Care—Helping Hands 2:15 Ring Toss 4th <u>3:00 Chinese Alliance Church ML</u> 3:15 Bean Bag Toss 2nd 4:00 Balloon Toss TO 4:00 Reading Group ML 4:00 Puzzles 3rd 4:00 Friendly visits 5:00 Fun & Games ML <u>7:15 Social Club with Vivienne Castell</u></p>	<p>12. 9:15 Reminiscing 2 10:00 Hymn Sing ML 10:15 Ring Toss 3rd 11:15 Name that Tune 3rd 12:00 Games & Giggles ML 2:15 Reminiscing on the Patio 2:15 Hand Therapy TO 2:15 Horse Shoes 4th 3:15 Bedside Stretch TO 4:00 Balloon toss TO 4:00 Garden Care—Helping Hands 5:00 Fun & Games ML 7:00 Tyndall Cinema ML</p>
<p>13. 9:15 Current Events U 10:15 Fun & Fitness on the Patio 11:15 Bedside Music Therapy TO 12:00 Games & Giggles ML <u>2:15 Promise of Life Church ML</u> 2:15 Balloon Toss TO 2:15 Creative Painting Patio 3:15 Relaxation Therapy AR 4:00 Doll Therapy AR 4:00 Scenic Tours 5:00 Fun & Games ML 7:00 Card Bingo ML</p>	<p>14. 9:15 Reminiscing 2 10:15 Fun & Fitness ML 10:15 Manicures TO 10:15 Trivia 4 11:15 Helping Hands 3rd, 4th 12:00 Games & Giggles ML <u>2:00 Communion TO</u> 2:15 Outdoor Chat 2:15 Sensory Stimulation on the Patio 2:15 Hand Therapy TO 3:15 Helping hands 2 3:15 Part 2 Tyndall Cinema ML 4:00 Hand Therapy TO 4:00 Relaxation Therapy AR 4:00 Puzzles U 5:00 Fun & Games ML 7:00 BINGO ML 7:00 Scenic Tours</p>	<p>15. 9:15 Short Stories 2,4 10:15 Scenic Tours 10:15 Sensory Stimulation ML 10:15 Morning Stretch AR 11:15 Balloon Toss TO 11:15 Short Stories 3rd 12:00 Games & Giggles ML <u>2:15 Church of the Holy Spirit Anglican Lutheran Church</u> 2:15 Lemonade on the Patio 2:15 Friendly visits 2:15 Bedside Music Therapy TO 2:15 Trivia U 3:15 Puzzles 2nd 4:00 Walking Club MF 4:00 Doll Therapy TO 4:00 Card Bingo AR 5:00 Fun & Games ML 7:00 Tea & Toast Social AR 7:00 Reminiscing U</p>	<p>16:9:15 Reminiscing 2, 4 10:15 Fun & Fitness ML 10:15 Bedside stretches 10:15 Balloon Toss TO 10:15 Morning Stretch AR 11:15 Helping Hands 3rd 11:15 Scenic Tours 12:00 Games & Giggles ML 2:15 Baking 2:15 Music Appreciation on the Patio 2:15 Reminiscing U 3:15 Walking Club 4:00 Doll Therapy TO 4:00 Sensory Stimulation AR 4:00 Hand & Finger Dexterity TO 4:00 Card BINGO ML 5:00 Fun & Games ML <u>7:00 Rosary ML</u> 7:00 Relaxation Therapy AR</p>	<p>17:9:15 Current Events 2, 4 <u>10:15 Heritage Museum Presentation ML</u> 10:15 Morning Stretch AR 10:15 Bedside Stretches 11:15 Helping Hands 3rd 11:15 Current Events 3rd, 4th 12:00 Games & Giggles ML <u>2:15 Peaches N Cream Social</u> 2:15 Balloon Toss TO 2:15 Friendly visits 3:15 Trivia 2nd 4th 3:15 Walking Club MF 4:00 Sensory Stimulation ML 4:00 Bedside Music Therapy TO 5:00 Fun & Games ML 7:00 BINGO ML 7:00 Hand & Finger Dexterity</p>	<p>18. 9:15 Friendly visits U 10:15 Fun & Fitness ML 10:15 Helping Hands on the Patio 11:15 Word Games 3rd <u>12:30 4th floor dining room residents BBQ Lunch</u> 2:15 Crafts AR 2:15 Bedside stretches TO 2:15 Sensory Stimulation Patio 2:15 Garden Care—Helping Hands 3:15 Card Bingo U 4:00 Balloon Toss TO 4:00 Reading Group ML 4:00 Puzzles 3rd 4:00 Friendly visits 5:00 Fun & Games ML 7:00 Tyndall Cinema ML 7:00 Bean Bag Toss U</p>	<p>19. 9:15 Bean Bag Toss 2 10:00 Hymn Sing ML 10:15 Ring Toss 4 11:15 Bean Bag Toss 3 12:00 Games & Giggles ML <u>2:15 New Life Fellowship Church of God ML</u> 2:15 Scenic Tours 2:15 Reminiscing on the Patio 4:00 Relaxation Therapy AR 4:00 Bedside Music 5:00 Fun & Games ML 7:00 Name that Face Trivia</p>

August
2017



Tyndall Seniors
Village
Recreation Calendar
Part ONE

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>16. EASTER SUNDAY</p> <p>9:15 Reminiscing 2 10:15 Easter Tea Social AR 12:00 Games & Giggles 2:15 Relaxation Therapy AR 2:15 Board Games U 2:30 Kingdom Covenant Center ML 3:15 Doll Therapy TO 3:15 Friendly visits TO 4:00 Easter Discussion AR 4:00 Walking Club 5:00 Fun & Games ML</p> <p>7:00 Discussion Group AR</p> 	<p>17. EASTER MONDAY</p> <p>9:15 Current Events 2 10:15 Morning Stretch AR 10:15 Sensory Stimulation ML 11:15 Trivia 3rd 11:15 Current Events U 12:00 Games & Giggles 2:00 Communion TO 2:15 Travel the World ML 2:15 Helping Hands 2 2:15 Puzzles 4 2:15 Bedside Visits 3 3:15 Reading Group AR 3:15 Bedside Music Therapy 4:00 Relaxation Therapy AR 4:00 Dominoes ML 4:00 Walking Club MF 5:00 Fun & Games ML 7:00 BINGO ML 7:00 Hand & Finger Dexterity TO</p> 	<p>18.</p> <p>9:15 Music Therapy 2,4 10:00 Outing TBA (sign up) 10:15 Fun & Fitness ML 10:15 Morning Stretch AR 11:15 Hand & Finger Dexterity 12:00 Games & Giggles 2:15 Church of the Holy Spirit Anglican Service ML 2:15 Scenic Tours 2:15 Board Games U 3:15 Friendly visits 4:00 Afternoon Stretch AR 4:00 Bedside Music Therapy TO 5:00 Fun & Games ML 7:00 Sing-a-long ML</p>	<p>19.</p> <p>9:15 Reminiscing 2, 4 10:15 Fun & Fitness ML 10:15 Bedside Stretches TO 10:15 Reminiscing 3rd 10:15 Sensory Stimulation AR 11:15 Hand & Finger Dexterity TO 12:00 Games & Giggles 1:00 Activity Dept. Meeting 3:15 Computer Time ML 3:15 Bedside Music TO 4:00 Balloon Toss TO 4:00 Relaxation therapy AR 4:00 Walking club MF 4:00 Doll Therapy TO 5:00 Fun & Games ML 7:00 Hand Therapy U 7:00 Rosary ML</p>	<p>20.</p> <p>9:15 Current Events 2 10:00 Heritage Museum Presentation ML 10:15 Sensory Stimulation AR 10:15 Bedside Stretches TO 10:15 Manicures TO 11:15 Bedside Music Therapy 11:15 Card Games 3rd 11:15 Friendly visits 12:00 Games & Giggles 2:15 Music Therapy U 2:15 Horse Races ML 2:15 Scenic Tours 3:15 Walking Club MF 3:15 Scenic Tours 3:15 Ring Toss 2nd 4:00 Reading Group ML 4:00 Hand Therapy TO 4:00 Bean Bag Toss 4th 5:00 Fun & Games 7:00 BINGO ML 7:00 Relaxation Therapy AR</p>	<p>21.</p> <p>9:15 Short Stories 2, 4 10:00 Bible Study ML 10:15 Morning Stretch AR 10:15 Bedside stretches 10:15 Word Games 3rd 11:15 Short Stories 3 11:15 Balloon Toss TO 12:00 Games & Giggles 2:15 Card Games U 2:15 Ten Pin Bowling ML 2:15 Baking AR 2:15 Helping Hands U 2:15 Doll Therapy U 3:15 Word Games 2nd 4:00 Sensory Stimulation ML 4:00 Short Stories 3rd 4:00 Walking Club MF 5:00 Fun & Games 7:15 Social Club with Eileen Hennessey ML</p>	<p>22.</p> <p>9:15 Current Events 2, 4 10:00 Hymn Sing ML 10:15 Reminiscing 3rd 11:15 Name that tune 3rd 12:00 Games & Giggles 2:15 Trivia & Word Games 2:15 Relaxation Therapy AR 3:15 Busy Hands 3 4:00 Scenic Tours 5:00 Fun & Games</p>
<p>23.</p> <p>National Volunteer Appreciation Week Begins</p> <p>9:15 Current Events U 10:15 Music Therapy ML 10:15 Morning Stretch AR 11:15 Current Events U 12:00 Games & Giggles 2:15 Horse Races ML 2:15 Bedside visits TO 2:15 Sensory Stimulation AR 3:15 Doll Therapy TO 4:00 Puzzles 3rd 4:00 Balloon Toss 4th 5:00 Fun & Games ML 7:00 Sing-a-long ML</p>	<p>24.</p> <p>9:15 Reminiscing 2 10:15 Morning Stretch AR 10:15 Fun & Fitness ML 10:15 Trivia 4 11:15 Balloon Toss TO 11:15 Reminiscing 3rd, 4th 12:00 Games & Giggles 2:00 Communion TO 2:15 Travel the World ML 2:15 Crafts AR 2:15 Hand & Finger Dexterity TO 3:15 Bedside visits 3:15 Helping Hands AR 4:00 Hand Therapy U 4:00 Walking Club MF 4:00 Word Games 3rd 5:00 Fun & Games ML 7:00 BINGO ML 7:00 Music Therapy U</p> 	<p>25. 9:15 Music Therapy 2,4 10:15 Morning Stretch AR 10:15 Sensory Stimulation ML 10:15 Music Therapy 3 11:15 Friendly visits 11:15 Helping Hands 3rd 12:00 Games & Giggles 2:15 Reminiscing Group U 2:15 Collage Making AR 2:00 Westminster United Church 2:15 Bedside Stretches 2:15 Hand Therapy 2:15 Manicures 3:15 Ring Toss 2 3:15 Bean Bag Toss 3rd 4:00 Walking Club MF 4:00 Discussion Group AR 4:00 Card Games 3 4:00 Friendly visits 5:00 Fun & Games ML 7:00 Relaxation Therapy</p>	<p>26.</p> <p>9:15 Reminiscing 2, 4 10:15 Fun & Fitness ML 10:15 Helping Hands AR 10:15 Reminiscing 3rd 10:15 Computer Time ML 11:15 Current Events 3, 4 11:15 Hand & Finger Dexterity TO 12:00 Games & Giggles 2:15 Monthly Birthday Party with Kenny Joseph ML 4:00 Helping Hands U 4:00 Sensory Stimulation ML 4:00 Bedside Music Therapy 4:00 Puzzles U 5:00 Fun & Games ML 7:00 Sing- a -long ML 7:00 Helping Hands TO</p>	<p>27.</p> <p>9:15 Current Events 2 10:00 Resident Council ML 10:15 Music Therapy 2, 4 10:15 Morning Stretch AR 10:15 Bean Bag Toss 3rd 11:15 Bedside Music Therapy 11:15 Card Games 3rd 12:00 Games & Giggles 2:15 Friendly visits TO 2:15 Sensory Stimulation AR 2:15 Bedside visits 2:15 Helping Hands U 2:15 Ten Pin Bowling ML 3:15 Walking Club MF 3:15 Ring Toss 2nd 4:00 Reading Group ML 4:00 Hand Therapy TO 4:00 Bean Bag Toss 4th 5:00 Fun & Games 7:00 BINGO ML 7:00 Music Therapy U</p>	<p>28.</p> <p>9:15 Short Stories 2, 4 10:15 Music Therapy U 11:15 Manicures</p> <p>1:30 Volunteer Appreciation Tea</p> <p>5:00 Fun & Games 7:00 Tyndall Cinema ML 7:00 Board Games U</p>	<p>29.</p> <p>9:15 Current Events 2, 4 10:00 Hymn Sing ML 10:15 Reminiscing 3rd 10:15 Hand & Finger Dexterity TO 11:15 Trivia 3rd 11:15 Name that tune 3rd 12:00 Games & Giggles 2:15 Art Therapy AR 2:15 Ring Toss ML 2:15 Bedside visits 2:15 Hand Therapy TO 3:15 Scenic Tours 3:15 Busy Hands 3 4:00 Relaxation Therapy AR 4:00 Walking Club MF 5:00 Fun & Games 7:00 Card Bingo ML</p>
<p>30.9:15 Current Events U 10:15 Music Therapy ML 10:15 Morning Stretch AR 11:15 Current Events U 12:00 Games & Giggles 2:15 Bedside visits TO 2:15 Sensory Stimulation AR 3:15 Doll Therapy TO 4:00 Puzzles 3rd 4:00 Balloon Toss 4th 5:00 Fun & Games ML 7:00 Sing-a-long ML</p>						

April
2017



Tyndall Seniors
Village
Recreation Calendar
Part TWO