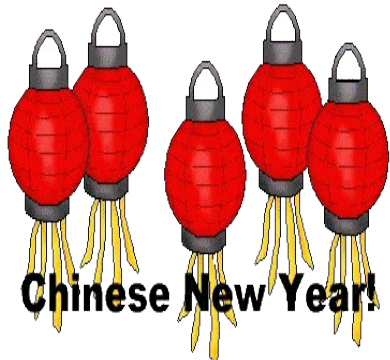










Sun	Mon	Tue	wed	Thu	Fri	Sat
<p><b>Legend</b></p> <p><b>U = Units</b></p> <p><b>UL = Unit Lounge</b></p> <p><b>BP = Back Patio</b></p> <p><b>ML = Main Lounge</b></p> <p><b>AR = Activity Room</b></p> <p><b>MF = Main Floor</b></p>	<p><b>Pet Visits</b></p> <p><b>“Scrappy” Thursdays 1:00pm</b></p> <p><b>&amp;</b></p> <p><b>“Riley” Saturday’s at 1:30</b></p>	 <p><b>Chinese New Year!</b></p>	 <p><b>CELEBRATE BLACK HISTORY MONTH</b></p>	 <p><b>HAPPY VALENTINE'S DAY</b></p>	<p>1.</p> <p>9:15 Friendly visits U</p> <p>10:15 Fun &amp; Fitness ML</p> <p>10:15 Morning Stretch AR</p> <p>10:15 Bedside Stretches TO</p> <p>10:15 Montessori Tasks U</p> <p>11:15 Friendly visits</p> <p>11:15 Balloon Tennis TO</p> <p>12:00 Games &amp; Giggles ML</p> <p>2:15 <b>Black History Month Creative Writing AR</b></p> <p>2:15 Relaxation Therapy AR</p> <p>2:15 Puzzles &amp; Games U</p> <p>2:15 Doll Therapy TO</p> <p>3:15 Hand &amp; Finger Dexterity U</p> <p>4:00 Bedside Music Therapy TO</p> <p>4:00 Friendly visits</p> <p>4:00 Walking Club MF</p> <p>5:00 Fun &amp; Games ML</p> <p>7:00 Card Bingo ML</p> <p>7:00 Tyndall Cinema ML</p>	<p>2. <b>Ground Hog Day</b></p> <p>9:15 Reminiscing 2</p> <p>10:00 Hymn Sing ML</p> <p>10:15 Helping Hands 3rd</p> <p>11:15 Balloon Toss TO</p> <p>12:00 Games &amp; Giggles ML</p> <p><b>2:15 Ground Hog Day Game ML</b></p> <p>2:15 Music &amp; Movement U</p> <p>3:15 Hand &amp; Finger Dexterity TO</p> <p>3:15 Bedside Music Therapy TO</p> <p>4:00 Friendly visits</p> <p>4:00 Discussion Group AR</p> <p>5:00 Fun &amp; Games ML</p> <p>7:00 Name that Tune ML</p>
<p>3.</p> <p>10:15 Morning Tea Social AR</p> <p>10:15 Music Therapy ML</p> <p>11:15 Helping Hands U</p> <p>12:00 Games &amp; Giggles ML</p> <p><b>2:15 Grace New Covenant Church ML</b></p> <p>2:15 Relaxation Therapy AR</p> <p>2:15 Manicures TO</p> <p>3:15 Board Games 2</p> <p>4:00 Music &amp; Movement 3, 4</p> <p>5:00 Fun &amp; Games ML</p> <p><b>7:00 Super Bowl Fun &amp; Games ML</b></p>	<p>4.</p> <p>9:15 Reminiscing 2</p> <p>10:15 Fun &amp; Fitness ML</p> <p>10:15 Sensory Stimulation AR</p> <p>11:15 Walking Club MF</p> <p>12:00 Games &amp; Giggles ML</p> <p><b>2:00 Communion TO</b></p> <p>2:15 Card Bingo ML</p> <p>2:15 Bedside Music TO</p> <p>3:15 Hand Therapy TO</p> <p>4:00 Reading Group AR</p> <p>4:00 Friendly visits</p> <p>5:00 Fun &amp; Games ML</p> <p>7:00 Art Therapy AR</p>	<p>5. <b>CHINESE NEW YEAR</b></p> <p>9:15 Chinese Zodiac Readings 2</p> <p>10:15 Morning Stretch AR</p> <p>10:15 Fun &amp; Fitness ML</p> <p>12:00 Games &amp; Giggles ML</p> <p><b>2:15 Travel to China. ML</b></p> <p>2:15 Music Therapy U</p> <p>3:15 Chinese Zodiac Readings 4</p> <p>4:00 Walking Club MF</p> <p>4:00 Chinese Zodiac Readings 3</p> <p>4:00 Discussion Group AR</p> <p>5:00 Fun &amp; Games ML</p> <p>7:00 Car Bingo ML</p> 	<p>6.</p> <p>9:15 Reminiscing 2, 4</p> <p>10:15 Fun &amp; Fitness ML</p> <p>10:15 Sensory Stimulation AR</p> <p><b>10:15 Valentine's Decorating</b></p> <p>11:15 Computer Time ML</p> <p>12:00 Games &amp; Giggles ML</p> <p><b>2:15 St. Patrick's Roman Catholic Mass ML</b></p> <p>2:15 Bedside Stretches TO</p> <p><b>2:15 Balloon Toss TO</b></p> <p>2:15 Brain Teasers AR</p> <p>3:15 Walking Club MF</p> <p>4:00 Montessori Tasks U</p> <p>4:00 Friendly visits</p> <p>4:00 Bedside Stretches TO</p> <p>5:00 Fun &amp; Games ML</p> <p>7:00 Hot Chocolate Social AR</p>	<p>7.</p> <p>9:15 Bedside music 2</p> <p>10:15 Morning Stretch AR</p> <p>10:15 Fun &amp; Fitness ML</p> <p>12:00 Games &amp; Giggles ML</p> <p><b>2:15 Portuguese Reflections ML</b></p> <p>2:15 Spelling Bee AR</p> <p>2:15 Doll Therapy TO</p> <p>2:15 Hand &amp; Finger Dexterity TO</p> <p>4:00 Relaxation Therapy AR</p> <p>4:00 Friendly visits</p> <p>4:00 Reading Group AR</p> <p>5:00 Fun &amp; Games ML</p> <p>7:00 Montessori Tasks AR</p> <p>7:00 Name that Tune ML</p>	<p>8.</p> <p>9:15 Friendly visits U</p> <p>10:15 Sensory Stimulation ML</p> <p>10:15 Morning Stretch AR</p> <p>11:15 Music &amp; Movement 3rd</p> <p>12:00 Games &amp; Giggles ML</p> <p>2:15 Montessori Tasks ML</p> <p><b>2:15 Fondue Fun AR</b></p> <p>2:15 Balloon Toss TO</p> <p>2:15 Hand Therapy TO</p> <p><b>3:00 Chinese Alliance Church ML</b></p> <p>4:00 Discussion Group AR</p> <p>4:00 Bedside visits TO</p> <p>4:00 Walking Club MF</p> <p>5:00 Fun &amp; Games ML</p> <p>7:00 Bingo Blast ML</p>	<p>9.</p> <p>9:15 Music Therapy 2</p> <p>10:00 Hymn Sing ML</p> <p>10:15 Doll Therapy AR</p> <p>11:15 Walking Club MF</p> <p>12:00 Games &amp; Giggles ML</p> <p>2:15 Ten Pin Bowling ML</p> <p>2:15 Hand Therapy TO</p> <p>2:15 Balloon Toss TO</p> <p>3:15 Reading Group AR</p> <p>4:00 Friendly visits</p> <p>4:00 Relaxation Therapy AR</p> <p>5:00 Fun &amp; Games ML</p> <p>7:00 Tyndall Cinema ML</p>
<p>10.</p> <p>10:15 Morning Tea Social AR</p> <p>10:15 Music Therapy ML</p> <p>12:00 Games &amp; Giggles ML</p> <p><b>2:15 Salvation Army Church ML</b></p> <p>2:15 Sensory Stimulation AR</p> <p>2:15 Manicures TO</p> <p>3:15 Board Games U</p> <p>4:00 Scenic Tours</p> <p>4:00 Friendly visits</p> <p>5:00 Fun &amp; Games ML</p> <p>7:00 Card Games AR</p>	<p>11.</p> <p>9:15 Reminiscing 2</p> <p>10:15 Sensory Stimulation AR</p> <p>10:15 Fun &amp; Fitness ML</p> <p>10:15 Montessori Tasks U</p> <p>11:15 Manicures TO</p> <p>12:00 Games &amp; Giggles ML</p> <p><b>2:00 Communion TO</b></p> <p><b>2:15 Valentine's Crafts AR</b></p> <p>2:15 Men's Club ML</p> <p>3:15 Walking Club MF</p> <p>4:00 Friendly visits</p> <p>5:00 Fun &amp; Games ML</p>	<p>12.</p> <p>9:15 Music Therapy 2, 4</p> <p>10:15 Morning Stretch AR</p> <p>10:15 Fun &amp; Fitness ML</p> <p>11:15 Music &amp; movement 3</p> <p>12:00 Games &amp; Giggles ML</p> <p><b>2:15 Mississauga City Baptist Church ML</b></p> <p>2:15 Relaxation Therapy AR</p> <p>2:15 Doll Therapy U</p> <p>3:15 Hand &amp; Finger Dexterity TO</p> <p>4:00 Balloon Toss TO</p> <p>4:00 Friendly visits</p> <p>5:00 Fun &amp; Games ML</p>	<p>13.</p> <p>9:15 Reminiscing 2, 4</p> <p><b>10:00 Bowling Outing (sign up)</b></p> <p>10:15 Fun &amp; Fitness ML</p> <p>12:00 Games &amp; Giggles ML</p> <p><b>2:15 Valentine's Baking AR</b></p> <p>2:15 Doll Therapy TO</p> <p>2:15 Bedside Stretches TO</p> <p>4:15 Friendly visits</p> <p>4:00 Discussion Group ML</p> <p>5:00 Fun &amp; Games ML</p> <p>7:00 Card Bingo ML</p>	<p>14. <b>VALENTINE'S DAY</b></p> <p>9:15 Love Poems &amp; Stories 2, 4</p> <p>10:15 Fun &amp; Fitness ML</p> <p>10:15 Morning Stretch AR</p> <p>12:00 Games &amp; Giggles ML</p> <p><b>2:15 Valentine's Day Social with Milan Vincec ML</b></p> <p>4:00 Friendly visits</p> <p>4:00 Bedside visits TO</p> <p>5:00 Fun &amp; Games ML</p> <p>7:00 Hot Chocolate Social AR</p> 	<p>15.</p> <p>9:15 Reminiscing 2, 4</p> <p>10:15 Fun &amp; Fitness ML</p> <p>10:15 Sensory Stimulation AR</p> <p>10:15 Manicures</p> <p>11:15 Bedside stretches TO</p> <p>12:00 Games &amp; Giggles ML</p> <p><b>2:15 Black History Month Name that Face Biography ML</b></p> <p>2:15 Music Therapy U</p> <p>3:15 Computer Time</p> <p>4:00 Doll Therapy U</p> <p>4:00 Friendly visits</p> <p>4:00 Balloon Toss TO</p> <p>5:00 Fun &amp; Games ML</p> <p>7:00 <b>Bingo Blast ML</b></p>	<p>16.</p> <p>9:15 Music Therapy 2</p> <p>10:00 Hymn Sing ML</p> <p>10:15 Doll Therapy AR</p> <p>11:15 Helping Hands U</p> <p>12:00 Games &amp; Giggles ML</p> <p><b>2:15 New Life Fellowship Church of God ML</b></p> <p>2:15 Hand Therapy TO</p> <p>3:15 Balloon Toss TO</p> <p>4:00 Relaxation Therapy ML</p> <p>5:00 Fun &amp; Games ML</p>

February  
2019



Tyndall Seniors  
Village  
Recreation Calendar  
Part ONE



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>17.</p> <p>9:15 Bedside Stretches TO 10:15 Morning Stretch AR 10:15 Bean Bag Toss 2nd 11:15 Friendly visits 12:00 Games &amp; Giggles ML 2:15 Doll Therapy TO <b>2:30 Kingdom Covenant Church ML</b> 2:15 Ring Toss 3 3:15 Sounds of Nature AR 4:00 Friendly visits 4:00 Ring Toss 4 5:00 Fun &amp; Games ML</p> <p>7:00 Discussion Group AR</p>	<p>18.</p> <p><b>FAMILY DAY</b> 9:15 Music Appreciation 2 10:15 Morning Stretch AR 10:15 Fun &amp; Fitness ML 10:15 Bedside Stretches TO 10:15 Montessori Task U 11:15 Manicures 12:00 Games &amp; Giggles <b>2:00 Communion TO</b> <b>2:15 Family Day Fun &amp; Games ML</b> 2:15 Sensory Stimulation AR 2:15 Hand therapy TO 3:15 Puzzles U 4:00 Friendly visits 4:00 Walking Club 5:00 Fun &amp; Games ML 7:00 Hot Cocoa on wheels</p>	<p>19.</p> <p>9:15 Short Stories 2 10:15 Sensory Stimulation AR 10:15 Morning Stretch ML 11:15 Walking Club 12:00 Games &amp; Giggles <b>2:15 Church of the Holy Spirit Anglican Lutheran Church ML</b> 2:15 Bean Bag Toss 3 2:15 Hand &amp; Finger Dexterity TO 2:15 Ring Toss 4 3:15 Bean Bag Toss 2 4:00 Bedside Music Therapy TO 4:00 Friendly visits 4:00 Hand Therapy TO 5:00 Fun &amp; Games ML 7:00 Card Bingo ML</p>	<p>20.</p> <p>9:15 Reminiscing 2, 4 10:15 Glamour Club AR 10:15 Fun &amp; Fitness ML 10:15 Montessori Tasks U 11:15 Computer Time ML 12:00 Games &amp; Giggles <b>1:30 Activity Dept. Meeting</b> 3:15 Reading Group AR 4:00 Walking Club 4:00 Doll Therapy TO 4:00 Friendly visits 5:00 Fun &amp; Games ML <b>7:00 Rosary ML</b></p>	<p>21.</p> <p>9:15 Friendly visits U 10:15 Morning Stretch AR <b>10:15 Heritage Museum Presentation ML</b> 11:15 Bedside Music Therapy TO 12:00 Games &amp; Giggles <b>2:15 Men's Club ML</b> 2:15 Relaxation Therapy AR 2:15 Hand &amp; Finger Dexterity 3:15 Bedside stretches TO 4:00 Friendly visits 4:00 Card Games U 5:00 Fun &amp; Games ML 700 Bingo Mania (ML)</p>	<p>22.</p> <p>9:15 Short Stories 2, 4 10:15 Sensory Stimulation AR 10:15 Fun &amp; Fitness ML 12:00 Games &amp; Giggle ML 2:15 Hand &amp; Finger Dexterity <b>2:15 Black History Month Word Games ML</b> 2:15 Bedside Music Therapy 2:15 Music Therapy U 3:15 Bean Bag Toss 3 4:00 Hand Therapy TO 4:00 Friendly visits TO 4:00 Walking Club MF 5:00 Fun &amp; Games ML <b>7:15 Social Club with Kenny Joseph ML</b></p>	<p>23.</p> <p>9:15 Music Therapy 2 10:00 Hymn Sing ML 10:15 Music Therapy 4th 11:15 Puzzles 4th 12:00 Games &amp; Giggles 2:15 Relaxation Therapy AR 2:15 Tyndall Cinema ML 2:15 Music &amp; Movement 3rd 3:15 Walking Club MF 4:00 Friendly visits 4:00 Bedside Music Therapy 5:00 Fun &amp; Games</p>
<p>24.</p> <p>9:15 Music Therapy 2 10:15 Morning Tea Social AR 10:15 Music &amp; Movement ML 11:15 Current Events 3 12:00 Games &amp; Giggles 2:15 Sing-a-long ML 2:15 Word Games ML 2:15 Doll Therapy TO 2:15 Bedside Music Therapy 3:15 Relaxation therapy AR 4:00 Friendly visits 4:00 Hand Therapy TO 5:00 Fun &amp; Games ML <b>7:00 Name that Face "Academy Awards" ML</b></p>	<p>25.</p> <p>9:15 Short Stories 2 10:15 Fun &amp; Fitness ML 10:15 Morning Stretch AR 10:15 Manicures TO 11:15 Walking Club MF 12:00 Games &amp; Giggles <b>2:00 Communion TO</b> <b>2:15 Westminster United Church ML</b> 2:15 Music &amp; Movement 2, 4 3:15 Bedside Music Therapy TO 3:15 Balloon toss 3 4:00 Friendly visits 4:00 Doll Therapy TO 4:00 Hand Therapy TO 5:00 Fun &amp; Games ML 7:00 Hot Chocolate on Wheels</p>	<p>26. <b>BLUE JEAN DAY</b> 9:15 Reminiscing 2 10:15 Sensory Stimulation AR 10:15 Morning Stretch AR 11:15 Music &amp; Movement 3rd 11:15 Bedside Music Therapy TO 12:00 Games &amp; Giggles <b>2:00 Family Information Meeting ML</b> 2:15 Ladies Club AR 2:15 Balloon Toss TO 2:15 Brain Teasers U 3:15 Bedside stretches 3:15 Sounds of Nature AR 4:00 Hand Therapy TO 4:00 Friendly visits 4:00 Walking Club MF 4:00 Card Bingo ML 5:00 Fun &amp; Games ML 7:00 BINGO Mania ML</p> 	<p>27.</p> <p>9:15 Friendly visits U 10:15 Morning Stretch AR 10:15 Fun &amp; Fitness ML 10:15 Hand Therapy TO 11:15 Walking Club MF 12:00 Games &amp; Giggles ML <b>2:15 Monthly Birthday Party with Mike McConnell ML</b> 4:00 Sensory Stimulation AR 4:00 Friendly visits 4:00 Computer Time ML 5:00 Fun &amp; Games ML 7:00 Travel to...</p>	<p>28.</p> <p>9:15 Music Therapy 2 <b>10:15 Resident Council Meeting ML</b> 10:15 Morning Stretch AR 10:15 Walking Club MF 11:15 Bedside Stretches TO 12:00 Games &amp; Giggles ML 2:15 Baking AR 2:15 Ring Toss 4 2:15 Bean Bag Toss 2 10:15 Sensory Stimulation ML 3:15 Discussion Group ML 3:15 Ring Toss 3 4:00 Friendly visits 4:00 Hand &amp; Finger Dexterity TO 5:00 Fun &amp; Games ML 7:00 Card Bingo ML 7:00 Hand Therapy TO</p>	<p><b>Pet Visits</b></p> <p><b>"Scrappy" Thursdays at 1:00pm</b></p> <p><b>&amp;</b></p> <p><b>"Riley" Saturday's at 1:30pm</b></p> 	<p><b>Legend</b></p> <p><b>U = Units</b></p> <p><b>UL = Unit Lounge</b></p> <p><b>BP = Back Patio</b></p> <p><b>ML = Main Lounge</b></p> <p><b>AR = Activity Room</b></p> <p><b>MF = Main Floor</b></p>

# February 2019



Tyndall Seniors  
Village  
Recreation Calendar  
Part TWO