




SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Refreshments Available Daily in the Main Lounge	Pet Visits Weekly on MONDAYS Eleanor & Scrappy		Activities are subject to change according to resident needs or management requirements			
	1 2 PM – Roman Catholic Communion Touring 7 PM – Movie Night (ML)	2 1 PM – General Exercise (AR) 2 PM - Falls Prevention (AR) 3 PM - Seated Tai Chi (AR)	3 10AM – Tea Social 2:15 PM – St. Patrick’s Roman Catholic Mass 7 PM - MEMORIAL SERVICE	4 9 AM – General Exercise (AR) 10AM – Falls Prevention (AR) 11AM – Seated Tai Chi (AR)	5 HAIR DAY	6 10 AM – Hymn Sing (NH)
7	8 2 PM – Roman Catholic Communion Touring 7 PM – Movie Night (ML)	9 1 PM – General Exercise (AR) 2 PM - Falls Prevention (AR) 3 PM - Seated Tai Chi (AR) 2:15 PM – Mississauga City Baptist Church	10 10 AM – Tea Social 7 PM – Church of God (NH)	11 9 AM – General Exercise (AR) 10AM – Falls Prevention (AR) 11AM – Seated Tai Chi (AR) 2PM – MOTHERS’ DAY CELEBRATION with Kim Atkins	12 HAIR DAY 10 AM – Bible Study (NH) 3 PM – Chinese Alliance Church (NH)	13 10 AM – Hymn Sing (NH)
14 	15 2 PM – Roman Catholic Communion Touring 7 PM – Movie Night (ML)	16 10 AM- BUS OUTING (NH) 1 PM – General Exercise (AR) 2 PM - Falls Prevention (AR) 3 PM - Seated Tai Chi (AR) 2:15 PM – Church of the Holy Spirit – Anglican	17 2 PM – Tea Social 7:00PM - Rosary	18 10AM – Heritage Museum Presentation (NH) 9 AM – General Exercise (AR) 10AM – Falls Prevention (AR) 11AM – Seated Tai Chi (AR)	19 HAIR DAY 7:15 PM – Social club at NH	20 10 AM – Hymn Sing (NH) 2:15 PM – New Life Fellowship Church of God (NH)
21 2:30 PM Kingdom Covenant Center	22 VICTORIA DAY 2 PM – Roman Catholic Communion Touring 7 PM – Pop-Corn & Movie Night (ML)	23 1 PM – General Exercise (AR) 2 PM - Falls Prevention (AR) 3 PM - Seated Tai Chi (AR) 2 PM – Westminster United Church	24 2 PM – Board Games & Tea Social	25 9 AM – General Exercise (AR) 10AM – Falls Prevention (AR) 11AM – Seated Tai Chi (AR) 1:30 PM - SHOPPING TRIP	26 HAIR DAY 10 AM – Bible Study (NH)	27 10 AM – Hymn Sing (NH)
28 2:15 PM – Applewood Gospel Hall	29 11 AM – RESIDENT MANAGEMENT MEETING 2 PM – Roman Catholic Communion Touring 7 PM – Movie Night (ML)	30 1 PM – General Exercise (AR) 2 PM - Falls Prevention (AR) 3 PM - Seated Tai Chi (AR)	31 2PM MONTHLY BIRTHDAY PARTY with Gary Munn			

Tyndall Seniors Village RH Recreation Calendar

MAY

2017



Tyndall Seniors
Village
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Retirement Home