

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Legend</p> <p>AR = Activity Room</p> <p>BP = Back Patio</p> <p>MF = Main Floor</p> <p>ML = Main Lounge</p> <p>TO—Touring</p> <p>U = Units</p> <p>UL = Unit Lounge</p>	<p><u>Pet Visits</u></p> <p>“Scrappy” Mondays at 1:00pm & “Chaz” Friday’s 1:45pm—3:00pm</p>					<p>1. 9:15 Reminiscing 2 10:00 Hymn Sing ML 10:15 Sensory Stimulation AR 10:15 Reminiscing 3rd 11:15 Name that Tune 3rd 12:00 Games & Giggles ML 2:15 Canada Day Celebration with Bill Dearling BP 4:00 Friendly visits 5:00 Fun & Games ML</p> <p>CANADA DAY!</p>
<p>2. 9:15 Bedside visits TO 10:15 Music Therapy ML 10:15 Scenic Tours 11:15 Bedside visits 12:00 Games & Giggles ML 2:15 Grace New Covenant Church ML 2:15 Puzzles AR 4:00 Doll Therapy AR 4:00 Reminiscing on the patio 5:00 Fun & Games ML 7:00 Discussion Group AR</p>	<p>3. 9:15 Trivia 2 10:15 Fun & Fitness ML 10:15 Morning Stretch AR 10:15 Balloon Toss TO 11:15 Bedside Stretches TO 11:15 Garden Care—Helping Hands 12:00 Games & Giggles ML 2:00 Communion TO 2:15 Travel to Canada 2:15 Relaxation therapy AR 2:15 Outdoor chat 3:15 Hand Therapy TO 3:15 Part 2 Tyndall Cinema ML 4:00 Trivia AR 4:00 Walking Club MF 5:00 Fun & Games ML 7:00 BINGO ML</p>	<p>4. 9:15 Short Stories 2 10:15 Sensory Stimulation ML 10:15 Morning Stretch Patio 11:15 Hand Therapy To 11:15 Balloon Toss TO 12:00 Games & Giggles ML 2:15 Music Appreciation on the Patio 2:15 Bedside Music Therapy 2:15 Knitting club 3:15 Helping Hands AR 3:15 Bean Bag Toss 2nd 4:00 Walking Club 4:00 Doll Therapy TO 5:00 Fun & Games ML 7:00 Tea & Toast Social AR</p>	<p>5. 9:15 Reminiscing 2, 4 10:15 Fun & Fitness ML 10:15 Morning Stretch AR 10:15 Bedside Music Therapy 10:15 Balloon Toss TO 11:15 Short Stories U 12:00 Games & Giggles ML 2:15 St. Patrick’s Roman Catholic Mass ML 2:15 Garden Care—Helping Hands 2:15 Bedside visits TO 2:15 Outdoor Chat on the Patio 3:15 Afternoon Stretch ML 3:15 Scenic Tours 4:00 Relaxation Therapy AR 4:00 Hand Therapy TO 4:00 Card BINGO ML 5:00 Fun & Games ML 7:00 Ten Pin Bowling</p>	<p>6. 9:15 Current Events 2 10:15 Morning Stretch ML 10:15 Glamour Club AR 10:15 Walking Club 11:15 Helping Hands 3rd 11:15 Current Events 3rd, 4th 12:00 Games & Giggles ML 2:15 Fun & Games on the Patio 2:15 Bedside Music Therapy 3:15 Hand Therapy TO 4:00 Sensory Stimulation ML 4:00 Bedside Music Therapy TO 5:00 Fun & Games ML 7:00 BINGO ML</p>	<p>7. 9:15 Friendly visits 10:15 Sensory Stimulation AR 10:15 Fun & Fitness ML 10:15 Bedside Stretches TO 10:15 Outdoor Chat 11:15 Helping Hands on the Patio 12:30 BBQ Lunch 4th floor dining room residents 2:15 Scenic Tours 2:15 Music Therapy U 2:15 Doll Therapy U 2:15 Horticulture BP 2:15 Word Games 2nd 3:15 Walking Club 4:00 Bedside Music Therapy TO 4:00 Balloon Toss 3rd 4:00 Reading Group ML 4:00 Hand Therapy TO 5:00 Fun & Games ML 7:00 Tyndall Cinema ML 7:00 Hand & Finger Dexterity</p>	<p>8. 9:15 Reminiscing 2 10:00 Hymn Sing ML 10:15 Reminiscing 4 11:15 Name that Tune 3rd 12:00 Games & Giggles ML 2:15 Ice Cream Social on the Patio 3:15 Bedside Stretch TO 4:00 Balloon toss TO 4:00 Garden Care—Helping Hands 5:00 Fun & Games ML 7:00 Discussion Group AR</p>
<p>9. 9:15 Bedside visits TO 10:15 Sensory Stimulation ML 11:15 Bedside visits 12:00 Games & Giggles ML 2:15 Promise of Life Church Service 2:15 Balloon Toss TO 2:15 Art Therapy AR 3:15 Card Games U 4:00 Doll Therapy AR 4:00 Scenic Tours 5:00 Fun & Games ML 7:00 Thumb Ball AR</p>	<p>10. 9:15 Reminiscing 2 10:15 Fun & Fitness ML 10:15 Manicures TO 10:15 Trivia 4 11:15 Helping Hands 3rd, 4th 12:00 Games & Giggles ML 2:00 Communion TO 2:15 Canadian BINGO ML 2:15 Sensory Stimulation on the Patio 3:15 Outdoor Chat 3:15 Part 2 Tyndall Cinema ML 4:00 Hand Therapy TO 4:00 Scenic Tours 5:00 Fun & Games ML 7:00 Sing-a-long ML</p>	<p>11. 9:15 Short Stories 2,4 10:15 Scenic Tours 10:15 Sensory Stimulation ML 10:15 Morning Stretch AR 11:15 Manicures 11:15 Short Stories 3rd 12:00 Games & Giggles ML 2:15 Mississauga City Baptist Church ML 2:15 Hand & Finger Dexterity TO 2:15 Horticulture AR/ Patio 2:15 Trivia 4th 2:15 Bedside Music Therapy TO 3:15 Scenic Tours 3:15 Puzzles 2nd 4:00 Walking Club MF 4:00 Doll Therapy TO 4:00 Card Bingo AR 5:00 Fun & Games ML 7:00 Tea & Toast Social AR</p>	<p>12. 9:15 Reminiscing 2, 4 10:15 Fun & Fitness ML 10:15 Balloon Toss TO 10:15 Morning Stretch AR 11:15 Helping Hands 3rd 12:00 Games & Giggles ML 2:15 Canadian Games Patio 2:15 Reminiscing U 3:15 Walking Club 4:00 Hindu Prayer AR 4:00 Sensory Stimulation AR 4:00 Hand & Finger Dexterity TO 4:00 Card BINGO ML 5:00 Fun & Games ML 7:00 Church of God ML 7:00 Relaxation Therapy AR</p>	<p>13. 9:15 Current Events 2, 4 10:15 Heritage Museum ML 10:15 Morning Stretch AR 10:15 Bedside Stretches 11:15 Helping Hands 3rd 11:15 Current Events 3rd, 4th 12:00 Games & Giggles ML 2:15 Strawberry Social on the Patio 3:15 Trivia 2nd 4th 3:15 Walking Club MF 4:00 Sensory Stimulation ML 4:00 Trivia 3rd 4:00 Bedside Music Therapy TO 5:00 Fun & Games ML 7:00 BINGO ML 7:00 Hand & Finger Dexterity TO</p>	<p>14. 9:15 Friendly visits U 10:15 Fun & Fitness ML 10:15 Helping Hands on the Patio 10:15 Sensory Stimulation AR 12:00 1st sitting BBQ Lunch ML 2:15 Crafts AR 2:15 Bedside stretches TO 2:15 Card Bingo on the Patio 2:15 Garden Care—Helping Hands 3:00 Chinese Alliance Church ML 4:00 Balloon Toss TO 4:00 Reading Group ML 4:00 Puzzles 3rd 4:00 Friendly visits 5:00 Fun & Games ML 7:15 Social Club with Steve Paul ML</p>	<p>15. 9:15 Bean Bag Toss 2 10:00 Hymn Sing ML 10:15 Ring Toss 4 11:15 Bean Bag Toss 3 12:00 Games & Giggles ML 2:15 New Life Fellowship Church of God ML 2:15 Hand Therapy TO 2:15 Reminiscing on the Patio 4:00 Relaxation Therapy AR 4:00 Bedside Music 5:00 Fun & Games ML 7:00 Tyndall Cinema</p>

July
2017



Tyndall Seniors
Village
Recreation Calendar
Part ONE



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>16.</p> <p>9:15 Reminiscing 2 10:15 Music Therapy ML 10:15 Morning Stretch AR 12:00 Games & Giggles 2:15 Kingdom Covenant Church ML 2:15 Outdoor Sensory Stimulation 2:15 Friendly visits 3:15 Bedside Stretches TO 4:00 Scenic Tours 4:00 Walking Club 5:00 Fun & Games ML</p> <p>7:00 Discussion Group AR</p>	<p>17.</p> <p>9:15 Current Events 2 10:15 Morning Stretch AR 10:15 Reading Group ML 10:15 Portuguese Social Group Patio 11:15 Current Events U 12:00 Games & Giggles 2:00 Communion TO 2:15 Canadian Bingo ML 2:15 Sensory Stimulation on the Patio 3:15 Manicures 3:15 Bedside Music Therapy 4:00 Balloon Toss TO 4:00 Dominoes ML 4:00 Walking Club MF 5:00 Fun & Games ML 7:00 Name that Canadian Musician 7:00 Hand & Finger Dexterity TO</p>	<p>18.</p> <p>10:00 Bus Outing TBA 10:15 Fun & Fitness ML 10:15 Morning Stretch AR 10:15 Scenic Tours 11:15 Hand & Finger Dexterity TO 11:15 Walking Club 12:00 Games & Giggles 2:15 Church of the Holy Spirit Anglican Service ML 2:15 Scenic Tours 2:15 Board Games U 2:15 Horticulture BP 3:15 Friendly visits 3:15 Relaxation Therapy AR 4:00 Doll Therapy TO 5:00 Fun & Games ML 7:00 Tea & Toast Social</p>	<p>19.</p> <p>9:15 Reminiscing 2, 4 10:15 Fun & Fitness ML 10:15 Bedside Stretches TO 10:15 Reminiscing 3rd 10:15 Sensory Stimulation AR 11:15 Scenic Tours 11:15 Hand & Finger Dexterity TO 12:00 Games & Giggles 2:15 Fun & Games on the Patio 2:15 Music Therapy U 3:15 Scenic Tours 3:15 Bedside Music TO 4:00 Balloon Toss TO 4:00 Relaxation Therapy AR 4:00 Walking club MF 4:00 Doll Therapy TO 5:00 Fun & Games ML 7:00 Hand Therapy U 7:00 Rosary ML</p>	<p>20.</p> <p>9:15 Current Events 2 10:15 Fun & Fitness ML 10:15 Glamour Club AR 11:15 Bedside Music Therapy 11:15 Garden Care—Helping Hands 12:00 Games & Giggles 2:15 Baking AR 2:15 Outdoor Music Appreciation 2:15 Scenic Tours 2:15 Portuguese Reflections ML 3:15 Hand & Finger Dexterity TO 3:15 Ring Toss 2nd 4:00 Reading Group ML 4:00 Hand Therapy TO 4:00 Bean Bag Toss 4th 5:00 Fun & Games 7:00 BINGO ML 7:00 Relaxation Therapy AR</p>	<p>21.</p> <p>9:15 Short Stories 2, 4 10:15 Morning Stretch AR 10:15 Bedside stretches TO 10:15 Helping Hands on the Patio 11:15 Short Stories 3 11:15 Walking Club 12:00 BBO Lunch 2nd sitting 2:15 Hand & Finger Dexterity U 2:15 Ten Pin Bowling ML 2:15 Balloon Toss TO 2:15 Doll Therapy U 2:15 Art Therapy AR 3:15 Friendly visits TO 3:15 Hand Therapy TO 4:00 Sensory Stimulation AR 4:00 Scenic Tours 4:00 walking Club MF 5:00 Fun & Games 7:00 Tyndall Cinema ML</p>	<p>22.</p> <p>9:15 Current Events 2, 4 10:00 Hymn Sing ML 10:15 Puzzles 2 11:15 Name that tune 3rd 12:00 Games & Giggles 2:15 Name that Face Biography ML 2:15 Balloon Toss TO 2:15 Relaxation Therapy Patio 3:15 Busy Hands 3 4:00 Scenic Tours 4:00 Manicures 5:00 Fun & Games 7:00 Discussion group ML</p>
<p>23.</p> <p>10:15 Music Therapy ML 10:15 Scenic Tours 11:15 Current Events 3, 4 12:00 Games & Giggles 2:15 Applewood Heights Gospel hall ML 3:15 Friendly visits 4:00 Sensory Stimulation AR 4:00 Balloon Toss 4th 5:00 Fun & Games ML 7:00 Sing-a-long ML</p>	<p>24.</p> <p>9:15 Reminiscing 2 10:15 Morning Stretch AR 10:15 Scenic Tours 10:15 Fun & Fitness ML 11:15 Balloon Toss TO 11:15 Helping Hands 3rd 12:00 Games & Giggles 2:00 Communion TO 2:15 BINGO ML 2:15 Horticulture BP 2:15 Hand & Finger Dexterity TO 3:15 Bedside visits 3:15 Reminiscing 3rd 4:00 Hand Therapy U 4:00 Walking Club MF 4:00 Word Games 3rd 5:00 Fun & Games ML 7:00 Horse Races ML 7:00 Music Therapy U</p>	<p>25.</p> <p>9:15 Music Therapy 2,4 10:15 Morning Stretch AR 10:15 Sensory Stimulation ML 10:15 Music Therapy 3 11:15 Garden Care—Helping Hands 11:15 Helping Hands 3rd 12:00 Games & Giggles 2:15 Reminiscing Group U 2:15 Spelling Bee—BP 2:00 Westminster United Church 2:15 Bedside Stretches 3:15 Ring Toss 2 3:15 Bean Bag Toss 3rd 4:00 Walking Club MF 4:00 Discussion Group AR 5:00 Fun & Games ML 7:00 Tea & Toast Social AR</p>	<p>26.</p> <p>9:15 Reminiscing 2, 4 10:15 Fun & Fitness ML 10:15 Make a Wish.... 10:15 Reminiscing 3rd 10:15 Bedside Music Therapy 11:15 Current Events 3, 4 11:15 Hand & Finger Dexterity TO 12:00 Games & Giggles 2:15 Monthly Birthday Party with The Silver Cords ML 4:00 Helping Hands U 4:00 Sensory Stimulation ML 4:00 Bedside Music Therapy 4:00 Spelling Bee AR 5:00 Fun & Games ML 7:00 Sing-a-long ML 7:00 Helping Hands TO</p>	<p>27.</p> <p>9:15 Current Events 2 10:00 Resident Council Meeting 10:15 Sensory Stimulation AR 10:15 Manicures TO 10:15 Scenic Tours 11:15 Current Events 3rd 11:15 Bedside Music Therapy 12:00 Games & Giggles 2:15 Name that Canadian Trivia ML 4:00 Reading Group ML 4:00 Hand Therapy TO 4:00 Bean Bag Toss 4th 5:00 Fun & Games 7:00 BINGO ML 7:00 Relaxation Therapy AR</p>	<p>28.</p> <p>9:15 Short Stories 2, 4 10:15 Morning Stretch AR 10:15 Bedside stretches 10:15 Helping Hands on the Patio 10:15 Balloon Toss TO 11:15 Short Stories 3 11:15 Helping Hands on the Patio 12:30 BBO Lunch 4th floor dining room residents 2:15 Travel through Canada 2:15 Mini Golf on the Patio 2:15 Scenic Tours 2:15 Hand & Finger Dexterity TO 3:15 Friendly visits 4:00 Sensory Stimulation AR 4:00 Doll Therapy TO 4:00 Hand Therapy TO 4:00 Walking Club MF 5:00 Fun & Games 7:00 Tyndall Cinema ML</p>	<p>29.</p> <p>9:15 Current Events 2, 4 10:00 Hymn Sing ML 10:15 Puzzles 2 11:15 Name that tune 3rd 12:00 Games & Giggles 2:15 Name that Face Biography ML 2:15 Balloon Toss TO 2:15 Relaxation Therapy Patio 3:15 Garden Care—Helping Hands 4:00 Scenic Tours 4:00 Manicures 5:00 Fun & Games 7:00 Discussion group ML</p>
<p>30.</p> <p>10:15 Music Therapy ML 10:15 Scenic Tours 11:15 Current Events 3, 4 12:00 Games & Giggles 2:15 Ice Cream Social on the Patio 3:15 Friendly visits 4:00 Sensory Stimulation AR 4:00 Balloon Toss 4th 5:00 Fun & Games ML 7:00 Sing-a-long ML</p>	<p>31.</p> <p>9:15 Reminiscing 2 10:15 Morning Stretch AR 10:15 Fun & Fitness ML 11:15 Balloon Toss TO 12:00 Games & Giggles 2:00 Communion TO 2:15 Canadian Bingo ML 2:15 Horticulture BP 2:15 Hand & Finger Dexterity TO 3:15 Reminiscing 3rd 4:00 Hand Therapy U 4:00 Walking Club MF 4:00 Word Games 3rd 5:00 Fun & Games ML 7:00 Ten Pin Bowling ML 7:00 Music Therapy U</p>	<p>Happy Canada Day</p>		<p>Activities are subject to change according to resident needs or Management requirements</p>	<p>Pet Visits “Scrappy” Mondays at 1:00pm & “Chaz” Friday’s 1:45pm—3:00pm</p>	<p>Legend AR = Activity Room BP = Back Patio MF = Main Floor ML = Main Lounge TO—Touring U = Units UL = Unit Lounge</p>

July
2017



Tyndall Seniors
Village
Recreation Calendar
Part TWO