


Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Legend</p> <p>U = Units</p> <p>UL = Unit Lounge</p> <p>BP = Back Patio</p> <p>ML = Main Lounge</p> <p>AR = Activity Room</p> <p>MF = Main Floor</p> 		<p>1.</p> <p>9:15 Music Therapy 2,4 10:15 Sensory Stimulation ML 10:15 Morning Stretch AR 11:15 Friendly visits 12:00 Games & Giggles ML 2:15 Hand & Finger Dexterity TO 2:15 Name that face Biography ML 2:15 Doll Therapy AR 2:15 Balloon Toss TO 2:15 Bedside Music Therapy 3:15 Board Games U 3:15 Thumb Ball AR 4:00 Walking Club MF 4:00 Hand Therapy TO 4:00 Friendly visits 5:00 Fun & Games ML 7:00 Tea & Toast Social AR</p>	<p>2.</p> <p>9:15 Reminiscing 2, 4 10:15 Fun & Fitness ML 10:15 Morning Stretch AR 10:15 Hand Therapy TO 11:15 Short Stories U 12:00 Games & Giggles ML 2:15 St. Patrick's Roman Catholic Mass ML 2:15 Bedside Stretches TO 2:15 Hand & Finger Dexterity TO 2:15 Relaxation Therapy AR 2:15 Card Games U 3:15 Walking Club MF 3:15 1:1 Short Stories U 4:00 Friendly visits 4:00 Manicures 4:00 Balloon Toss TO 5:00 Fun & Games ML 7:00 Friendly visits TO 7:00 Memorial Service ML</p>	<p>3.</p> <p>9:15 Music Therapy 2 10:15 Morning Stretch AR 10:15 Music & Movement 3rd, 4th 10:15 Fun & Fitness ML 11:15 Helping Hands 3rd, 4th 12:00 Games & Giggles ML 2:15 Sensory Stimulation ML 2:15 Bedside Music Therapy 2:15 Ring Toss 2nd 2:15 Horse Shoes 3rd 2:15 Bean Bag Toss 4th 3:15 Hindu Prayer AR 3:15 Balloon Toss 3:15 Scenic Tours 4:00 Walking Club MF 4:00 Friendly visits 4:00 Hand Therapy TO 5:00 Fun & Games ML 7:00 Card Bingo ML 7:00 Bedside visits TO</p>	<p>4.</p> <p>9:15 Reminiscing 2, 4 10:15 Sensory Stimulation ML 10:15 Morning Stretch AR 10:15 Helping Hands 3rd 11:15 Word Games 3rd 11:15 Friendly visits 12:00 Games & Giggles ML 12:00 Mexican Lunch (sign up) 2:15 Mexican Fiesta ML 2:15 Hand & Finger Dexterity TO 2:15 Music Therapy 2nd, 3:15 Doll Therapy TO 3:15 Relaxation Therapy AR 4:00 Balloon Toss TO 4:00 Walking Club MF 4:00 Friendly visits 5:00 Fun & Games ML 7:00 Tyndall Cinema ML 7:00 Music & Movement U</p>	<p>5. Cinco DeMayo</p> <p>9:15 Music Therapy 2 10:15 Hymn Sing ML 10:15 Bedside Stretches TO 11:15 Music and Movement 3rd 12:00 Games & Giggles ML 2:15 Ten Pin Bowling ML 2:15 Hand Therapy TO 2:15 Music therapy 4th 3:15 Walking Club MF 4:00 Balloon toss TO 4:00 Friendly visits 5:00 Fun & Games ML 7:00 Name that Tune ML</p>
<p>6.</p> <p>10:15 Music Therapy 2nd 10:15 Walking Club MF 10:15 Morning Stretch AR 11:15 Helping Hands 3rd 12:00 Games & Giggles ML 2:15 Grace New Covenant Church ML 2:15 Hand & Finger Dexterity TO 2:15 Art Therapy AR 3:15 Card Games U 4:00 Scenic Tours 4:00 Friendly visits TO 5:00 Fun & Games ML 7:00 Music Therapy U</p>	<p>7.</p> <p>9:15 Reminiscing 2 10:15 Fun & Fitness ML 10:15 Sister Diane Portuguese prayers 11:15 Music & Movement 3 11:15 Helping Hands 3rd, 4th 12:00 Games & Giggles ML 2:00 Communion TO 2:15 BINGO ML 2:15 Bedside stretches TO 2:15 Music & Movement 2,4 3:15 Balloon Toss TO 3:15 1:1 short stories 4:00 Hand Therapy TO 4:00 Puzzles 3 4:00 Friendly visits 5:00 Fun & Games ML 7:00 Men's Club 7:00 Ladies Club AR</p>	<p>8.</p> <p>9:15 Music Therapy 2,4 10:15 Sensory Stimulation ML 10:15 Morning Stretch AR 11:15 Friendly visits 12:00 Games & Giggles ML 2:15 Mississauga City Baptist Church ML 2:15 Hand & Finger Dexterity 2 2:15 Scenic Tours 2:15 Board Games 2 2:15 Balloon Toss TO 2:15 Bedside Music Therapy 3:15 Board Games 3,4 4:00 Hand Therapy TO 4:00 Friendly visits 5:00 Fun & Games ML 7:00 Relaxation Therapy ML 7:00 Tea & Toast Social AR</p>	<p>9.</p> <p>9:15 Reminiscing 2, 4 10:15 Bedside Music Therapy TO 10:15 Fun & Fitness ML 10:15 Glamour Club AR 11:15 Hand Therapy TO 11:15 Short Stories U 12:00 Games & Giggles ML 2:15 Mother's Day Craft AR 2:15 Bedside Stretches TO 2:15 Relaxation Therapy ML 2:15 Card Games U 3:15 Walking Club MF 3:15 1:1 Short Stories U 4:00 Friendly visits 4:00 Balloon Toss TO 5:00 Fun & Games ML 7:00 Church of God ML 7:00 Bedside visits TO</p>	<p>10.</p> <p>9:15 Bedside music 2, 4 10:15 Sensory Stimulation ML 10:15 Morning Stretch AR 11:15 Helping Hands 3rd 12:00 Games & Giggles ML 2:15 Hand & Finger Dexterity TO 2:15 Balloon Toss TO 2:15 Baking AR 2:15 Relaxation Therapy ML 3:15 Walking Club MF 3:15 Discussion Group ML 4:00 Friendly visits 4:00 Bedside Music Therapy TO 5:00 Fun & Games ML 7:00 Card Bingo ML 7:00 Music & Movement U</p>	<p>11.</p> <p>9:15 Friendly visits U 10:15 Fun & Fitness ML 10:15 Glamour Club AR 10:15 Helping Hands 2 10:15 Bedside stretches 3 11:15 Friendly visits 11:15 1:1 Short stories 12:00 Games & Giggles ML 2:15 Music & Movement U 2:15 Doll Therapy TO 2:15 Sensory Stimulation ML 3:00 Chinese Alliance Church ML 3:15 Bedside visits 4:00 Relaxation Therapy AR 4:00 Puzzles 3rd 4:00 Friendly visits 5:00 Fun & Games ML 7:00 Travel to... 7:00 Bedside Visits</p>	<p>12.</p> <p>9:15 Music Therapy U 10:15 Hymn Sing ML 10:15 Bedside Stretches TO 10:15 Sensory Stimulation AR 11:15 Balloon Toss TO 12:00 Games & Giggles ML 2:15 All about MY Mother ML 2:15 Hand Therapy 4 2:15 Sensory Stimulation ML 3:15 Scenic Tours 3:15 Bedside Stretch TO 4:00 Music Therapy 3 4:00 Friendly visits 5:00 Fun & Games ML 7:00 Discussion Group ML</p>
<p>13. Mother's Day</p> <p>15 Music Therapy 2nd 10:15 Bedside Music TO 10:15 Reading Group ML 10:15 Morning Stretch AR 11:15 Helping Hands 3rd 11:15 Friendly visits 12:00 Games & Giggles ML 2:15 Mother's Day Celebration with Janelle ML 4:00 Friendly visits TO 4:00 Doll Therapy TO 5:00 Fun & Games ML 7:00 Reading Group AR</p>	<p>14.</p> <p>9:15 Reminiscing 2 10:15 Sensory Stimulation AR 10:15 Fun & Fitness ML 10:15 Music & Movement 3 11:15 Walking Club MF 11:15 Manicures 12:00 Games & Giggles ML 2:00 Communion TO 2:15 Hand & Finger Dexterity TO 2:15 Mini Golf ML 2:15 Music & Movement 4 2:15 Balloon Toss TO 3:15 Bedside Music Therapy 3:15 Thumb Ball AR 4:00 Hand Therapy TO 4:00 Friendly visits 5:00 Fun & Games ML 7:00 Music Therapy U 7:00 BINGO ML</p>	<p>15.</p> <p>9:15 Music Therapy 2, 4 10:15 Morning Stretch AR 10:15 Fun & Fitness ML 10:15 Manicures TO 11:15 Music Therapy 3 12:00 Games & Giggles ML 2:15 Church of the Holy Spirit Anglican and Lutheran Service ML 2:15 Relaxation Therapy AR 2:15 Scenic Tours 2:15 Balloon Toss TO 3:15 Walking Club MF 3:15 Thumb Ball AR 4:00 Friendly visits 4:00 Doll Therapy TO 4:00 Hand Therapy TO 5:00 Fun & Games ML 7:00 Lemonade Social AR</p>	<p>16. Ramadan Begins</p> <p>9:15 Reminiscing 2, 4 10:15 Morning Stretch AR 10:15 Sensory Stimulation ML 11:15 1:1 Short Stories 3, 4 12:00 Games & Giggles ML 1:15 Activity Dept., Meeting 3:15 Reading Group ML 3:15 Hand & Finger Dexterity 4:00 Scenic Tours 4:00 Friendly visits 4:00 Walking Club MF 5:00 Fun & Games ML 7:00 Relaxation Therapy AR 7:00 Rosary ML</p>	<p>17.</p> <p>9:15 Bedside music 2, 4 10:15 Morning Stretch AR 10:15 Heritage Museum Presentation ML 10:15 Bedside Stretches TO 10:15 Friendly visits 11:15 Bedside Stretches TO 11:15 Helping Hands 3rd 12:00 Games & Giggles ML 12:00 Take out Lunch (sign up) 2:15 Jeopardy 2:15 Scenic Tours 2:15 Music & Movement 4 3:15 1:1 short stories 3:15 Music & Movement 2nd, 3rd 4:00 Balloon Toss 3 4:00 Friendly visits 4:00 Scenic Tours 5:00 Fun & Games ML 7:00 Card Bingo ML 7:00 Helping Hands U</p>	<p>18.</p> <p>9:15 Reminiscing 2, 4 10:15 Fun & Fitness ML 10:15 Glamour Club AR 10:15 Hand Therapy TO 11:15 Helping Hands 3, 4 12:00 Games & Giggles ML 2:15 Outdoor Chat on the Patio 2:15 Sensory Stimulation ML 2:15 Balloon Toss TO 2:15 Music & Movement U 4:00 Bedside Music Therapy TO 4:00 Puzzles 3rd 4:00 Friendly visits 5:00 Fun & Games ML 7:15 Social Club Mike McConnell ML</p>	<p>19. Royal Wedding Day</p> <p>9:15 Music Therapy 2 10:00 Hymn Sing ML 10:15 Bedside Stretches TO 11:15 Balloon Toss TO 12:00 Games & Giggles ML 2:15 New Life Fellowship Church of God ML 2:15 Board Games U 2:15 Bedside visits 4:00 Relaxation Therapy AR 4:00 Doll Therapy TO 5:00 Fun & Games ML</p>

May
2018



Tyndall Seniors
Village
Recreation Calendar
Part ONE



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>20.</p> <p>9:15 Bedside Stretches TO 10:15 Morning Stretch AR 10:15 Music & Movement 3rd 11:15 Hand & Finger Dexterity TO 12:00 Games & Giggles ML 2:15 Puzzles 4 2:15 Balloon Toss TO 2:30 Applewood Heights Gospel Hall ML 3:15 Hand Therapy 2 4:00 Friendly visits 4:00 Manicures 5:00 Fun & Games ML 7:00 Discussion Group AR</p>	<p>21. Victoria Day 9:15 Music Appreciation 2 10:15 Morning Stretch AR 10:15 Fun & Fitness ML 10:15 Word Games 2 11:15 Music & Movement 3 12:00 Games & Giggles 2:00 Communion TO 2:15 Victorian Tea Party ML 2:15 Music Appreciation 3 3:15 Word Games 4 4:00 Relaxation Therapy AR 4:00 Friendly visits 4:00 Scenic Tours 5:00 Fun & Games ML 7:00 BINGO ML 7:00 Balloon Toss TO</p>	<p>22.</p> <p>9:15 Reminiscing 2, 4 10:15 Sensory Stimulation ML 10:15 Morning Stretch AR 10:15 Manicures 11:15 Walking Club 11:15 Bedside Music Therapy TO 12:00 Games & Giggles 2:15 Name that Face Biography ML 2:15 Music Therapy U 2:15 Hand & Finger Dexterity TO 3:15 Scenic Tours 3:15 Card Games U 4:00 Doll Therapy TO 4:00 Friendly visits 4:00 Bedside visits TO 5:00 Fun & Games ML 7:00 Tea & Toast Social AR 7:00 Bedside Music Therapy U</p>	<p>23.</p> <p>9:15 Friendly visits U 10:15 Fun & Fitness ML 10:15 Glamour Club AR 11:15 Scenic Tours 11:15 Helping Hands 3rd 12:00 Games & Giggles ML 2:15 Royal Wedding Celebrations 2:15 Sensory Stimulation AR 2:15 Bedside Music Therapy TO 2:15 Balloon Toss TO 3:15 Walking Club MF 3:15 Music Appreciation 3 4:00 Friendly visits 4:00 Reading Group AR 5:00 Fun & Games ML 7:00 Word Games ML 7:00 Music Therapy ML</p>	<p>24.</p> <p>9:15 Music Therapy 2 10:15 Music therapy with David Vircillo ML 10:15 Morning Stretch AR 10:15 Walking Club MF 11:15 Friendly visits 11:15 Bedside Stretches TO 12:00 Games & Giggles ML 2:15 Outdoor Gardening on the Patio 2:15 Scenic Tours 2:15 Doll Therapy TO 2:15 Balloon Toss TO 3:15 Thumb Ball AR 3:15 Scenic Tours TO 4:00 Friendly visits 4:00 Hand & Finger Dexterity TO 5:00 Fun & Games ML 7:00 Card Bingo ML 7:00 Relaxation Therapy AR</p>	<p>25.</p> <p>9:15 Reminiscing 2,4 10:15 Fun & Fitness ML 10:15 Bedside Stretches TO 10:15 Sensory Stimulation AR 11:15 Helping Hands U 11:15 Scenic Tours 12:00 Games & Giggles ML 2:15 Hand & Finger Dexterity 2:15 Trivia & Word Games ML 2:15 Ring Toss 4th 2:15 Bean Bag Toss 2nd 2:15 Doll Therapy TO 3:15 Bedside visits 3:15 Hose Shoes 3rd 4:00 Hand Therapy TO 4:00 Friendly visits TO 4:00 Walking Club MF 5:00 Fun & Games ML 7:00 Tyndall Cinema ML 7:00 Helping Hands U</p>	<p>26.</p> <p>9:15 Music Therapy 2 10:00 Hymn Sing ML 10:15 Music Therapy 4th 10:15 Balloon Toss TO 11:15 Name that tune 3rd 11:15 Puzzles 4th 12:00 Games & Giggles 2:15 Relaxation Therapy AR 2:15 Outdoor Chat on the Patio 2:15 Music & Movement 3rd 2:15 Doll Therapy TO 3:15 Card Games 3rd 3:15 Scenic Tours 4:00 Friendly visits 4:00 Bedside Music Therapy 5:00 Fun & Games 7:00 Name that Tune ML</p>
<p>27.</p> <p>9:15 Reminiscing 2 10:15 Music Therapy ML 10:15 Reading Group AR 10:15 Doll Therapy TO 11:15 Current Events 3, 4 12:00 Games & Giggles 2:15 Ring Toss 2nd 2:15 Bean Bag Toss 3rd 2:15 Horse Shoes 4th 2:15 Scenic Tours 3:15 Hand Therapy TO 3:15 Current Events AR 4:00 Friendly visits 4:00 Hand Therapy TO 5:00 Fun & Games ML 7:00 Tea & Toast Social AR</p>	<p>28.</p> <p>9:15 Music Therapy U 10:15 Fun & Fitness ML 10:15 Sister Diane Portuguese Prayers AR 11:15 Helping Hands 3rd 12:00 Games & Giggles 2:00 Communion TO 2:15 Westminster United Church ML 2:15 Sensory Stimulation AR 2:15 Scenic Tours 3:15 Walking Club MF 4:00 Friendly visits TO 4:00 Hand Therapy TO 5:00 Fun & Games ML 7:00 Thumb Ball AR 7:00 Doll Therapy U</p>	<p>29.</p> <p>9:15 Reminiscing 2, 4 10:15 Sensory Stimulation ML 10:15 Morning Stretch AR 10:15 Manicures 11:15 Walking Club 11:15 Bedside Music Therapy TO 12:00 Games & Giggles BIG BIKE HEART & STROKE FUNDRAISER 2:15 Scenic Tours 4:00 Doll Therapy TO 4:00 Friendly visits 4:00 Bedside visits TO 5:00 Fun & Games ML 7:00 Tea & Toast Social AR</p>	<p>30.</p> <p>9:15 Music Therapy 2, 4 10:15 Morning Stretch AR 10:15 Fun & Fitness ML 10:15 Music & Movement 3rd 11:15 Friendly visits 3, 4 12:00 Games & Giggles 2:15 Monthly Birthday Party with James Cormier ML 4:00 Balloon Toss TO 4:00 Friendly visits 4:00 Bedside visits 5:00 Fun & Games ML 7:00 Word Games ML 7:00 Doll Therapy AR</p>	<p>31. 9:15 Music Appreciation 2 10:15 Resident Council Meeting ML 10:15 Morning Stretch AR 10:15 Music & Movement 3, 4 10:15 Scenic Tours 11:15 Bedside Music Therapy 11:15 Helping Hands U 12:00 Games & Giggles 2:15 Sensory Stimulation AR 2:15 Balloon Toss TO 2:15 Ice Cream Sundae Making 2:15 Hand Therapy TO 3:15 Reminiscing 3rd, 4th 3:15 Doll Therapy TO 4:00 Scenic Tours 4:00 Friendly visits TO 4:00 Walking Club MF 5:00 Fun & Games 7:00 Card BINGO ML 7:00 Relaxation Therapy AR</p>	<p>Pet Visits “Scrappy” Mondays at 1:00pm & “Riley” Saturday’s at 1:30</p>	<p>Legend U = Units UL = Unit Lounge BP = Back Patio ML = Main Lounge AR = Activity Room MF = Main Floor</p>

May
2018



Tyndall Seniors
Village
Recreation Calendar
Part TWO