

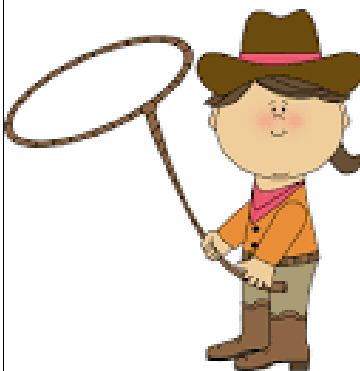
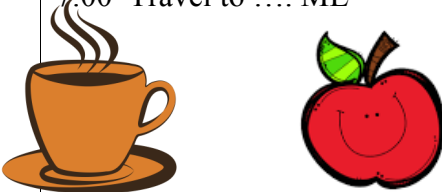
Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><b>Legend</b></p> <p><b>AR = Activity Room</b></p> <p><b>BP = Back Patio</b></p> <p><b>MF = Main Floor</b></p> <p><b>ML = Main Lounge</b></p> <p><b>TO—Touring</b></p> <p><b>U = Units</b></p> <p><b>UL = Unit Lounge</b></p>	<p><b>Pet Visits</b></p> <p><b>“Scrappy” Mondays at 1:00pm &amp; “Chaz” Friday’s 1:45pm—3:00pm</b></p>	<p><b>Activities are subject to change according to resident needs or Management requirements</b></p>			<p>1. 9:15 Friendly visits 10:15 Sensory Stimulation AR 10:15 Fun &amp; Fitness ML 10:15 Outdoor Chat 10:15 Helping Hands on the Patio 11:15 Current Events U <b>12:30 2nd sitting BBQ Lunch</b> 2:15 Music Therapy U 2:15 Doll Therapy U 2:15 Ice Cream Social on the Patio 3:15 Balloon Toss TO 4:00 Bedside Music Therapy TO 4:00 Reading Group ML 4:00 Hand Therapy TO 5:00 Fun &amp; Games ML 7:00 Tyndall Cinema ML 7:00 Bedside visits TO</p>	<p>2. 9:15 Reminiscing 2 10:00 Hymn Sing ML 10:15 Reminiscing 4 10:15 Scenic Tours 11:15 Friendly visits 11:15 Name that Tune 3rd 12:00 Games &amp; Giggles ML 2:15 Puzzles U 2:15 Garden Care—Helping Hands <b>2:15 Heart Lake Seventh Day Adventist Children’s Group ML</b> 2:15 Sensory Stimulation AR 3:15 Bedside Stretch TO 3:15 Hand &amp; Finger Dexterity 4:00 Balloon toss TO 4:00 Bedside Music Therapy TO 5:00 Fun &amp; Games ML 7:00 Discussion Group AR</p>
<p>3. 9:15 Bedside visits TO 10:15 Sensory Stimulation ML 10:15 Morning Stretch AR 11:15 Helping Hands 3rd 11:15 Bedside visits 12:00 Games &amp; Giggles ML <b>2:15 Grace New Covenant Church ML</b> 2:15 Balloon Toss TO 2:15 Art Therapy AR 2:15 Outdoor Chat 3:15 Card Games U 3:15 Bedside Music Therapy TO 4:00 Doll Therapy AR 4:00 Scenic Tours 5:00 Fun &amp; Games ML 7:00 Scenic Tours</p>	<p>4. <b>Labour Day</b> 9:15 Reminiscing 2 10:15 Fun &amp; Fitness ML 10:15 Music Therapy 2 10:15 Outdoor walking 11:15 Helping Hands 3rd 12:00 Games &amp; Giggles ML <b>2:00 Communion TO</b> 2:15 BINGO ML 2:15 Sensory Stimulation on the Patio 2:15 Bedside stretches 3:15 Thumb Ball 4th 3:15 Scenic tours 4:00 Hand Therapy TO 4:00 Relaxation Therapy AR 4:00 Name that Tune 3rd 5:00 Fun &amp; Games ML 7:00 Men’s Club ML 7:00 Ladies Club AR</p>	<p>5. 9:15 Music Therapy 2, 4 10:15 Scenic Tours 10:15 Sensory Stimulation ML 10:15 Morning Stretch AR 11:15 Manicures 11:15 Short Stories 3rd 12:00 Games &amp; Giggles ML 2:15 Hand &amp; Finger Dexterity TO <b>2:15 Back to School Trivia ML</b> 2:15 Bedside Music Therapy TO 2:15 Helping Hands AR 3:15 Scenic Tours 3:15 Puzzles 2nd 4:00 Walking Club MF 4:00 Doll Therapy TO 4:00 Friendly visits 5:00 Fun &amp; Games ML 7:00 Tea &amp; Toast Social AR</p>	<p>6. 9:15 Reminiscing 2, 4 10:15 Fun &amp; Fitness ML 10:15 Morning Stretch AR 10:15 Bedside Music Therapy 10:15 Hand Therapy TO 11:15 Short Stories U 12:00 Games &amp; Giggles ML <b>2:15 St. Patrick’s Roman Catholic Mass ML</b> 2:15 Scenic Tours 2:15 Bedside visits TO 2:15 Hand &amp; Finger Dexterity TO 2:15 Poetry Club 3:15 Relaxation Therapy AR 3:15 Card Games U 4:00 Hindu Prayer 4:00 Friendly visits 4:00 Balloon Toss TO 5:00 Fun &amp; Games ML 7:00 Outdoor Chat 7:00 Relaxation Therapy AR</p>	<p>7. 9:15 Sounds of Nature 2 10:15 Morning Stretch ML 10:15 Balloon Toss TO 10:15 Walking Club 11:15 Helping Hands 3rd, 4th 12:00 Games &amp; Giggles ML <b>12:30 Back to School Luncheon</b> 2:15 Bedside Music Therapy 2:15 Sensory Stimulation ML 2:15 Hand &amp; Finger Dexterity TO 2:15 Outdoor Chat 2:15 Puzzles 3rd 3:15 Scenic Tours 3:15 Music Therapy 2nd,4th 4:00 Friendly visits 4:00 Hand Therapy TO 4:00 Bedside Music Therapy TO 5:00 Fun &amp; Games ML 7:00 BINGO ML 7:00 Ringo Toss U</p>	<p>8. 9:15 Friendly visits U 10:15 Fun &amp; Fitness ML 10:15 Helping Hands on the Patio 10:15 Music Therapy 4th 10:15 Sensory Stimulation AR 11:15 Word Games 3rd <b>12:30 4th floor dining room residents BBQ Lunch</b> 2:15 Crafts AR 2:15 Bedside stretches TO 2:15 Card Bingo on the Patio 2:15 Garden Care—Helping Hands 2:15 Scenic Tours 2:15 Ring Toss 4th <b>3:00 Chinese Alliance Church ML</b> 3:15 Bean Bag Toss 2nd 4:00 Balloon Toss TO 4:00 Reading Group ML 4:00 Friendly visits 5:00 Fun &amp; Games ML <b>7:15 Social Club with Jay Vazquez</b></p>	
<p>10. 9:15 Current Events U 10:15 Fun &amp; Fitness ML 10:15 Balloon Toss TO 11:15 Bedside Music Therapy TO 12:00 Games &amp; Giggles ML <b>2:15 Salvation Army Church ML</b> 2:15 Hand Therapy TO 2:15 Reading group AR 3:15 Relaxation Therapy AR 4:00 Doll Therapy AR 4:00 Scenic Tours 5:00 Fun &amp; Games ML 7:00 Card Bingo ML</p>	<p>11. 9:15 Reminiscing 2 <b>10:00 Heritage Museum Presentation ML</b> 10:15 Manicures TO 10:15 Morning Stretch AR 11:15 Helping Hands 3rd, 4th 12:00 Games &amp; Giggles ML <b>2:00 Communion TO</b> 2:15 Outdoor Chat 2:15 Sensory Stimulation ML 2:15 Balloon Toss TO 3:15 Helping hands 2 3:15 Part 2 Tyndall Cinema ML 4:00 Relaxation Therapy AR 4:00 Puzzles U 5:00 Fun &amp; Games ML 7:00 BINGO ML</p>	<p>12. 9:15 Short Stories 2,4 10:15 Scenic Tours 10:15 Sensory Stimulation ML 10:15 Morning Stretch AR 11:15 Balloon Toss TO 11:15 Short Stories 3rd 12:00 Games &amp; Giggles ML <b>2:15 Mississauga City Baptist Church ML</b> 2:15 Friendly visits 2:15 Bedside Music Therapy TO 2:15 Trivia U 3:15 Puzzles 2nd 3:15 Scenic tours 4:00 Walking Club MF 4:00 Doll Therapy TO 4:00 Friendly visits 5:00 Fun &amp; Games ML 7:00 Tea &amp; Toast Social AR 7:00 Reminiscing U</p>	<p>13. 9:15 Reminiscing 2, 4 10:15 Fun &amp; Fitness ML 10:15 Bedside stretches 10:15 Balloon Toss TO 10:15 Morning Stretch AR 11:15 Helping Hands 3rd 11:15 Scenic Tours 12:00 Games &amp; Giggles ML 2:15 Baking—Apple Crisp AR 2:15 Horse Races ML 2:15 Bedside Music Therapy 2:15 Reminiscing U 3:15 Friendly visits 3:15 Walking Club 4:00 Doll Therapy TO 4:00 Hand &amp; Finger Dexterity TO 4:00 Card BINGO ML 5:00 Fun &amp; Games ML <b>7:00 Church of God ML</b> 7:00 Relaxation Therapy AR</p>	<p>14. 9:15 Current Events 2, 4 10:15 Morning Stretch AR 10:15 Sensory Stimulation ML 11:15 Helping Hands 3rd 11:15 Current Events 3rd, 4th 12:00 Games &amp; Giggles ML 2:15 Bedside Stretches TO 2:15 Ten Pin Bowling ML 2:15 Hand &amp; Finger Dexterity TO 2:15 Trivia 2nd 4th 3:15 Friendly visits 3:15 Walking Club MF 4:00 Balloon Toss TO 4:00 Friendly visits 4:00 Bedside Music Therapy TO 5:00 Fun &amp; Games ML 7:00 BINGO ML 7:00 Hand &amp; Finger Dexterity</p>	<p>15. 9:15 Friendly visits U 10:15 Fun &amp; Fitness ML 10:15 Morning Stretch AR 10:15 Helping Hands on the Patio 10:15 Word Games 3rd <b>12:00 BBQ Lunch</b> 2:15 Crafts AR 2:15 Bedside stretches TO 2:15 Sensory Stimulation Patio 2:15 Scenic Tours 3:15 Bedside Music Therapy TO 3:15 Balloon Toss TO 4:00 Card Bingo U 4:00 Reading Group ML 4:00 Puzzles 3rd 4:00 Friendly visits 5:00 Fun &amp; Games ML 7:00 Tyndall Cinema ML 7:00 Friendly visits</p>	
						<p>16. 9:15 Music Therapy U 10:00 Hymn Sing ML 10:15 Ring Toss 4 11:15 Bean Bag Toss 3 12:00 Games &amp; Giggles ML <b>2:15 New Life Fellowship Church of God ML</b> 2:15 Bean Bag Toss 2nd 2:15 Reminiscing on the Patio 3:15 Scenic Tours 4:00 Relaxation Therapy AR 4:00 Doll Therapy TO 5:00 Fun &amp; Games ML 7:00 Cinema PT 2</p>

September  
2017



Tyndall Seniors  
Village  
Recreation Calendar  
Part ONE



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>17.</p> <p>9:15 Reminiscing 2 10:15 Sensory Stimulation ML 10:15 Morning Tea Social AR 11:15 Hand &amp; Finger Dexterity TO 12:00 Games &amp; Giggles <b><u>FAMILY DAY 1-4PM</u></b> 5:00 Fun &amp; Games ML</p> <p>7:00 Discussion Group AR</p> 	<p>18.</p> <p>9:15 Music Appreciation 2 10:15 Morning Stretch AR 10:15 Reading Group ML 10:15 Music Therapy 4th 11:15 Current Events 3 11:15 Helping Hands U 12:00 Games &amp; Giggles <b><u>2:00 Communion TO</u></b> 2:15 BINGO ML 2:15 Hand Therapy TO 2:15 Manicures 2:15 scenic tours 3:15 music appreciation 4th 3:15 Bedside Music Therapy 4:00 Balloon Toss TO 4:00 Friendly visits 4:00 Walking Club MF 5:00 Fun &amp; Games ML 7:00 Men's Club AR 7:00 Ladies Club ML</p>	<p>19.</p> <p><b>ALZHEIMER;S COFFEE BREAK (10am-3pm)</b></p> <p>9:15 Sounds of Nature 2,4 10:15 Fun &amp; Fitness ML 10:15 Morning Stretch AR 10:15 Scenic Tours 11:15 Walking Club 11:15 Helping hands U 12:00 Games &amp; Giggles <b><u>2:15 Church of the Holy Spirit</u></b> 2:15 Music Therapy U 2:15 Scenic Tours 3:15 Relaxation Therapy AR 3:15 Hand Therapy TO 4:00 Doll Therapy TO 4:00 Friendly visits 5:00 Fun &amp; Games ML 7:00 Tea &amp; Toast Social AR</p>	<p>20.</p> <p>9:15 Sounds of Nature 2, 4 10:15 Sensory Stimulation ML <b><u>10:00 Bus Outing to Chudleigh's Apple Farm</u></b> 11:15 Current Events 3, 12:00 Games &amp; Giggles 2:15 Bedside stretches 2:15 Fall Trivia Word Games AR 2:15 Music Therapy AR 3:15 Scenic Tours 4:00 Helping Hands U 4:00 Friendly visits 5:00 Fun &amp; Games ML 7:00 Travel to .... ML</p> 	<p>21. <b>First Day of Fall</b></p> <p>9:15 Music Appreciation 2 10:15 Fun &amp; Fitness ML 10:15 Scenic Tours 10:15 Morning Stretch AR 11:15 Bedside Music Therapy 11:15 Helping Hands 12:00 Games &amp; Giggles <b><u>1:00 Activity Dept. Meeting</u></b> 3:15 Hand &amp; Finger Dexterity TO 3:15 Ring Toss 2nd 4:00 Reading Group ML 4:00 Hand Therapy TO 4:00 Friendly visit 5:00 Fun &amp; Games 7:00 BINGO ML 7:00 Relaxation Therapy AR</p>	<p>22.</p> <p>9:15 Sounds of Nature 2, 4 10:15 Fun &amp; Fitness ML 10:15 Scenic Tours 10:15 Sensory Stimulation AR 11:15 Short Stories 3, 4 12:00 Games &amp; Giggles ML 2:15 Hand &amp; Finger Dexterity 2:15 Portuguese Reflections ML 2:15 Balloon Toss TO 2:15 Fall Crafts AR 2:15 Doll Therapy U 3:15 Scenic Tours 3:15 Hand Therapy TO 4:00 Sensory Stimulation ML 4:00 Friendly visits TO 4:00 walking Club MF 5:00 Fun &amp; Games 7:00 Tyndall Cinema ML 7:00 Helping Hands AR</p>	<p>23.</p> <p>9:15 Music Therapy 2 10:00 Hymn Sing ML 10:15 Puzzles 2 11:15 Name that tune 3rd 12:00 Games &amp; Giggles 2:15 Name that Face Biography ML 2:15 Balloon Toss TO 2:15 Relaxation Therapy Patio 3:15 Busy Hands 3 4:00 Scenic Tours 4:00 Manicures 5:00 Fun &amp; Games 7:00 Bedside visits TO</p>
<p>24.</p> <p>9:15 Sounds of Nature 2 10:15 Music Therapy ML 10:15 Scenic Tours 11:15 Current Events 3, 4 12:00 Games &amp; Giggles 2:15 Horse Races ML 2:15 Outdoor chat 2:15 Sensory Stimulation AR 3:15 Friendly visits 4:00 Hand &amp; Finger Dexterity TO 4:00 Balloon Toss 4th 5:00 Fun &amp; Games ML 7:00 Sing-a-long ML</p>	<p>25.</p> <p>9:15 Sounds of Nature 2 10:15 Morning Stretch AR 10:15 Fun &amp; Fitness ML 11:15 Balloon Toss TO 11:15 Helping Hands 3rd 12:00 Games &amp; Giggles <b><u>2:00 Communion TO</u></b> 2:15 BINGO ML 2:15 Hand &amp; Finger Dexterity TO 2:15 Ring Toss 2nd 3:15 Bedside visits 3:15 Reminiscing 3rd 4:00 Friendly visits TO 4:00 Walking Club MF 4:00 Word Games 3rd 5:00 Fun &amp; Games ML 7:00 Horse Races ML 7:00 Music Therapy U</p>	<p>26.</p> <p>9:15 Music Therapy 2,4 10:15 Morning Stretch AR 10:15 Sensory Stimulation ML 11:15 Helping Hands 3rd, 4th 12:00 Games &amp; Giggles <b><u>2:05 Westminster United Church</u></b> 2:15 Hand &amp; Finger Dexterity 2 2:15 Trivia &amp; Word Games AR 2:15 Ring Toss 4th 3:15 Bedside visits 3:15 Scenic Tours 4:00 Walking Club MF 4:00 Discussion Group AR 4:00 Friendly visits TO 5:00 Fun &amp; Games ML 7:00 Tea &amp; Toast Social AR 7:00 Helping Hands U</p>	<p>27.</p> <p>9:15 Hand Therapy 2, 4 10:15 Fun &amp; Fitness ML 10:15 Morning Stretch AR 10:15 Reminiscing 3rd 11:15 Current Events 3, 4 11:15 Hand &amp; Finger Dexterity TO 12:00 Games &amp; Giggles <b><u>2:15 Monthly Birthday Party with Michael Kelly ML</u></b> 4:00 Friendly visits TO 4:00 Music Therapy U 4:00 Bedside Music therapy TO 5:00 Fun &amp; Games ML 7:00 Ladies Group AR 7:00 Men's' Group ML</p>	<p>28.</p> <p>9:15 Sounds of Nature 4 <b><u>10:00 Resident Council Meeting</u></b> 10:15 Sensory Stimulation AR 10:15 Manicures TO 10:15 Scenic Tours 11:15 Current Events 3rd 11:15 Bedside Music Therapy 12:00 Games &amp; Giggles 2:15 Portuguese Reflections ML 2:15 Hand &amp; Finger Dexterity TO 2:15 Creative Painting AR 2:15 Friendly visits 3:15 Doll therapy TO 3:15 Balloon Toss TO 4:00 Reading Group ML 4:00 Hand Therapy TO 4:00 Bean Bag Toss 4th 4:00 Friendly visits 5:00 Fun &amp; Games 7:00 BINGO ML 7:00 Relaxation Therapy AR</p>	<p>29.</p> <p>9:15 Music Therapy 2, 4 10:15 Fun &amp; Fitness ML 10:15 Scenic Tours 10:15 Morning Stretch AR 11:15 Short Stories 3 11:15 Bean Bag Toss 3rd 12:00 Games &amp; Giggles ML 2:15 Hand &amp; Finger Dexterity 2:15 Name that Apple ML 2:15 Balloon Toss TO 2:15 Doll Therapy U 2:15 Scenic Tours 3:15 Ring Toss 2nd 3:15 Hand Therapy TO 4:00 Sensory Stimulation ML 4:00 Friendly visits TO 4:00 Bedside Music/ visits 5:00 Fun &amp; Games 7:00 Tyndall Cinema ML 7:00 Relaxation Therapy AR</p>	<p>30.</p> <p>9:15 Reminiscing U 10:00 Hymn Sing ML 10:15 Puzzles 2nd 11:15 Name that tune 3rd 12:00 Games &amp; Giggles 2:15 Hand therapy TO 2:15 Music Therapy ML 2:15 Glamour Club AR 3:15 Friendly visits 4:00 Bedside music therapy 4:00 Scenic TOurs 5:00 Fun &amp; Games 7:00 Discussion Group ML</p>



September  
2017



Tyndall Seniors  
Village  
Recreation Calendar  
Part TWO