



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Refreshments Available Daily in the Main Lounge	Pet Visits Weekly on MONDAYS Eleanor & Scrappy		Activities are subject to change according to resident needs or management requirements			
			1 2:15 PM St. Patrick's Roman Catholic Mass 7 PM Memorial Service (NH)	2 HAIR DAY 9 AM – General Exercise (AR) 10AM – Falls Prevention (AR) 11AM – Seated Tai Chi (AR)	3 2:00 PM Hot Chocolate Social	4 10 AM Hymn Sing (NH)
5 2: 15 PM New Covenant Church (NH)	6 2:00 PM Communion Touring	7 1 PM – General Exercise (AR) 2 PM - Falls Prevention (AR) 3 PM - Seated Tai Chi (AR)	8 7:00 PM Church of God (NH)	9 HAIR DAY 9 AM – General Exercise (AR) 10AM – Falls Prevention (AR) 11AM – Seated Tai Chi (AR) 1:30 PM – SHOPPING TRIP	10 3 PM – Chinese Alliance (NH)  7:15 PM Social Club @ NH with Francis DeMello	11 10 AM - Hymn Sing (NH)  10:30 AM - Remembrance Day Service @ NH
12 2:15 PM Salvation Army Church (NH)	13 2:00 PM Communion Touring	14 1 PM – General Exercise (AR) 2 PM - Falls Prevention (AR) 3 PM - Seated Tai Chi (AR) 2:15 PM – Mississauga City Baptist Church (NH)	15 7:00 PM Rosary 10 AM – Heritage museum Presentation @ NH	16 HAIR DAY 9 AM – General Exercise (AR) 10AM – Falls Prevention (AR) 11AM – Seated Tai Chi (AR)	17 2: 00PM Hot Chocolate Social	18 10 AM Hymn Sing (NH)  2:15 PM – New Fellowship Church of God
19 2:15 PM Kingdom Covenant Church (NH)	20 2:00 PM Communion Touring	21 1 PM – General Exercise (AR) 2 PM - Falls Prevention (AR) 3 PM - Seated Tai Chi (AR) 2:15 PM – Church of the Holy Spirit- Anglican (NH)	22 2:15 PM HANDS ON EXOTIC @ NH	23 HAIR DAY 9 AM – General Exercise (AR) 10AM – Falls Prevention (AR) 11AM – Seated Tai Chi (AR)	24 7:15 PM Social Club @ NH With Michael Kerry	25 10 AM Hymn Sing (NH)  2:15 PM – Indigo Chimes (NH)
26 2:15 PM – Applewood Heights Gospel Hall (NH)	27 11:00 AM Resident Management Meeting  2:00 PM Communion Touring	28 1 PM – General Exercise (AR) 2 PM - Falls Prevention (AR) 3 PM - Seated Tai Chi (AR) 2:00 PM – Westminster United Church (NH)	29 2:00 PM MONTHLY BIRTHDAY PARTY With Bill Darling	30 HAIR DAY 9 AM – General Exercise (AR) 10AM – Falls Prevention (AR) 11AM – Seated Tai Chi (AR)		

**Tyndall Seniors Village RH Recreation Calendar**

# NOVEMBER

## 2017



Tyndall Seniors  
Village  
Recreation Calendar  
Retirement Home