

**Here is a creative list of ideas for to do
without leaving your house:**

- Watch a program on Netflix, Hulu, Amazon Prime, etc.
- Read a new book.
- Reread an old book.
- Watch YouTube animal videos.
- Exercise (It's free and it's good for you).
- Turn to Pinterest for D.I.Y. and inspired upcycling ideas.
- Play your favorite music and get up and dance.
- Write a poem.
- Draw, if you are artistically inclined.
- Take some photographs around the house or of the world outside your window using either a stand-alone camera, or the one built into your phone.
- Skype or Face Time with someone you don't normally see.
- Start an Instagram or Twitter for your pet.
- Try out a new cocktail recipe with ingredients around the house.
- Bake some cookies.
- Create your own nut butter, be it almond, peanut, or walnut. Or be creative with a new recipe
- Create your own pesto with a fresh green (basil, spinach, arugula, etc.), olive oil, your nut of choice, fresh parmesan, and salt and pepper.
- Make a collage with magazines and newspapers sitting around the house.
- If you know an instrument, play it.
- Go window shopping online.
- Make a sock puppet with an old sock and odds and ends around the house.
- Brew and enjoy a cup of coffee or tea. Take time to savor the beverage
- Run diagnostic, clean up, and maintenance tasks on your computer, such as running an antivirus software and making sure your computer is completely up to date.
- Collect clothing and nonperishable food items you no longer want for donation. This idea is double duty: You are giving to those in need and de-cluttering your home.
- Take online quizzes on websites like Buzzfeed.com.
- Explore your phone or tablet's app store and make use of free apps.
- Create a blog on a website such as blogger.com or wordpress.com.
- Organize a cluttered area of your house, such as your closet or your junk drawers

The Village Chronicle



SHARON VILLAGE
CARE HOMES

Strathcona Long term care home

April 2020

April Special Events and Entertainment



Tuesday April 7- Casino afternoon- 2:15pm- MPR
Friday April 10- Good Friday Service- 10:30am- MPR
Friday April 10- Hot Cross buns social- 2:15pm- MPR
Sunday April 12- Easter Social- 2:15pm- MPR
Tuesday April 14- Kareoke- 2:15pm- MPR
Sunday April 19- Memorial Service- 2:00pm- MPR
Tuesday April 21- Price is Right- 2:15pm- MPR
Wednesday April 22- Music with Helen Stewart- (via youtube) 6:30pm- MPR
Saturday April 25- Welcome Social- 2:15pm- MPR
Monday April 27- Music with Tonya Joy- (via youtube) 6:30pm- MPR
Tuesday April 28- Birthday Party with James Skarnikat- 2:15- (via youtube) MPR

Volunteer Appreciation month!

**You enhance our resident quality of life
through your kindness and generosity.**

Thank you for lending a helping hand.

From the residents and staff at Strathcona LTC home!

We are missing you at this difficult time!

New Staff to Strathcona!

We would like to welcome the following people to the Strathcona LTC home team:
Kalya Bodz- PSW
Katie Batstone- PSW
Deborah Baird- RN
Alexa Petch- Dietary
Julie Hooker- Recreation



Happy Birthday to you!

Yvonne Ricard- April 1	John Steringa April 8
Jackie DeKroon- April 16	Lloyd Hancock April 20
Peggy Roger- April 24	Ross MacDonald April 26
Hilda Seibert- April 26	Nancy Graham April 27
Mabel Mercier- April 28	

Monthly birthday party is taking place on Tuesday April 28th
Come out and celebrate with cake and entertainment with James Skarnikat in the 1st floor multi purpose room.

We welcome the following residents to Strathcona:
Mabel Mercier
Hilda Seibert
Marilyn Speers



With Sympathy for the loss of:

Eddie Markle
Vernon McLean
Wilfred Pringle
Mary Van Dongen
Gordon Corby
You will be missed dearly!



We want to welcome Amanda Henbid are our new DOC to the team! Amanda comes with a variety of experience. In the nursing field Amanda has both clinical and long term care experience including the lead of BSO and Infection Control. Please take a moment to welcome Amanda to the team.

You can reach Amanda at ex 102!

We offer skype/ face time for families and residents. If you are interested in skyping your loved one, please contact Sheryl at ex 110. We have created times into the recreation calendar to accommodate this important way of communication on Friday mornings and Monday afternoons. Families are welcome to drop off letters/ mail at the front door and we will be sure to hand out the mail and assist the residents with reading it as needed.