

New employees to Saugeen Valley

- Elaine Fraser will be joining the SVNC team on Monday May 14th. Elaine will be working as the interim ADOC until Alyssa leaves for Mat leave and then will move into the position of temporary DOC during Alyssa's absence. Elaine has over 22 years of Nursing experience. She has worked in the role of DOC for the past 8 years and before that worked as a charge nurse in LTC. Elaine has a passion for learning and leading others with her knowledge and life experiences. We look forward to having Elaine join the team.
- Shelby Jackson will be joining the SVNC team on Monday May 28th as the RAI/ Restorative care coordinator. She has worked in LTC for 7 years and has worked in various roles including RAI Coordinator, ADOC, RPN and PSW. Shelby worked at SVNC in the past while completing her RPN program. We are happy to welcome Shelby back to Saugeen Valley.
- We welcome Amanda Woodwark as a PSW to the team.

The Village Chronicle



SHARON VILLAGE
CARE HOMES

Saugeen Valley Nursing Center

June 2018



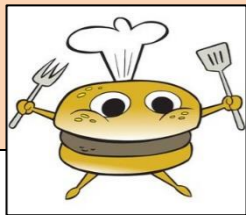
June Special Events and Entertainment

- Friday June 1- Men's Breakfast- 8:00am
 - Monday June 4- Men's Glamour Shots- 9:30am
 - Tuesday June 5- Country Drive- 9:30am
 - Tuesday June 12- Music with Peter- 2:15pm
 - Friday June 15- Holstein Picnic- 10:00am to 2:00pm
 - Sunday June 17- Fathers Day Social- 2:15pm
 - Monday June 18- Residents Council Meeting- 2:15pm
 - Tuesday June 19- Music with Tonia Joy- 2:15pm- 3rd Floor
 - Friday June 22- Garden Party- 2:15pm
 - Tuesday June 26- Birthday Party with Al Crawford- 2:15pm
 - Friday June 29- Strawberry Social/ Canada Day Party- 2:15pm
- Please refer to the calendar for a complete list of recreation opportunities for our residents.



With the start of summer we will be starting our weekly BBQ's in June. Residents will have an opportunity to enjoy 2 BBQ's throughout the summer season.

Yummy!



What Makes a Dad

God took the strength of a mountain,
The majesty of a tree,
The warmth of a summer sun,
The calm of a quiet sea,
The generous soul of nature,
The comforting arm of night,
The wisdom of the ages,
The power of the eagle's flight,
The joy of a morning in spring,
The faith of a mustard seed,
The patience of eternity,
The depth of a family need,
Then God combined these qualities,
When there was nothing more to add,
He knew His masterpiece was complete,
And so, He called it ... Dad

Author Unknown

If you are interested in attending the Holstein Picnic on June 15th with your loved one please call Sheryl McTavish at ex 25 no later than June 8th!

Save the date: Friday July 27th!
If you are interested in attending our Pig roast. Tickets are \$10.00 an adult or \$5.00 a child. Please call Sheryl at ex 25 to reserve your spot. Stay tuned for more details shortly!



Eilleen Murray- June 3 John Zettel June 11
Vernon McLean June 14 Mary Wiltherow June 21
Brenda Bast June 21 Lorne Richmond June 25
Allan Mason June 25 Gabrielle Bailey- June 29
Ray Charters- June 30

The monthly birthday party will be taking place on Tuesday June 26th. Al Crawford will be providing entertainment! Everyone is welcome to attend!



Rate Reduction Notification

Rate Reduction Applications for the period July 1 2018 – June 30 2019, will be mailed out the first week in June to all residents that are in basic accommodation and currently receiving a rate reduction.

Please watch your mail for the application and details relating to submission deadlines.

If your loved one is in basic accommodation and you have not applied for a rate reduction, please contact Lynn Williamson, Office Manager for more information.

Fact and Fiction about Pain in the Elderly

Myth: Pain is expected with aging.

Fact: Pain is not normal with aging. The presence of pain in the elderly requires assessment, diagnosis and management similar to younger individuals.

Myth: Potential side effects of narcotic medication make them too dangerous to use in the elderly

Fact: Narcotics may be used safely in the elderly. Although, the elderly may be more sensitive to narcotics, this does not justify withholding narcotics and failing to relieve pain.

Myth: The nurse will know when I am in pain.

Fact: The nurse is very good at assessing a resident who is displaying signs of pain but in order for the nurse to complete a thorough assessment, you should speak to the nurse and let them know that you have pain. The nurse will need to ask a number of questions, including your pain score on a scale of 0 (no pain) to 10 (extreme pain).

Myth: If I don't want to take anymore pills, I must suffer from pain in silence.

Fact: There are many ways to relieve pain that don't involve swallowing medications. A warm blanket, physiotherapy exercises, massage, or an pain reliever that can be applied directly to the skin are all good alternatives to taking more pills.

Many of our residents love to visit with their furry friends in the warmer months. Just a reminder if you are wanting to bring in your own pet to visit:

- Shots need to be up to date.
- Animals need to be clean and clear of infection.
- Dogs need to be on a lease at all times.
- Cats need to be in carrier when entering the home and leaving.
- Please only visit your own loved one.

If you are interested in becoming a pet therapist please contact Sheryl for more details at ex 25.



With Sympathy for the loss of:

Marion O Shae
Rose Pierre
Allistar Coutts
Barbara Bell

You will be missed dearly!

On admission, as part of the Unfunded Services Agreement, all residents/POAs are encouraged to set up a trust fund with the Home. Funds placed in trust for residents can be used for outings, the tuck shop cart, hair care and special foot care. We encourage residents not to carry cash, so a trust fund ensures that we do not have to call you for each resident when there is an outing, and have the cash available for the trip. If you wish to set up a trust account for your loved one, please contact Lynn Williamson, Office Manager, at ext. 21.