


Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Legend</p> <p>AR = Activity Room</p> <p>BP = Back Patio</p> <p>MF = Main Floor</p> <p>ML = Main Lounge</p> <p>TO—Touring</p> <p>U = Units</p> <p>UL = Unit Lounge</p>	<p><u>Pet Visits</u></p> <p>“Scrappy” Mondays at 1:00pm & “Chaz” Friday’s 1:45pm—3:00pm</p>			<p>1. 9:15 Current Events 2 10:15 Morning Stretch AR 10:15 Music Therapy 2 10:15 Sensory Stimulation ML 11:15 Helping Hands 3rd 11:15 Current Events 3rd, 4th 12:00 Games & Giggles ML 2:15 Hand Therapy TO 2:15 Bedside music therapy 2:15 Ten Pin Bowling ML 2:15 Doll Therapy TO 2:15 Portuguese Reflections AR 3:15 Discussion Group U 3:15 Hand & Finger Dexterity TO 3:15 Friendly visits 4:00 Walking Club MF 4:00 Thumb Ball AR 4:00 Hand & Finger Dexterity TO 5:00 Fun & Games ML 7:00 Relaxation Therapy AR 7:00 BINGO ML</p>	<p>2. 9:15 Music Appreciation 2, 4 10:15 Sensory Stimulation ML 10:15 Morning Stretch AR 10:15 Word Games 3rd 11:15 Hand & Finger Dexterity TO 11:15 Helping Hands on the Patio 12:00 BBQ Lunch 1st sitting 2:15 2:15 2:15 2:15 3:15 3:15 4:00 Doll therapy TO 4:00 Reading Group 3rd 4:00 Scenic Tours 4:00 Hand Therapy TO 5:00 Fun & Games ML 7:00 Tyndall Cinema ML 7:00 Music Therapy U</p>	<p>3. 9:15 Reminiscing 2 10:00 Hymn Sing ML 10:15 Reminiscing 3,4 11:15 Name that Tune 3rd 12:00 Games & Giggles ML 2:15 Heart Lake Seventh Day Children’s Group ML 2:15 Balloon Toss TO 2:15 Hand Therapy TO 3:15 Scenic Tours 4:00 Helping Hands U 4:00 5:00 Fun & Games ML 7:00</p>
<p>4. 9:15 Bedside visits TO 10:15 Sensory Stimulation ML 11:15 Bedside visits 12:00 Games & Giggles ML 2:15 Grace New Covenant Church ML 2:15 Puzzles AR 2:15 Friendly visits 3:15 Walking Club MF 4:00 Doll Therapy AR 4:00 Reminiscing 5:00 Fun & Games ML 7:00 Discussion Group AR</p>	<p>5. 9:15 Trivia 2 10:15 Fun & Fitness ML 10:15 Morning Stretch AR 10:15 Balloon Toss TO 11:15 Bedside Stretches TO 11:15 Helping Hands 3rd, 4th 12:00 Games & Giggles ML 2:00 Communion TO 2:15 BINGO ML 2:15 Relaxation therapy AR 2:15 Hand & Finger Dexterity TO 2:15 Outdoor chat 3:15 Hand Therapy TO 3:15 Part 2 Tyndall Cinema ML 4:00 Trivia/ discussion group AR 4:00 Friendly visits 4:00 Walking Club MF 5:00 Fun & Games ML 7:00 Sing-a-long ML 7:00 Hand & Finger Dexterity TO</p>	<p>6. 9:15 Short Stories 2,4 10:15 Sensory Stimulation ML 10:15 Morning Stretch AR 10:15 Short Stories 3rd 11:15 Manicures 11:15 Balloon Toss TO 12:00 Games & Giggles ML 2:15 Collage Making AR 2:15 Music Appreciation 2, 3, 4 2:15 Spelling Bee ML 2:15 3:15 Helping Hands AR 3:15 Bean Bag Toss 2nd 4:00 Walking Club MF 4:00 Relaxation Therapy ML 4:00 Puzzles 4th 4:00 5:00 Fun & Games ML 7:00 Tea & Toast Social AR 7:00</p>	<p>7. 9:15 Reminiscing 2, 4 10:15 Fun & Fitness ML 10:15 Glamour Club AR 10:15 Bedside Music Therapy 10:15 Balloon Toss TO 11:15 Short Stories U 12:00 Games & Giggles ML 2:15 St. Patrick’s Roman Catholic Mass ML 2:15 Bedside stretches 2:15 Bean Bag Toss 2nd 2:15 Hand & Finger Dexterity U 2:15 Ring Toss 3rd 3:15 Afternoon Stretch ML 3:15 Bean Bag Toss 4th 4:00 4:00 Friendly visits 4:00 Hand Therapy TO 4:00 Card BINGO ML 5:00 Fun & Games ML 7:00 Men’s Club AR 7:00 Ladies Club ML</p>	<p>8. 9:15 Current Events 2 10:00 Heritage Museum Presentation ML 10:15 Morning Stretch AR 11:15 Helping Hands 3rd 11:15 Current Events 3rd, 4th 12:00 Games & Giggles ML 2:15 Hand Therapy TO 2:15 Men’s group BP 2:15 Music Therapy U 3:15 Trivia 2nd 3:15 Walking Club MF 4:00 Sensory Stimulation ML 4:00 Bedside Music Therapy TO 5:00 Fun & Games ML 7:00 7:00</p>	<p>9. 9:15 Friendly visits 10:15 Glamour Club AR 10:15 Fun & Fitness ML 10:15 Horticulture BP 10:15 Helping Hands U 11:15 Bedside Stretches TO 11:15 Helping Hands on the Patio 12:30 BBQ Lunch 2nd sitting 2:15 2:15 Music Therapy U 2:15 Doll Therapy U 2:15 3:00 Chinese Alliance Church ML 4:00 Bedside Music Therapy TO 4:00 Balloon Toss 3rd 4:00 Reading Group ML 4:00 Scenic Tours 5:00 Fun & Games ML 7:15 Social Club with Bill Dearing</p>	<p>10. 9:15 Reminiscing 2 10:00 Hymn Sing ML 10:15 Reminiscing 3,4 11:15 Name that Tune 3rd 12:00 Games & Giggles ML 2:15 Toronto Teresian Choir ML 2:15 2:15 2:15 3:15 Bedside Stretch TO 3:15 Scenic Tours 4:00 Helping Hands U 4:00 Current Events 3rd 5:00 Fun & Games ML 7:00 Tyndall Cinema ML</p>
<p>11. 9:15 Bedside visits TO 10:15 Sensory Stimulation ML 10:15 Balloon Toss TO 11:15 Bedside visits 11:15 Trivia 3rd 12:00 Games & Giggles ML 2:15 Salvation Army Church Service ML 2:15 2:15 2:15 4:00 Doll Therapy AR 4:00 Scenic Tours 5:00 Fun & Games ML 7:00 Thumb Ball AR</p>	<p>12. 9:15 Reminiscing 2 10:15 Fun & Fitness ML 10:15 Manicures TO 10:15 Trivia 4 11:15 Helping Hands 3rd, 4th 12:00 Games & Giggles ML 2:00 Communion TO 2:15 Travel the World ML 2:15 Scenic Tours 2:15 Hand Therapy TO 3:15 Sensory Stimulation AR 3:15 Part 2 Tyndall Cinema ML 4:00 Doll Therapy TO 4:00 Ring Toss 4th 4:00 5:00 Fun & Games ML 7:00 BINGO ML 7:00</p>	<p>13. 9:15 Short Stories 2,4 10:15 10:15 Sensory Stimulation ML 10:15 Morning Stretch AR 11:15 Manicures 11:15 Short Stories 3rd 12:00 Games & Giggles ML 2:15 Mississauga City Baptist Church ML 2:15 Hand & Finger Dexterity TO 2:15 Horticulture AR/ Patio 2:15 Trivia 4th 3:15 Scenic Tours 3:15 4:00 Walking Club MF 4:00 Friendly visits TO 4:00 Relaxation Therapy AR 5:00 Fun & Games ML 7:00 Tea & Toast Social AR</p>	<p>14. 9:15 Reminiscing 2, 4 10:15 Fun & Fitness ML 10:15 Balloon Toss TO 10:15 Morning Stretch AR 10:15 Bedside Music Therapy 11:15 Helping Hands 3rd 11:15 Reminiscing 3rd, 4th 12:00 Games & Giggles ML 2:15 Name the Face ML 2:15 Bedside Music Therapy TO 2:15 Helping Hands AR 2:15 Friendly visits 3:15 Sensory Stimulation AR 3:15 Thumb Ball ML 4:00 Bedside Music Therapy TO 4:00 Hand & Finger Dexterity TO 4:00 Card BINGO ML 5:00 Fun & Games ML 7:00 Church of God ML 7:00 Relaxation Therapy AR</p>	<p>15. 9:15 Current Events 2, 4 10:00 Heritage Museum Presentation ML 10:15 Morning Stretch AR 10:15 Balloon Toss TO 10:15 Friendly visits 11:15 Helping Hands 3rd 11:15 Current Events 3rd, 4th 12:00 Games & Giggles ML 2:15 Horse Races ML 2:15 Hand Therapy TO 2:15 Music Therapy 3, 4 2:15 Art Therapy AR 2:15 Outdoor chat 3:15 Trivia 2nd 4th 3:15 Walking Club MF 4:00 Sensory Stimulation ML 4:00 Trivia 3rd 4:00 Bedside Music Therapy TO 5:00 Fun & Games ML 7:00 7:00 7:00 Family Information Meeting ML</p>	<p>16. 9:15 Friendly visits 10:15 Fun & Fitness ML 10:15 Word Games 4th 10:15 Sensory Stimulation AR 11:15 Helping Hands on the Patio 12:30 BBQ Lunch 4th floor dining room residents 2:15 Father’s Day Men’s Group 3:15 Relaxation Therapy on the Patio 3:15 Bedside Music Therapy TO 4:00 Balloon Toss 3rd 4:00 Reading Group ML 4:00 Friendly visits 4:00 5:00 Fun & Games ML 7:00 Tyndall Cinema ML 7:00 Sing-a-long U</p>	<p>17. 9:15 Reminiscing 2 10:00 Hymn Sing ML 10:15 Reminiscing 4 11:15 Reminiscing 3 12:00 Games & Giggles ML 2:15 New Life Fellowship Church of God ML 2:15 Hand Therapy TO 2:15 Scenic Tours 3:15 Afternoon Stretch AR 4:00 Relaxation Therapy AR 4:00 Bedside Music 5:00 Fun & Games ML 7:00 Travel To</p>

June
2017



Tyndall Seniors
Village
Recreation Calendar
Part ONE



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>18.</p> <p>FATHER'S DAY</p> <p>9:15 Reminiscing 2 10:15 Music Therapy ML 10:15 Morning Stretch AR 12:00 Games & Giggles 2:15 Father's Day Celebration with Kenny Joseph ML 4:00 Scenic Tours 4:00 Walking Club 5:00 Fun & Games ML</p> <p>7:00 Discussion Group AR</p>	<p>19.</p> <p>9:15 Current Events 2 10:15 Morning Stretch AR 10:15 11:15 Trivia 3rd 11:15 Current Events U 12:00 Games & Giggles 2:00 Communion TO 2:15 Travel the World ML 2:15 2:15 2:15 3:15 3:15 Bedside Music Therapy 4:00 Relaxation Therapy AR 4:00 Dominoes ML 4:00 Walking Club MF 5:00 Fun & Games ML 7:00 BINGO ML 7:00 Hand & Finger Dexterity TO</p>	<p>20.</p> <p>10:00 Bus Outing TBA 10:15 Fun & Fitness ML 10:15 Morning Stretch AR 11:15 11:15 Hand & Finger Dexterity TO 12:00 Games & Giggles 2:15 Church of the Holy Spirit Anglican Service ML 2:15 Scenic Tours 2:15 Board Games U 2:15 Horticulture BP 3:15 Friendly visits 3:15 4:00 Reading Group ML 5:00 Fun & Games ML 7:00 Tea & Toast Social</p>	<p>21.</p> <p>9:15 Reminiscing 2, 4 10:15 Fun & Fitness ML 10:15 Bedside Stretches TO 10:15 Reminiscing 3rd 10:15 Sensory Stimulation AR 11:15 11:15 Hand & Finger Dexterity TO 12:00 Games & Giggles 1:00 Activity Dept. Meeting 3:15 Scenic Tours 3:15 Bedside Music TO 4:00 Balloon Toss TO 4:00 Relaxation Therapy AR 4:00 Walking club MF 4:00 Doll Therapy TO 5:00 Fun & Games ML 7:00 Hand Therapy U 7:00 Rosary ML</p>	<p>22.</p> <p>9:15 Current Events 2 10:15 Sensory Stimulation AR 10:15 Bedside Stretches TO 10:15 Manicures TO 11:15 Bedside Music Therapy 11:15 Scenic Tours 12:00 Games & Giggles 2:15 Music Therapy U 2:15 Poetry Club 2:15 Scenic Tours 2:15 Portuguese Reflections AR 3:15 Friendly visits 3:15 Hand & Finger Dexterity TO 3:15 Ring Toss 2nd 4:00 Reading Group ML 4:00 Hand Therapy TO 4:00 Bean Bag Toss 4th 5:00 Fun & Games 7:00 BINGO ML 7:00 Relaxation Therapy AR</p>	<p>23.</p> <p>9:15 Short Stories 2, 4 10:15 Morning Stretch AR 10:15 Bedside stretches 10:15 Word Games 3rd 11:15 Short Stories 3 11:15 Helping Hands on the Patio 12:00 BBQ Lunch 1st sitting 2:15 Outdoor Chat 2:15 2:15 Helping Hands U 2:15 Doll Therapy U 3:15 3:15 4:00 Sensory Stimulation AR 4:00 Scenic Tours 4:00 walking Club MF 5:00 Fun & Games 7:00 Tyndall Cinema ML</p>	<p>24.</p> <p>9:15 Current Events 2, 4 10:00 Hymn Sing ML 10:15 Puzzles 2 11:15 Name that tune 3rd 12:00 Games & Giggles 2:15 Name that Face Biography ML 2:15 Balloon Toss TO 2:15 Relaxation Therapy AR 3:15 Busy Hands 3 4:00 Scenic Tours 4:00 Manicures 5:00 Fun & Games 7:00 Discussion group ML</p>
<p>25.</p> <p>10:15 Music Therapy ML 10:15 Scenic Tours 11:15 Current Events 3, 4 12:00 Games & Giggles 2:15 Ice Cream Social on the Patio 3:15 Friendly visits 4:00 Sensory Stimulation AR 4:00 Balloon Toss 4th 5:00 Fun & Games ML 7:00 Sing-a-long ML</p>	<p>26.</p> <p>9:15 Reminiscing 2 10:15 Morning Stretch AR 10:15 Fun & Fitness ML 11:15 Balloon Toss TO 12:00 Games & Giggles 2:00 Communion TO 2:15 Travel the World ML 2:15 Horticulture BP 2:15 Hand & Finger Dexterity TO 3:15 Bedside visits 4:00 Hand Therapy U 4:00 Walking Club MF 4:00 Word Games 3rd 5:00 Fun & Games ML 7:00 BINGO ML 7:00 Music Therapy U</p>	<p>27.</p> <p>9:15 Music Therapy 2,4 10:15 Morning Stretch AR 10:15 Sensory Stimulation ML 10:15 Music Therapy 3 11:15 Friendly visits 11:15 Helping Hands 3rd 12:00 Games & Giggles 2:15 Reminiscing Group U 2:15 Collage Making AR 2:00 Westminster United Church 2:15 Bedside Stretches 3:15 Ring Toss 2 3:15 Bean Bag Toss 3rd 4:00 Walking Club MF 4:00 Discussion Group AR 5:00 Fun & Games ML 7:00</p>	<p>28.</p> <p>9:15 Reminiscing 2, 4 10:15 Fun & Fitness ML 10:15 Helping Hands AR 10:15 Reminiscing 3rd 10:15 Bedside Music Therapy 11:15 Current Events 3, 4 11:15 Hand & Finger Dexterity TO 12:00 Games & Giggles 2:15 Monthly Birthday Party with 4:00 Helping Hands U 4:00 Sensory Stimulation ML 4:00 Bedside Music Therapy 4:00 Spelling Bee AR 5:00 Fun & Games ML 7:00 Sing-a-long ML 7:00 Helping Hands TO</p>	<p>29</p> <p>9:15 Current Events 2 10:00 Resident Council Meeting 10:15 Sensory Stimulation AR 10:15 Manicures TO 11:15 Bedside Music Therapy 11:15 Scenic Tours 12:00 Games & Giggles 2:00 Ice Cream Truck (Patio) 4:00 Reading Group ML 4:00 Hand Therapy TO 4:00 Bean Bag Toss 4th 5:00 Fun & Games 7:00 BINGO ML 7:00 Relaxation Therapy AR</p>	<p>30.</p> <p>9:15 Short Stories 2, 4 10:15 Morning Stretch AR 10:15 Bedside stretches 10:15 Word Games 3rd 11:15 Short Stories 3 11:15 Helping Hands on the Patio 12:30 BBQ Lunch 2nd sitting 2:15 Travel through Canada 2:15 2:15 3:15 3:15 4:00 Sensory Stimulation AR 4:00 Scenic Tours 4:00 walking Club MF 5:00 Fun & Games 7:00 Tyndall Cinema ML 7:00</p>	<p>Legend</p> <p>AR = Activity Room</p> <p>BP = Back Patio</p> <p>MF = Main Floor</p> <p>ML = Main Lounge</p> <p>TO—Touring</p> <p>U = Units</p> <p>UL = Unit Lounge</p>

June
2017



Tyndall Seniors
Village
Recreation Calendar
Part TWO