

# October 2016



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Refreshments Available Daily in the Main Lounge</b>	<b>Pet Visits Weekly on MONDAYS Eleanor &amp; Scrappy</b>		<b>Activities are subject to change according to resident needs or management requirements</b>			1. 10 AM – Hymn Sing (NH)  2:15 Pm – Heart Lake Seventh Day Adventist Children’s Group
2. 2:15PM – New Covenant Church Service (NH)	3. 2 PM – Roman Catholic Communion Touring  <b>7 PM – Movie Night (ML)</b>	4. 1 PM – General Exercise (AR) 2 PM - Falls Prevention (AR) 3 PM - Seated Tai Chi (AR) 2:15 Ken Muir Baptist Church (NH)	5. <b>10:00 AM – SHOPPING TRIP</b> 2:15 PM – St. Patrick’s Roman Catholic Mass 7 PM – Christ the King Church Visit	6. 9 AM – General Exercise (AR) 10AM – Falls Prevention (AR) 11AM – Seated Tai Chi (AR)	7. <b>10 AM – Bible Study (NH)</b>  <b>2 PM – Thanksgiving Celebration with Gerry Larkin</b>	8.  10am – Hymn Sing (NH)
9. 2:15 – Salvation Army Church (NH)	10. <b>THANKSGIVING DAY</b> 2 PM – Roman Catholic Communion Touring  <b>7 PM – Movie Night (ML)</b>	11. 1 PM – General Exercise (AR) 2 PM - Falls Prevention (AR) 3 PM - Seated Tai Chi (AR) 2:15 PM – Mississauga City Baptist Church	12.  7 PM – Christ the King Church Visit	13. 9 AM – General Exercise (AR) 10AM – Falls Prevention (AR) 11AM – Seated Tai Chi (AR)	14. 11:00 AM – Card and Board Games in the Main Lounge	15. 10 AM – Hymn Sing (NH)  2:15 PM – New Life Fellowship Church of God (NH)
16. 2:30 PM – Kingdom Covenant Church Service (NH)	17. 2 PM – Roman Catholic Communion Touring  <b>7 PM – Popcorn &amp; Movie Night (ML)</b>	18. 1 PM – General Exercise (AR) 2 PM - Falls Prevention (AR) 3 PM - Seated Tai Chi (AR) 2:15 PM – Church of the Holy Spirit Anglican Service (NH)	19.  7 PM – St. Francis Rosary (NH)  7 PM – Christ the King Church Visit	20. 9 AM – General Exercise (AR) 10AM – Falls Prevention (AR) 11AM – Seated Tai Chi (AR) <b>10:00 – Heritage Museum Presentation</b>	21. <b>10 AM – Bible Study (NH)</b>  11:00 AM – Card and Board Games in the Main Lounge	22. 10 AM – Hymn Sing (NH)
23. 2:15 Applewood Gospel Hall (NH)	24. 2 PM – Roman Catholic Communion Touring  <b>7 PM – Movie Night (ML)</b>	25. 1 PM – General Exercise (AR) 2 PM - Falls Prevention (AR) 3 PM - Seated Tai Chi (AR) 2:15 PM – Westminster United Church Service (NH)	26.  7 PM – Christ the King Church Visit	27. 9 AM – General Exercise (AR) 10AM – Falls Prevention (AR) 11AM – Seated Tai Chi (AR)	28. <b>10 AM – Bible Study (NH)</b>  <b>2 PM –HALLOWEEN/BIRTHDAY PARTY with Frances DeMello</b>	29. 10 AM – Hymn Sing (NH)
30.	31. 11:00 – <b>Resident Management Meeting</b> 2 PM – Roman Catholic Communion Touring <b>7 PM – Movie Night (ML)</b>					

**Tyndall Seniors Village RH Recreation Calendar**

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Tyndall Seniors  
Village  
Recreation Calendar  
Retirement Home