




| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|---|--|--|--|---|---|
| <p>1.</p> <p>CANADA DAY! 10:15 Morning Stretch AR 10:15 Garden Care Helping Hands 11:15 Helping Hands 3rd 12:00 Games & Giggles ML 2:15 Canada Celebration with Dan Walek ML 4:00 Scenic Tours 5:00 Fun & Games ML 7:00 Music Therapy U</p>  | <p>2.</p> <p>9:15 Reminiscing 2 10:15 Fun & Fitness ML 10:15 Walking Club 11:15 Music & Movement 3 12:00 Games & Giggles ML 2:00 Communion TO 2:15 BINGO ML 2:15 Music & Movement 2,4 3:15 Balloon Toss TO 4:00 Hand Therapy TO 4:00 Puzzles 3 4:00 Friendly visits 5:00 Fun & Games ML 7:00 Men's Club 7:00 Ladies Club AR</p> | <p>3.</p> <p>9:15 Music Therapy 2,4 10:15 Sensory Stimulation ML 10:15 Morning Stretch on the Patio 11:15 Friendly visits 11:15 Doll Therapy TO 12:00 Games & Giggles ML 2:15 Hand & Finger Dexterity 2 2:15 Sing-a-long ML 2:15 Scenic Tours 2:15 Board Games 2 3:15 Board Games 3,4 4:00 Hand Therapy TO 4:00 Friendly visits 4:00 Walking Club MF 5:00 Fun & Games ML 7:00 Relaxation Therapy ML 7:00 Lemonade Social AR</p> | <p>4.</p> <p>9:15 Reminiscing 2, 4 10:15 Fun & Fitness ML 10:15 Morning Stretch AR 10:15 Garden Care Helping Hands 11:15 Hand Therapy TO 11:15 Scenic Tours 12:00 Games & Giggles ML 2:15 St. Patrick's Roman Catholic Mass ML 2:15 Bedside Stretches TO 2:15 Relaxation Therapy ML 2:15 Card Games U 3:15 Walking Club MF 3:15 Bedside Stretches TO 4:00 Friendly visits 4:00 Balloon Toss TO 5:00 Fun & Games ML 7:00 Word Games ML</p> | <p>5.</p> <p>9:15 Bedside music 2 10:15 Poetry Club ML 10:15 Morning Stretch AR 10:15 Scenic Tours 11:15 Helping Hands 3rd, 4th 12:00 Games & Giggles 3rd 2:15 Hand & Finger Dexterity TO 2:15 Outdoor Games on the Patio 2:15 Relaxation Therapy AR 3:15 Hindu Prayer ML 4:00 Montessori tasks 4:00 Friendly visits 5:00 Fun & Games 3rd 7:00 Card Bingo AR</p> | <p>6.</p> <p>9:15 Reminiscing 2, 4 10:15 Fun & Fitness ML 10:15 Morning Stretch AR 10:15 Bedside Stretches 10:15 Helping Hands on the Patio 11:15 Friendly visits 12:30 BBQ Lunch 4th floor dining room residents 2:15 Outdoor Chat 2:15 Music Therapy 2, 3, 4 3:15 Doll Therapy TO 3:15 Relaxation Therapy AR 4:00 Balloon Toss TO 4:00 Walking Club MF 4:00 Friendly visits 5:00 Fun & Games ML 7:00 Travel to ML</p> | <p>7.</p> <p>9:15 Music Therapy 2 10:15 Hymn Sing ML 10:15 Sensory stimulation AR 11:15 Helping Hands 3rd 12:00 Games & Giggles ML 2:15 Art Therapy AR 2:15 Ten Pin Bowling ML 2:15 Music therapy 4th 3:15 Montessori tasks 4:00 Walking Club MF 4:00 Friendly visits 5:00 Fun & Games ML 7:00 Name that Tune ML</p> |
| <p>8.</p> <p>9:15 Music Therapy 2nd 10:15 Reading Group ML 10:15 Morning Stretch AR 11:15 Friendly visits 12:00 Games & Giggles ML 2:15 Bedside Music Therapy 2:15 Scenic Tours 2:15 Relaxation Therapy AR 3:15 Board Games U 4:00 Friendly visits TO 4:00 Doll Therapy TO 5:00 Fun & Games ML 7:00 Discussion Group AR</p> | <p>9.</p> <p>9:15 Reminiscing 2 10:15 Sensory Stimulation AR 10:15 Fun & Fitness ML 10:15 Music & Movement 3 11:15 Walking Club MF 11:15 Manicures 12:00 Games & Giggles ML 2:00 Communion TO 2:15 Hand & Finger Dexterity TO 2:15 Mini Golf ML 2:15 Music & Movement 4 3:15 Bedside Music Therapy 3:15 Thumb Ball AR 4:00 Hand Therapy TO 4:00 Friendly visits 5:00 Fun & Games ML 7:00 BINGO ML 7:00 Montessori Tasks U</p> | <p>10.</p> <p>9:15 Music Therapy 2, 4 10:15 Morning Stretch AR 10:15 Bedside Stretches 10:15 Fun & Fitness ML 11:15 Manicures 12:00 Games & Giggles ML 2:15 Mississauga City Baptist Church ML 2:15 Relaxation Therapy AR/ Patio 2:15 Balloon Toss 2:15 Scenic Tours 3:15 Friendly visits TO 3:15 Music & movement 3 4:00 Walking Club MF 4:00 Reading Group AR 4:00 Thumb Ball AR 5:00 Fun & Games ML 7:00 Tea & Toast Social AR</p> | <p>11.</p> <p>9:15 Reminiscing 2, 4 10:15 Morning Stretch AR 10:15 Hand Therapy TO 10:15 Music Therapy with David Vircillo ML 11:15 1:1 Short Stories 3, 4 11:15 Scenic Tours 12:00 Games & Giggles ML 2:15 Music, Bingo and more with TD Bank volunteers 2:15 Doll Therapy TO 2:15 Bedside Stretches 2:15 Outdoor Music therapy 3:15 Hand & Finger Dexterity 3:15 Balloon Toss TO 4:00 Scenic Tours 4:00 Bedside Music Therapy 4:00 Friendly visits 4:00 Walking Club MF 5:00 Fun & Games ML 7:00 Church of God ML</p> | <p>12.</p> <p>9:15 Bedside music 2 10:15 Morning Stretch on the Patio 10:15 Bedside Stretches TO 10:15 Scenic Tours 11:15 Hand Therapy TO 11:15 Helping Hands 3rd 12:00 Games & Giggles ML 2:15 Portuguese Reflections ML 2:15 Outdoor Sensory Stimulation 2:15 Hand & Finger Dexterity TO 3:15 Music & Movement 4 3:15 Music & Movement 2nd 4:00 Scenic Tours 4:00 Friendly visits 5:00 Fun & Games ML 7:00 Card Bingo ML 7:00 Montessori Tasks</p> | <p>13.</p> <p>9:15 Friendly visits U 10:15 Fun & Fitness ML 10:15 Helping Hands on the Patio 10:15 Bedside Music Therapy 11:15 Friendly visits 12:00 BBQ Lunch 1st sitting 2:15 Margarita Ville on the Patio 2:15 Sensory Stimulation AR 3:00 Chinese Alliance Church ML 3:15 Scenic Tours 4:00 Puzzles 3rd 4:00 Friendly visits 5:00 Fun & Games ML 7:00 Tyndall Cinema ML 7:00 Music Therapy U</p> | <p>14.</p> <p>9:15 Music Therapy U 10:15 Hymn Sing ML 10:15 Sensory Stimulation AR 11:15 Music & Movement 3 12:00 Games & Giggles ML 2:15 Bean Bag Toss ML 2:15 Hand & Finger Dexterity TO 2:15 Scenic Tours 3:15 Music & Movement 4 4:00 Doll Therapy TO 4:00 Friendly visits 5:00 Fun & Games ML 7:00 Sing-a-longs ML</p> |
| <p>15.</p> <p>10:15 Art Therapy AR 10:15 Outdoor Chat 11:15 Friendly visits 12:00 Games & Giggles ML 2:15 Bedside Music Therapy 2:15 Kingdom Covenant Center ML 2:15 Relaxation Therapy AR 3:15 Board Games U 4:00 Doll Therapy TO 5:00 Fun & Games ML 7:00 Tea & Toast Social AR</p> | <p>16.</p> <p>9:15 Reminiscing 2 10:15 Sensory Stimulation AR 10:15 Fun & Fitness ML 11:15 Walking Club MF 12:00 Games & Giggles ML 2:00 Communion TO 2:15 Strawberry Social on the Patio 4:00 Hand Therapy TO 4:00 Reading Group AR 5:00 Fun & Games ML 7:00 BINGO ML 7:00 Montessori Tasks U</p> | <p>17.</p> <p>9:15 Music Therapy 2, 4 10:15 Morning Stretch on the Patio 10:15 Fun & Fitness ML 10:15 Bedside Stretches TO 10:15 Manicures 11:15 Hand Therapy TO 12:00 Games & Giggles ML 2:15 Church of the Holy Spirit Anglican & Lutheran Service ML 2:15 Relaxation Therapy AR/ Patio 2:15 Scenic Tours 2:15 Balloon Toss TO 3:15 Friendly visits 3:15 Music & movement 3 4:00 Walking Club MF 4:00 Thumb Ball AR 5:00 Fun & Games ML 7:00 Travel to...</p> | <p>18.</p> <p>9:15 Reminiscing 2, 4 10:00 Bus outing TBA (sign up) 10:15 Sensory Stimulation ML 10:15 Outdoor Chat 11:15 1:1 Short Stories 3, 4 12:00 Games & Giggles ML 2:15 Baking AR 2:15 Doll Therapy TO 2:15 Bedside Stretches 2:15 Relaxation Therapy ML 3:15 Hand & Finger Dexterity 4:00 Scenic Tours 4:00 Friendly visits 5:00 Fun & Games ML 7:00 Rosary ML</p> | <p>19.</p> <p>9:15 Bedside music 2 10:15 Heritage Museum Presentation ML 10:15 Morning Stretch AR 10:15 Bedside Stretches TO 11:15 Hand Therapy TO 11:15 Helping Hands 3rd 12:00 Games & Giggles ML 1:00 Activity Dept. Meeting 3:15 Music & Movement 2, 4 3:15 Scenic Tours 4:00 Music & Movement 3 4:00 Friendly visits 5:00 Fun & Games ML 7:00 Card Bingo ML 7:00 Montessori Tasks</p> | <p>20.</p> <p>9:15 Reminiscing 2, 4 10:15 Fun & Fitness ML 10:15 Glamour Club AR 10:15 Hand Therapy TO 10:15 Helping Hands on the Patio 11:15 Friendly visits 12:30 BBQ Lunch 2nd sitting 2:15 Crafts AR 2:15 Sensory Stimulation ML 2:15 Balloon Toss TO 2:15 Walking Club 3:15 Puzzles 3, 4 4:00 Bedside Music Therapy TO 4:00 Scenic Tours 4:00 Friendly visits 5:00 Fun & Games ML 7:15 Social Club with James Cormier ML</p> | <p>21.</p> <p>9:15 Music Therapy 2 10:00 Hymn Sing ML 10:15 Bedside Stretches TO 10:15 Walking Club MF 11:15 Balloon Toss TO 11:15 Garden Care Helping Hands 12:00 Games & Giggles ML 2:15 New Life Fellowship Church of God ML 2:15 Outdoor Music Therapy 2:15 Doll Therapy TO 3:15 Scenic Tours 3:15 Puzzles 2 4:00 Friendly visits 4:00 Relaxation Therapy AR 5:00 Fun & Games ML 7:00 Tyndall Cinema ML</p> |

July
2018



Tyndall Seniors
Village
Recreation Calendar
Part ONE



| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--|---|--|--|---|---|---|
| <p>22.</p> <p>9:15 Bedside Stretches TO 10:15 Morning Stretch AR 10:15 Sensory Stimulation ML 11:15 Scenic Tours 11:15 Garden Care—Helping Hands 12:00 Games & Giggles ML 2:15 Outdoor chat 2:15 Doll Therapy 2:15 Bedside Music Therapy 2:30 3:15 Bean Bag Toss 3 3:15 Ring Toss 2 4:00 Friendly visits 4:00 Ring Toss 4 5:00 Fun & Games ML</p> <p>7:00 Thumb Ball AR</p> | <p>23.</p> <p>9:15 Music Appreciation 2 10:15 Morning Stretch AR 10:15 Fun & Fitness ML 10:15 Word Games 2 11:15 Scenic Tours 11:15 Music & Movement 4 12:00 Games & Giggles 2:00 Communion TO 2:15 Westminster United Church ML 2:15 Bedside visits 2:15 Music Appreciation 3 2:15 Word Games 4 3:15 Board Games 3 3:15 Walking Club 4:00 Friendly visits 4:00 Scenic Tours 5:00 Fun & Games ML 7:00 Outdoor Chat on the patio 7:00 Montessori tasks</p> | <p>24.</p> <p>9:15 Reminiscing 2, 4 10:15 Sensory Stimulation on the patio 10:15 Morning Stretch AR 11:15 Walking Club 11:15 Reminiscing 3 12:00 Games & Giggles 2:15 Outdoor Games on the Patio 2:15 Music Therapy U 2:15 Hand & Finger Dexterity TO 3:15 Scenic Tours 3:15 Card Games U 4:00 Doll Therapy TO 4:00 Friendly visits 4:00 Bedside visits TO 5:00 Fun & Games ML 7:00 Tea & Toast Social AR</p> | <p>25.</p> <p>9:15 Friendly visits U 10:15 Fun & Fitness ML on the patio 10:15 Garden Care—Helping Hands 11:15 Scenic Tours 11:15 Music Therapy 4 12:00 Games & Giggles ML 2:15 Monthly Birthday Party with Kenny Joseph ML 4:00 Friendly visits 4:00 Reading Group AR 5:00 Fun & Games ML 7:00 Word Games ML</p> | <p>26.</p> <p>9:15 Music Therapy 2 10:15 Resident Council Meeting ML 10:15 Morning Stretch AR 10:15 Walking Club MF 11:15 Friendly visits 11:15 Bedside Stretches TO 12:00 Games & Giggles ML 2:15 Hand Therapy TO 2:15 Portuguese Reflections ML 2:15 Bedside visits 2:15 Relaxation Therapy AR 3:15 Scenic Tours TO 3:15 Board Games U 4:00 Friendly visits 4:00 Hand & Finger Dexterity TO 5:00 Fun & Games ML 7:00 Card Bingo ML</p> | <p>27.</p> <p>9:15 Reminiscing 2,4 10:15 Bedside Stretches TO 10:15 Sensory Stimulation AR 10:15 Helping Hands on the Patio 11:15 Scenic Tours 12:00 BBQ Lunch 4th floor dining room residents 2:15 Hand & Finger Dexterity 2:15 Trivia & Word Games ML 2:15 Bedside Music Therapy 2:15 Music Therapy U 2:15 Balloon Toss TO 3:15 Doll Therapy TO 4:00 Hand Therapy TO 4:00 Friendly visits TO 4:00 Walking Club MF 5:00 Fun & Games ML 7:00 Tyndall Cinema ML</p> | <p>28.</p> <p>9:15 Music Therapy 2 10:00 Hymn Sing ML 10:15 Music Therapy 4th 11:15 Puzzles 4th 12:00 Games & Giggles 2:15 Relaxation Therapy AR 2:15 Outdoor Chat on the Patio 2:15 Music & Movement 3rd 3:15 Scenic Tours 4:00 Friendly visits 4:00 Bedside Music Therapy 5:00 Fun & Games 7:00 Name that Tune ML</p> |
| <p>29.</p> <p>9:15 Reminiscing 2 10:15 Music Therapy ML 10:15 Scenic Tours 11:15 Current Events 3, 4 12:00 Games & Giggles 2:15 Poetry Club ML 2:15 Doll Therapy TO 2:15 Bedside Music Therapy 3:15 Relaxation therapy AR 4:00 Friendly visits 4:00 Hand Therapy TO 5:00 Fun & Games ML 7:00 Reading Group AR</p> | <p>30.</p> <p>9:15 Music Therapy U 10:15 Fun & Fitness ML 10:15 Music & Movement 4 11:15 Music & Movement 3 12:00 Games & Giggles 2:00 Communion TO 2:15 BINGO ML 2:15 Sensory Stimulation AR 3:15 Music and Movement 2 4:00 Friendly visits TO 4:00 Hand Therapy TO 5:00 Fun & Games ML 7:00 Thumb Ball AR</p> | <p>31.</p> <p>9:15 Reminiscing 2, 4 10:15 Sensory Stimulation ML 10:15 Morning Stretch AR 11:15 Bedside Music Therapy TO 12:00 Games & Giggles 2:15 Name that Face Biography ML 2:15 Horticulture on the patio 2:15 Hand & Finger Dexterity 2:15 Scenic Tours 3:15 Bedside stretches TO 3:15 Walking Club 4:00 Doll Therapy TO 4:00 Friendly visits 4:00 Bedside visits TO 5:00 Fun & Games ML 7:00 Lemonade Social AR</p> | <p>Vector images from : © harboarts.com/artwork</p> | | <p>Legend</p> <p>U = Units</p> <p>UL = Unit Lounge</p> <p>BP = Back Patio</p> <p>ML = Main Lounge</p> <p>AR = Activity Room</p> <p>MF = Main Floor</p> | <p>Pet Visits</p> <p>“Scrappy” Mondays at 1:00pm</p> <p>&</p> <p>“Riley” Saturday’s at 1:30</p> |

July
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Tyndall Seniors
Village
Recreation Calendar
Part TWO