



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><b>Legend</b></p> <p><b>U = Units</b></p> <p><b>UL = Unit Lounge</b></p> <p><b>BP = Back Patio</b></p> <p><b>ML = Main Lounge</b></p> <p><b>AR = Activity Room</b></p> <p><b>MF = Main Floor</b></p>	<p><b><u>Pet Visits</u></b></p> <p><b>“Scrappy” Thursdays</b> 1:00pm</p> <p><b>&amp;</b></p> <p><b>“Riley” Saturday’s at</b> 1:30</p>			<p>1.</p> <p>9:15 Friendly visits 2,4 10:15 Fun &amp; Fitness ML 10:15 Morning Stretch AR 10:15 Bedside Stretches TO 10:15 Montessori Tasks U 11:15 Friendly visits 11:15 Balloon Tennis TO 12:00 Games &amp; Giggles ML 2:15 Trivia &amp; Word Games ML 2:15 Relaxation Therapy AR 2:15 Puzzles &amp; Games U 3:15 Doll Therapy TO 3:15 Hand &amp; Finger Dexterity U 4:00 Bedside Music Therapy TO 4:00 Friendly visits 4:00 Walking Club MF 5:00 Fun &amp; Games ML 7:00 Card Bingo ML</p>	<p>2.</p> <p>9:15 Reminiscing 2 10:00 Hymn Sing ML 10:15 Helping Hands 3rd 11:15 Balloon Toss TO 12:00 Games &amp; Giggles ML 2:15 Tyndall Cinema ML 2:15 Balloon Toss TO 3:15 Hand &amp; Finger Dexterity TO 4:00 Discussion Group AR 5:00 Fun &amp; Games ML</p>	
<p>3.</p> <p>10:15 Morning Tea Social AR 10:15 Music Therapy ML 11:15 Helping Hands 3 12:00 Games &amp; Giggles ML <b><u>2:15 Grace New Covenant Church ML</u></b> 2:15 Relaxation Therapy AR 3:15 Manicures TO 4:00 Friendly visits TO 5:00 Fun &amp; Games ML</p>	<p>4.</p> <p>9:15 Reminiscing 2 10:15 Fun &amp; Fitness ML 10:15 Sister Diane visits AR 10:15 Reminiscing 4 11:15 Walking Club MF 12:00 Games &amp; Giggles ML <b><u>2:00 Communion TO</u></b> 2:15 Spring Time Art Therapy AR 2:15 Sensory stimulation ML 3:15 Doll Therapy TO 4:00 Reading Group AR 4:00 Reminiscing 3 5:00 Fun &amp; Games ML 7:00 Hot Chocolate on Wheels TO</p>	<p>5. <b>Shrove Tuesday</b></p> <p>9:15 Friendly visits U 10:15 Morning Stretch AR 10:15 Fun &amp; Fitness ML 12:00 Games &amp; Giggles ML <b><u>2:15 Music Therapy with David Vircillo ML</u></b> 2:15 Bean Bag Toss 2 2:15 Ring Toss 3 2:15 Hand Therapy TO 3:15 Bean Bag Toss 4 4:00 Walking Club MF 4:00 Balloon Toss TO 4:00 Friendly visits 5:00 Fun &amp; Games ML 7:00 Card Bingo ML</p>	<p>6. <b>Ash Wednesday</b></p> <p>9:15 Reminiscing 2, 4 10:15 Fun &amp; Fitness ML 10:15 Sensory Stimulation AR 11:15 Bedside Stretches TO 12:00 Games &amp; Giggles ML <b><u>2:15 St. Patrick’s Roman Catholic Mass ML</u></b> 2:15 Balloon Toss TO 2:15 Brain Teasers AR 3:15 Walking Club MF 4:00 Montessori Tasks U 4:00 Friendly visits 5:00 Fun &amp; Games ML 7:00 Discussion Group AR</p>	<p>7.</p> <p>9:15 Bedside music 2 10:15 Morning Stretch AR 10:15 Fun &amp; Fitness ML 11:15 <b>St. Patrick’s Decorating</b> 12:00 Games &amp; Giggles ML 2:15 Spelling Bee AR 2:15 Doll Therapy TO 2:15 Hand &amp; Finger Dexterity TO 2:15 Movie Matinee ML 4:00 Friendly visits 4:00 Reading Group AR 5:00 Fun &amp; Games ML 7:00 Montessori Tasks AR</p>	<p>8. <b>International Women’s Day</b></p> <p>9:15 Friendly visits U 10:15 Sensory Stimulation ML 10:15 Morning Stretch AR 11:15 Montessori Task 3, 4 12:00 Games &amp; Giggles ML <b><u>2:15 Ladies Club AR</u></b> 2:15 Music &amp; Movement U 2:15 Balloon Toss TO 2:15 Hand Therapy TO <b><u>3:00 Chinese Alliance Church ML</u></b> 4:00 Discussion Group AR 4:00 Bedside visits TO 4:00 Walking Club MF 5:00 Fun &amp; Games ML 7:00 Bingo Blast ML</p>	
<p>10. <b>Daylight Savings Begins</b></p> <p>10:15 Morning Tea Social AR 10:15 Music Therapy ML 12:00 Games &amp; Giggles ML <b><u>2:15 Salvation Army Church ML</u></b> 2:15 Sensory Stimulation AR 2:15 Manicures TO 3:15 Board Games U 4:00 Montessori Task AR 4:00 Friendly visits 5:00 Fun &amp; Games ML 7:00 Card Games AR</p>	<p>11.</p> <p>9:15 Reminiscing 2 10:15 Sensory Stimulation AR 10:15 Fun &amp; Fitness ML 10:15 Montessori Tasks 3 11:15 Hand Therapy TO 12:00 Games &amp; Giggles ML <b><u>2:00 Communion TO</u></b> 2:15 Bedside stretches TO 2:15 Bingo ML 2:15 Puzzles 4 3:15 Walking Club MF 3:15 Manicures TO 4:00 Reading Group AR 4:00 Puzzles 3 5:00 Fun &amp; Games ML 7:00 Hot Chocolate Social AR</p>	<p>12.</p> <p>9:15 Music Therapy 2, 10:15 Morning Stretch AR 10:15 Fun &amp; Fitness ML 10:15 Music &amp; movement 3 11:15 Bedside Stretches TO 12:00 Games &amp; Giggles ML <b><u>2:15 Mississauga City Baptist Church ML</u></b> 2:15 Relaxation Therapy AR 2:15 Doll Therapy U 2:15 Hand &amp; Finger Dexterity TO 3:15 Bedside music/ visits TO 4:00 Balloon Toss TO 4:00 Friendly visits 5:00 Fun &amp; Games ML 7:00 Card Bingo ML</p>	<p>13.</p> <p>9:15 Reminiscing 2, 4 10:15 Sensory Stimulation ML 10:15 Morning Stretch AR 10:15 Bedside stretches TO <b><u>12:30 Chinese Take out Lunch (sign up)</u></b> 12:00 Games &amp; Giggles ML 2:15 Montessori Tasks U 2:15 Doll Therapy TO 2:15 St. Patrick’s Crafts AR 2:15 Bedside Stretches TO 3:15 Balloon Toss TO 3:15 Hand Therapy TO 4:00 Friendly visits 4:00 Discussion Group ML 5:00 Fun &amp; Games ML</p>	<p>14.</p> <p>9:15 Friendly visits 10:15 Fun &amp; Fitness ML 10:15 Morning Stretch AR 11:15 Balloon Toss TO 12:00 Games &amp; Giggles ML 2:15 Ten Pin Bowling ML 2:15 Music Therapy 2, 4 3:15 Hindu Prayer ML 3:15 Music Therapy 3 4:00 Bedside visits TO 5:00 Fun &amp; Games ML</p>	<p>15.</p> <p>9:15 Reminiscing 2, 4 10:15 Fun &amp; Fitness ML 10:15 Sensory Stimulation AR 10:15 Manicures 11:15 Bedside stretches TO 12:00 Games &amp; Giggles ML <b><u>2:15 St. Patrick’s Day Fun &amp; Games</u></b> 2:15 Music Therapy U 4:00 Computer Time 4:00 Doll Therapy U 4:00 Friendly visits 5:00 Fun &amp; Games ML <b><u>7:15 St. Patrick’s Social Club with Dan Walek ML</u></b></p>	
					<p>16.</p> <p>9:15 Music Therapy 2 10:00 Hymn Sing ML 10:15 Doll Therapy AR 11:15 Helping Hands U 12:00 Games &amp; Giggles ML <b><u>2:15 New Life Fellowship Church of God ML</u></b> 2:15 Montessori Tasks U 2:15 Hand Therapy TO 3:15 Balloon Toss TO 4:00 Friendly visits TO 4:00 Relaxation Therapy ML 5:00 Fun &amp; Games ML 7:00 Tyndall Cinema ML</p>	

March  
2019



Tyndall Seniors  
Village  
Recreation Calendar  
Part ONE



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><b>17. St. Patrick's Day</b></p> <p><b>10:15 Irish Tea Social AR</b> 11:15 Friendly visits 12:00 Games &amp; Giggles ML 2:15 Ring Toss 3 2:15 Bean Bag toss 4 <b>2:30 Kingdom Covenant Church ML</b> 3:15 Friendly visits 4:00 Bedside visits 5:00 Fun &amp; Games ML</p> <p><b>7:00 Travel to Ireland ML</b></p>	<p><b>18.</b> 9:15 Music Appreciation 2 10:15 Morning Stretch AR 10:15 Fun &amp; Fitness ML 10:15 Montessori Task U 11:15 Manicures 12:00 Games &amp; Giggles <b>2:00 Communion TO</b> 2:15 St. Patrick's Irish Baking AR 2:15 Sensory Stimulation ML 3:15 Puzzles U 4:00 Friendly visits 4:00 Walking Club 5:00 Fun &amp; Games ML 7:00 Hot Cocoa on Wheels</p>	<p>19.9:15 Short Stories 2</p> <p>10:15 Sensory Stimulation AR 10:15 Fun &amp; Fitness ML 11:15 Walking Club 12:00 Games &amp; Giggles <b>2:15 Church of the Holy Spirit Anglican Lutheran Church ML</b> 2:15 Bean Bag Toss 3 2:15 Hand &amp; Finger Dexterity TO 2:15 Ring Toss 4 3:15 Balloon Toss 3:15 Bean Bag Toss 2 4:00 Bedside Music Therapy TO 4:00 Friendly visits 4:00 Hand Therapy TO 5:00 Fun &amp; Games ML 7:00 Card Bingo ML</p>	<p>20. 9:15 Reminiscing 2, 4 10:15 Glamour Club AR 10:15 Fun &amp; Fitness ML 10:15 Montessori Tasks U 11:15 Computer Time ML 12:00 Games &amp; Giggles <b>1:30 Activity Dept. Meeting</b> 3:15 Reading Group AR 4:00 Walking Club 4:00 Doll Therapy TO 4:00 Friendly visits 5:00 Fun &amp; Games ML <b>7:00 Rosary ML</b></p>	<p>21. 9:15 Friendly visits U 10:15 Morning Stretch AR <b>10:15 Heritage Museum Presentation ML</b> 11:15 Bedside Music Therapy TO 12:00 Games &amp; Giggles <b>2:15 Men's Club ML</b> 2:15 Relaxation Therapy AR 2:15 Hand &amp; Finger Dexterity 3:15 Bedside stretches TO 3:15 Montessori Tasks U 4:00 Friendly visits 4:00 Card Games U 5:00 Fun &amp; Games ML 700 Bingo Mania (ML) 7:00 Bedside visits</p>	<p>22. <b>First Day of Spring</b> 9:15 Short Stories 2, 4 10:15 Sensory Stimulation ML 10:15 Morning Stretch AR 10:15 Music &amp; Movements 3, 4 11:15 Helping Hands 3 12:00 Games &amp; Giggles ML <b>2:15 Spring Crafts AR</b> <b>2:15 Portuguese Reflections ML</b> 2:15 Bedside Music Therapy 2:15 Music Therapy U 3:15 Hand Therapy TO 3:15 Balloon Toss TO 4:00 Reading Group AR 4:00 Friendly visits TO 4:00 Walking Club MF 5:00 Fun &amp; Games ML 7:00 Name that Tune ML 7:00 Montessori Tasks U</p>	<p>23. 9:15 Music Therapy 2 10:00 Hymn Sing ML 10:15 Music Therapy 4th 11:15 Puzzles 4th 12:00 Games &amp; Giggles 2:15 Sensory Stimulation AR 2:15 Tyndall Cinema ML 2:15 Music &amp; Movement 3rd 3:15 Walking Club MF 4:00 Friendly visits 4:00 Bedside Music Therapy 5:00 Fun &amp; Games 7:00 Elder Song Bingo ML</p>
<p>24. 10:15 Spring Tea Social AR 10:15 Music &amp; Movement ML 11:15 Current Events 3 12:00 Games &amp; Giggles <b>2:15 Applewood Gospel Hall ML</b> 2:15 Doll Therapy TO 2:15 Ring Toss 3 3:15 Relaxation therapy AR 4:00 Friendly visits 4:00 Hand Therapy TO 5:00 Fun &amp; Games ML 7:00 Discussion Group AR</p>	<p><b>25.</b> 9:15 Short Stories 2 10:15 Fun &amp; Fitness ML 10:15 Morning Stretch AR 10:15 Manicures TO 11:15 Walking Club MF 12:00 Games &amp; Giggles <b>2:00 Communion TO</b> <b>2:15 Westminster United Church ML</b> 2:15 Music &amp; Movement 2, 4 3:15 Bedside Music Therapy TO 3:15 Balloon toss 3 4:00 Friendly visits 4:00 Doll Therapy TO 4:00 Hand Therapy TO 5:00 Fun &amp; Games ML 7:00 Hot Chocolate on Wheels 7:00 Montessori Tasks U</p>	<p>26. 9:15 Reminiscing 2 10:15 Sensory Stimulation AR 10:15 Morning Stretch AR 11:15 Music &amp; Movement 3rd 12:00 Games &amp; Giggles <b>2:00 Annual Volunteer and Pastoral Care Meeting AR</b> 2:15 Sensory Stimulation ML 2:15 Balloon Toss TO 2:15 Brain Teasers U 3:15 Bedside stretches 3:15 Hand &amp; Finger Dexterity TO 4:00 Hand Therapy TO 4:00 Friendly visits 4:00 Walking Club MF 4:00 Card Bingo ML 5:00 Fun &amp; Games ML 7:00 Card Bingo ML 7:00 Reminiscing U</p>	<p>27. 9:15 Friendly visits U <b>11:00 North Star Montessori School visits ML</b> 0:15 Morning Stretch AR 10:15 Hand Therapy TO 11:15 Walking Club MF 12:00 Games &amp; Giggles ML <b>2:15 Monthly Birthday Party with James Cornier ML</b> 4:00 Sensory Stimulation AR 4:00 Friendly visits 4:00 Computer Time ML 5:00 Fun &amp; Games ML 7:00 Hand Therapy TO 7:00 Travel to...</p>	<p>28. 9:15 Music Therapy 2 <b>10:15 Resident Council Meeting ML</b> 10:15 Morning Stretch AR 10:15 Walking Club MF 11:15 Bedside Stretches TO 12:00 Games &amp; Giggles ML <b>2:15 Fondue Fun AR</b> 2:15 Ring Toss 4 2:15 Bean Bag Toss 2 3:15 Ring Toss 3 4:00 Friendly visits 4:00 Hand &amp; Finger Dexterity TO 5:00 Fun &amp; Games ML 7:00 Board Games ML</p>	<p><b>29</b> 9:15 Short Stories 2, 4 10:15 Fun &amp; Fitness ML 10:15 Sensory Stimulation AR 10:15 Manicures 10:15 Hand Therapy TO 11:15 Short Stories 3 11:15 Puzzles 4 12:00 Games &amp; Giggles ML 2:15 Ten Pin Bowling ML 2:15 Puzzles 3 2:15 Bedside Music Therapy 2:15 Hand &amp; Finger Dexterity 3:15 Puzzles 2 4:00 Doll Therapy TO 4:00 Friendly visits TO 4:00 Walking Club MF 5:00 Fun &amp; Games ML 7:00 BINGO Mania ML 7:00 Montessori Tasks U</p>	<p><b>30.</b> 9:15 Music Therapy 2 10:00 Hymn Sing ML 10:15 Music &amp; Movements 2, 4 11:15 Puzzles 3, 4 12:00 Games &amp; Giggles 2:15 Relaxation Therapy AR 2:15 Tyndall Cinema ML 2:15 Music &amp; Movement 3rd 3:15 Walking Club MF 4:00 Friendly visits 4:00 Bedside Music Therapy 5:00 Fun &amp; Games 7:00 Reading Group AR</p>
<p>31.9:15 Current Events 2 10:15 Morning Stretch ML 10:15 Glamour club AR 10:15 Bedside Stretches TO 11:15 Current Events 3, 4 12:00 Games &amp; Giggles 2:15 Sing-a-long ML 2:15 Doll Therapy TO 2:15 Balloon Toss TO 2:15 Bedside music Therapy TO 3:15 Balloon Toss TO 4:00 Friendly visits 4:00 Hand Therapy TO 5:00 Fun &amp; Games ML 7:00 Discussion Group AR</p>				<p><b>Pet Visits</b></p> <p><b>"Scrappy" Thursdays at 1:00pm</b></p> <p><b>&amp;</b></p> <p><b>"Riley" Saturday's at 1:30pm</b></p>	<p><b>Legend</b></p> <p><b>U = Units</b></p> <p><b>UL = Unit Lounge</b></p> <p><b>BP = Back Patio</b></p> <p><b>ML = Main Lounge</b></p> <p><b>AR = Activity Room</b></p> <p><b>MF = Main Floor</b></p>	

March  
2019



Tyndall Seniors  
Village  
Recreation Calendar  
Part TWO